



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Free Dipper Wrap served with Rice (GLUTEN)	Sausage & Mashed Potato with Gravy (GLUTEN, SO2)	Roast Gammon, Stuffing, Roast Potatoes with Gravy (GLUTEN, SO2)	Chicken Pizza Style Pasta & Garlic Bread (GLUTEN, CELERY, EGGS, MILK, SOYA)	Fish Cake or Salmon Fish Cakes & Chips (GLUTEN, FISH)
Vegetarian Main Course	Green Cuisine Vegetable Fingers served with Rice (GLUTEN,)	Vegetarian Sausage & Mashed Potato with Gravy (GLUTEN, SO2)	Sweet Potato & Vegetable Pie, Roast Potatoes with Gravy (GLUTEN, SO2)	Spanish Vegetable One Pot (MILK, EGG, SO2)	Vegetarian Burger & Chips (EGG, MILK, GLUTEN, SESAME)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Diced Carrots	Cauliflower & Broccoli	Garden Peas & Baked Beans
Dessert	Chocolate Vanilla Biscuit (GLUTEN, MILK, SOYA) Or Fruit Pot	Orange Shortbread (GLUTEN, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Strawberry Flapjack (GLUTEN) Or Fruit Pot	Viennese Whirls (GLUTEN, SOYA) Or Fruit boat
Hot Pasta Kitchen		Meatless Meatball Pasta Kitchen (GLUTEN)		Pepperoni Pasta Kitchen (GLUTEN)	Bolognese Pasta Kitchen (GLUTEN)
Chilled Pasta Pots & Street Food	Chilled Cheese Layered Pasta Pot (GLUTEN, EGGS, MILK)	Pizza Wrap (GLUTEN, MILK)	Chilled Tuna Mayonnaise Layered Pasta Pot (GLUTEN, FISH, EGG)	Bacon Bun (GLUTEN, SESAME)	

Fresh Baked Jacket Potato with Choice of fillings
Cheese **(Milk)** Tuna **(Eggs, Fish)** Beans available daily

Pick 'n' Mix Sandwich Ham, Cheese, Tuna Mayonnaise **(Wheat, Soya, Milk, Fish, Egg)**
Sliced Vegetable & Salad Pot
Dessert
(See daily dessert allergen matrix) available daily

Fresh Bread **(Wheat, Soya)**
Cheese & Crackers **(Milk, Gluten)**
Salad Selection, Fresh Fruit and Yoghurts **(Milk)** available daily





WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese Pizza & Potato Wedges (GLUTEN, CELERY, MILK, CELERY, EGG)	Chicken Pasta (GLUTEN, CELERY, MILK, MUSTARD, SOYA)	Sliced Chicken with Mash Potato, Yorkshire Pudding & Gravy (EGG, GLUTEN, MILK, SO2)	Roast Gammon, Stuffing, New Potatoes & Gravy (GLUTEN, SO2)	Gluten Free Fish and Chips (FISH)
Vegetarian Main Course	Spring Vegetable Pasta (GLUTEN, MILK)	Quorn Vegetable Curry & Rice (EGG, SOYA)	Vegetarian Sausage with Mashed Potato, Yorkshire Pudding & Gravy (GLUTEN, SO2, EGGS, MILK)	Macaroni Cheese & Garlic Bread (GLUTEN, MILK, MUSTARD, SOYA)	Cheese & Onion Pie and Chips (GLUTEN, EGG, MILK, SOYA)
Vegetables	Beans & Sweetcorn	Savory Cabbage & Baton Carrots	Green Beans & Ring Carrots	Cauliflower Cheese & Carrots (MILK)	Garden Peas & Baked Beans
Dessert	Ginger Sponge with Cream (GLUTEN, EGG, MILK, SOYA) Or Fruit Pot	Oat Biscuit (GLUTEN, EGG, MILK, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Pineapple Upside Down Cake & Custard (GLUTEN, EGG, SO2, SOYA, MILK) Or Fruit Pot	Beetroot Brownie (GLUTEN, MILK, EGG, SOYA) Or Fruit boat
Hot Pasta Kitchen		Meatless Meatball Pasta Kitchen (GLUTEN)		Pepperoni Pasta Kitchen (GLUTEN)	Bolognaise Pasta Kitchen (GLUTEN)
Chilled Pasta Pots & Street Food	Chilled Cheese Layered Pasta Pot (GLUTEN, EGG, MILK)	Posh Hot Dog (GLUTEN, SOYA, MILK, MUSTARD, SESAME)	Chilled Tuna Mayonnaise Layered Pasta Pot (GLUTEN, EGG, MILK)	Tuna Melt Panini (GLUTEN, EGG, FISH, MILK, SESAME)	

