

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Fingers served with Baby New Potatoes (Gluten)	Turkey Fajita served with Mexican Coleslaw and Rainbow Rice (Celery, Gluten, Eggs, Milk, Mustard)	Roast Gammon and Stuffing served with Roast Potatoes and Gravy (Gluten, SO ₂)	Bacon Carbonara served with Garlic Bread (Gluten, Eggs, Milk, Mustard, Soya)	Traditional Fish Cake or Salmon Fish Cake served with Chips (Gluten, Fish)
Vegetarian Main Course	Cheese and Tomato Pizza served with Baby New Potatoes (Celery, Gluten, Eggs, Milk, Soya, SO ₂)	Macaroni Cheese (Gluten, Milk)	Gardeners Pie served with Roast Potatoes and Gravy (Celery, Gluten, Milk, Soya, SO ₂)	Chunky vegetable Pasta Bake served with Garlic Bread (Gluten, Eggs, Mustard, Milk, Soya)	Quorn Sausage served with Chips (Gluten)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Peas	Garden Peas & Baked Beans
Dessert	Carrot Cake (Gluten, Eggs) Or Fruit Pot	Jam Tart (Gluten, SO ₂) Or Fruit Kebabs	Ice Cream (Milk) Or Fruit Boat	Apple Flapjack (Gluten) Or Fruit Pot	Chocolate Fudge Crinkle Biscuit (Gluten, Eggs) Or Fruit Boat
Pasta Kitchen	Pasta Kitchen (Cheese) (Gluten, Milk)	Pasta Kitchen (Meatless Meatballs) (Gluten, Soya)	Pasta Kitchen (BBQ Chicken) (Gluten, Mustard, SO ₂)	Pasta Kitchen (Pepperoni) (Gluten)	Pasta Kitchen (Bolognaise) (Gluten)
Street Food (KS2)		Brunch Wrap (Gluten, Soya, SO ₂)		Cheese and Ham Panini (Gluten, Milk, Sesame Seeds)	

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans
available daily

Selection of freshly made, sandwiches on a choice of breads (Wheat, Soya)
available on set days

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Gluten, Milk)
Salad Selection, Fresh Fruit and Yoghurts (Milk)
available daily



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Green Cuisine Meatballs and Spaghetti in Homemade Tomato Sauce (Gluten, Eggs, Milk, Mustard)	Homemade Ham and Pineapple Pizza served with Wedges (Celery, Gluten, Eggs, Milk, Soya)	Roast Chicken served with Mashed Potatoes and Rich Gravy (SO ₂)	Minced Beef Lasagne Served with Garlic Bread (Gluten, Milk, Soya)	Gluten Free Fish Served with Chips and a Slice of Lemon (Fish)
Vegetarian Main Course	Cheese Whirl served with New Potatoes (Gluten, Egg, Milk, SO ₂)	Vegetable Spaghetti Bolognaise with Garlic Bread (Gluten, Eggs, Milk, Mustard, Soya)	Quorn Fillet served with Roast Potatoes and Gravy (Eggs)	Vegetable chilli Served with 50/50 Rice (Gluten, Celery)	Lightly Spiced Burger served with Salad and Chips (Gluten, Eggs, Milk, Sesame Seeds, Soya)
Vegetables	Carrot rings & Peas	Sweetcorn & Carrot batons	Broccoli & White cabbage	Green beans & Sweetcorn	Garden Peas & Beans
Dessert	Marble Sponge and Custard (Gluten, Eggs, Milk) Or Fruit Pot	Peaches and Cream (Milk) Or Fruit Kebabs	Fruity Flapjack (Gluten) Or Fruit Boat	Apple Crumble and Custard (Gluten, Milk) Or Fruit Pots	Fruit Jelly and Ice Cream (Milk) Or Fruit Boat
Pasta Kitchen	Pasta Kitchen (Cheese) (Gluten, Milk)	Pasta Kitchen (Meatless Meatballs) (Gluten, Soya)	Pasta Kitchen (BBQ Chicken) (Gluten, Mustard, SO ₂)	Pasta Kitchen (Pepperoni) (Gluten)	Pasta Kitchen (Bolognaise) (Gluten)
Street Food (KS2)		Posh Hot Dog (Celery, Gluten, Milk, Mustard, Sesame Seeds, Soya)		Jacket potato topped with Bolognaise and Grated Cheese (Milk)	

Fresh Baked Jacket Potato with
Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans
available daily

Selection of freshly made,
sandwiches on a choice of
breads (Wheat, Soya)
available on set days

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Gluten, Milk)
Salad Selection, Fresh Fruit and
Yoghurts (Milk)
available daily

WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meatless Meatballs with Spaghetti in a Tomato Sauce (Gluten, Eggs, Milk, Mustard)	Sausage and Creamy Mash with Gravy (Gluten, Soya, SO ₂)	Roast Turkey, Roasted Baby Potatoes served with Rich Gravy (SO ₂)	Homemade Chicken Curry with Basmati Rice (Celery, Mustard, Gluten)	Fish Fingers served with Chips (Gluten, Fish)
Vegetarian Main Course	Homemade Cheese and Tomato Pizza served with Potato Wedges (Celery, Gluten, Milk, Soya)	Tomato and Basil Penne Pasta served with Garlic Bread (Gluten, Milk, Soya)	Macaroni Cheese (Gluten, Milk)	Vegetable Chilli served with Basmati Rice (Celery, Gluten)	Vegetable Fingers served with Chips (Gluten)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Baton Carrots	Sweetcorn & Cauliflower	Garden Peas & Baked Beans
Dessert	Chocolate Muffins (Gluten, Eggs) Or Fruit Pot	Jelly Or Fruit Kebab	Orange Shortcake Biscuit (Gluten) Or Fruit Boat	Lemon Drizzle Cake (Gluten, Eggs, Milk) Or Fruit Pot	Cherry Flapjack (Gluten) Or Fruit Boat
Pasta Kitchen	Pasta Kitchen (Cheese) (Gluten, Milk)	Pasta Kitchen (Meatless Meatballs) (Gluten Soya)	Pasta Kitchen (BBQ Chicken) (Gluten, Mustard, SO ₂)	Pasta Kitchen (Pepperoni) (Gluten)	Pasta Kitchen (Bolognese) (Gluten)
Street Food (KS2)		Cheese and Tomato Panini (Celery, Gluten, Milk, Sesame Seeds)		Jacket Potato topped with Chicken Curry (Celery, Mustard)	

Fresh Baked Jacket Potato with
Choice of fillings
Cheese (Milk) Tuna (Egg, Fish) Beans
available daily

Selection of freshly made,
sandwiches on a choice of
breads (Wheat, Soya)
available on set days

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Gluten, Milk)
Salad Selection, Fresh Fruit and
Yoghurts (Milk)
available daily

