

Broughton Moor Primary School

Our Early Years Curriculum – End of EYFS foundational knowledge and links to Year 1

Area of Learning	Early Learning Goals	EYFS Knowledge
Personal, Social and Emotional Development	Self-Regulation ELG <ul style="list-style-type: none"> - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. 	<ul style="list-style-type: none"> - Follow visual timetable to establish routine. - Build positive relationships with teacher, TA and peers. - Respect others. - Know the importance of healthy eating and brushing teeth. - Independently explore different areas of provision. - Select and use activities and resources asking for help if needed. - Learn silent stop signal. - Go to the toilet independently and ask for help if needed. - Know that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness). - Talks about their own and others' feelings and behaviour and its consequences.
	Managing Self ELG <ul style="list-style-type: none"> - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. - Explain the reasons for rules, know right from wrong and try to behave accordingly. - Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices. 	<ul style="list-style-type: none"> - Is aware of behavioural expectations and sensitive to ideas of fairness. - Seeks ways to manage conflict, for example through holding back, sharing, negotiation and compromise. - Have a good understanding of basic personal hygiene – toilet flushing, clean wiping, washing hands, what you can / cannot put in your mouth. - Know and talk about the different factors that support their overall health and wellbeing: - regular physical activity - healthy eating - toothbrushing - sensible amounts of 'screen time' - having a good sleep routine - being a safe pedestrian. - Shows understanding of the need for safety when tackling new challenges and considers and manages some risks, e.g. when jumping off something checks around them and the landing.



Building Relationships ELG

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.