Fresh Baked Jacket Potato with Choice of fillings
Cheese (Milk) Tuna (Eggs, Fish) Beans available daily

Pick 'n' Mix Sandwich.
Ham, Cheese, Tuna Mayonnaise (Wheat, Soya, Milk, Fish, Egg)
Sliced Vegetable & Salad Pot
Dessert
(See daily dessert allergen matrix) available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Milk, Gluten)
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Naan Bread Pizza served with Potato Wedges (GLUTEN, MILK, CELERY)	Chinese Chicken Curry served with Boiled Rice (GLUTEN, SOYA)	Roast Chicken, Yorkshire Pudding & Roast Potatoes with Gravy (GLUTEN, MILK, EGG, SO2)	Beef Bolognese served with Wholemeal Pasta (GLUTEN)	Jumbo Fish Fingers & Chips (GLUTEN, FISH, MILK, MUSTARD)
Vegetarian Main Course	Meatless Meatballs in a Homemade Tomato Sauce served with Spaghetti (GLUTEN, MILK)	Cheese and Red Pepper Quiche served with Boiled Potatoes (GLUTEN, EGG, MILK, SOYA, SO2)	Vegetarian Fillet, Yorkshire Pudding and Roast Potatoes with Gravy (GLUTEN, MILK, EGG, SO2)	Vegetable Fajita's served with Mixed Salad (GLUTEN, CELERY, MILK)	Cheese whirl & Chips (GLUTEN, EGG, MILK, SO2)
Vegetables	Beans & Sweetcorn	Diced Swede & Green Beans	Cauliflower & Carrots	Savoy Cabbage & Mashed Swede	Baked Beans & Green Beans
Dessert	Banna Muffin (GLUTEN, EGG, SOYA) Or Fruit Salad	Lemon Cake Drizzle (GLUTEN, EGG, MILK, SOYA) Or Fruit Boats	Chocolate Shortbread Biscuit (GLUTEN) Or Fruit Kebabs	Apricot Flapjack (GLUTEN) Or Fruit Salad	Strawberry Jelly topped with Mandarins Or Fruit Pots
Hot Pasta Kitchen		Meatless Meatball Pasta Kitchen (GLUTEN)		Pepperoni Pasta Kitchen (GLUTEN)	Bolognese Pasta Kitchen (GLUTEN)
Chilled Pasta Pot & Street Food	Cheese Layered Pasta Pot (GLUTEN, EGG, MILK)	Fish Finger Hot Dogs (GLUTEN, FISH, MILK, MUSTARD, SESAME)	Chilled Tuna Mayonnaise Layered Pasta Pot (GLUTEN, EGG, MILK)	Cheese and Ham Toastie (GLUTEN, MILK, SOYA)	

Fresh Baked Jacket Potato with Choice of fillings
Cheese **(Milk)** Tuna **(Eggs, Fish)** Beans available daily

Pick 'n' Mix Sandwich Ham, Cheese, Tuna Mayonnaise **(Wheat, Soya, Milk, Fish, Egg)**
Sliced Vegetable Pot
Dessert
(See daily dessert allergen matrix) available daily

Fresh Bread **(Wheat, Soya)**
Cheese & Crackers **(Milk, Gluten)**
Salad Selection, Fresh Fruit and Yoghurts **(Milk)** available daily

