Autumn Winter 2026/2027
October-February

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Week One	MONDAY	Tuesday	Wednesday	Thursday	Friday
Main Meal	Roast Vegetable Spaghetti Bolognaise & Garlic Bread **(GLUTEN,WHEAT, BARLEY,OATS,RYE, MUSTARD,MILK,SOYA)**	Sausage & Mashed Potato served with Gravy **(GLUTEN,WHEAT,SO2)**	Roast Turkey, Yorkshire Pudding with Roast Potatoes & Gravy **(EGG,MILK,SO2,WHEAT, GLUTEN)**	Homemade Chicken Curry served with 50/50 Rice **(CELERY)**	Fishcake Or Salmon Fishcake served with Chips. **(FISH,GLUTEN,WHEAT,SO2)**
Vegetarian Meal	Southern Style Quorn Burger served with seasonal New Potatoes **(GLUTEN,WHEAT,SESAME)**	Vegetable Biryani **(EGG,MILK,MUSTARD, SOYA)**	Vegetarian Sausage Yorkshire Pudding, Roast Potatoes & Gravy **(GLUTEN,WHEAT,SO2, MILK, EGG)**	Loaded Jacket Skins with Cheese, Spring Onion & Tomato **(MILK)**	Cheese Whirl served with Chips **(GLUTEN,WHEAT,EGG, MILK,SO2)**
SIDES	Garden Peas & Sweetcorn	Cabbage & Carrots	Broccoli & Carrots	Swede & Green Beans	Baked Beans & Garden Peas
Pasta Kitchen	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**
Street Food	Cheese & Tomato Pizza Baguette **(MILK,GLUTEN,CELERY, SESAME,WHEAT)**			Hot Chicken & Bacon Bun with Ketchup or Mayonnaise **(GLUTEN,WHEAT,EGG,MILK, SESAME)**	
Dessert	Beetroot Brownie **(GLUTEN,WHEAT,SOYA MILK,EGG)**	Syrup Sponge & Custard **(GLUTEN,WHEAT,MILK,EGG, SOYA)**	Strawberry Jelly	Chocolate Shortbread & Chocolate Sauce **(GLUTEN,WHEAT,SOYA, MILK)**	Apple Flapjack **(GLUTEN,BARLEY, OATS,WHEAT)**
Daily Food Offers	Pasta Kitchen **(GLUTEN,WHEAT)**	Jacket Potato with fillings Cheese,Beans and Tuna **(MILK,EGG,FISH)**	Daily Salad Bar with a selection of Fresh Breads **(GLUTEN,WHEAT,SOYA CELERY,EGG)**	Selection of Freshly made Sandwiches **(GLUTEN,WHEAT,SOYA FISH,MILK,EGG)**	Choice of Cheese & Crackers, Yoghurt or Fresh Fruit **(GLUTEN,WHEAT,MILK)**

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Week two	MONDAY	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese & Tomato Pizza served with Crispy Cubes (GLUTEN,WHEAT,MILK)	Lasagne & Garlic Bread (GLUTEN,WHEAT,MILK)	Roast Pork, Stuffing with Roast Potatoes & Gravy (GLUTEN,WHEAT,SO2)	Breaded Chicken Parmo served with Wedges & Salad (MILK,GLUTEN,WHEAT, SOYA)	Gluten Free Fish with Chips & Tomato Ketchup (FISH,SO2)
Vegetarian Meal	Vegetarian Sausage Lentil & Tomato Stew served with a crispy Bread Roll (GLUTEN,WHEAT, SESAME)	Vegetarian Lasagne & Garlic Bread (GLUTEN,WHEAT,MILK, EGG)	Quorn Sausage, Stuffing with Roast Potatoes & Gravy (GLUTEN,WHEAT, SO2)	Vegetarian Chilli served with 50/50 Rice (GLUTEN,BARLEY,EGG)	Super Chow Mein with Chips (GLUTEN,WHEAT,EGG,SOYA, SO2)
SIDES	Garden Peas & Sweetcorn	Cabbage & Carrots	Broccoli & Mashed Swede	Sweetcorn & Green Beans	Baked Beans & Garden Peas
Pasta Kitchen	Tomato & Basil Pasta (GLUTEN,WHEAT)	Tomato & Basil Pasta (GLUTEN,WHEAT)	Tomato & Basil Pasta (GLUTEN,WHEAT)	Tomato & Basil Pasta (GLUTEN,WHEAT)	Tomato & Basil Pasta (GLUTEN,WHEAT)
Street Food	Hot Cheese Baguette (MILK,SESAME,GLUTEN, WHEAT)			Bacon Bun (GLUTEN,WHEAT, SESAME)	
Dessert	Courgette Sponge (EGG,GLUTEN,MILK WHEAT,SOYA)	Cornflake Tart & Custard (MILK,BARLEY,GLUTEN, WHEAT,SOYA)	Oat Biscuit (GLUTEN,OATS,WHEAT, MILK,SOYA)	Rice Pudding (MILK)	Raspberry Bun (MILK,GLUTEN WHEAT,SOYA)
Daily Food Offers	Pasta Kitchen (GLUTEN,WHEAT)	Jacket Potato with fillings Cheese,Beans and Tuna (MILK,EGG,FISH)	Daily Salad Bar with a selection of Fresh Breads (GLUTEN,WHEAT,SOYA CELERY,EGG)	Selection of Freshly made Sandwiches (GLUTEN,WHEAT,SOYA FISH,MILK,EGG)	Choice of Cheese & Crackers, Yoghurt or Fresh Fruit (GLUTEN,WHEAT,MILK

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Week three	MONDAY	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetarian Korma with 50/50 Rice **(MILK)**	Mince and Onion Pie with Mashed Potato **(GLUTEN,WHEAT,SO2)**	Chicken with Yorkshire Pudding, Roast Potatoes & Gravy **(EGG,MILK, SO2,GLUTEN,WHEAT)**	Ham and Cheese Pizza with Potato Wedges **(GLUTEN,WHEAT,MILK)**	Fish Fingers with Chips **(GLUTEN,WHEAT,FISH,SO2)**
Vegetarian Meal	Macaroni Cheese served with Garlic Bread **(GLUTEN,WHEAT,MILK, MUSTARD,SOYA)**	Cheese & Red Pepper Quiche served with New Potatoes **(GLUTEN,WHEAT,EGG,MILK, SOYA)**	Vegetarian Sausage, Yorkshire Pudding, Roast Potatoes & Gravy **(EGG,MILK,SO2,GLUTEN, WHEAT)**	Cheese & Tomato Pizza with Potato Wedges **(GLUTEN,WHEAT,MILK)**	Vegetarian Nuggets served with Chips **(GLUTEN,WHEAT,SO2)**
SIDES	Swede & Garden Peas	Sweetcorn & Green Beans	Broccoli & Carrots	Sweetcorn & Cabbage	Baked Beans or Garden Peas
Pasta Kitchen	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**	Tomato & Basil Pasta **(GLUTEN,WHEAT)**
Street Food	Cheese Toastie **(GLUTEN,WHEAT,MILK, SOYA)**			Hot Dog **(MILK,GLUTEN,WHEAT, SESAME,SO2)**	
Dessert	Cornflake Bun **(GLUTEN,BARLEY)**	Apple Crumble & Custard **(MILK,GLUTEN,WHEAT)**	Strawberry Jelly	Ginger Biscuit **(GLUTEN,WHEAT,MILK)**	Flapjack **(GLUTEN,WHEAT,BARLEY, OATS)**

Daily Food Offers

Pasta Kitchen **(GLUTEN,WHEAT)**	Jacket Potato with fillings Cheese,Beans and Tuna **(MILK,EGG,FISH)**	Daily Salad Bar with a selection of Fresh Breads **(GLUTEN,WHEAT,SOYA CELERY,EGG)**	Selection of Freshly made Sandwiches **(GLUTEN,WHEAT,SOYA FISH,MILK,EGG)**	Choice of Cheese & Crackers, Yoghurt or Fresh Fruit **(GLUTEN,WHEAT,MILK)**