



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Free Dipper Wrap served with Rice (GLUTEN)	Sausage & Creamy Mash Potatoes with Gravy (GLUTEN, SO2)	Roast Gammon, Stuffing, Roast Potatoes, with Gravy (GLUTEN, SO2)	Chicken Pizza Style Pasta & Garlic Bread (GLUTEN, CELERY, EGGS, MILK, SOYA)	Fish Cake or Salmon Fish Cake & Chips (GLUTEN, FISH)
Vegetarian Main Course	Green Cuisine Vegetable Fingers served with Rice (GLUTEN)	Vegetarian Sausage, Mash Potatoes with Gravy (GLUTEN, SO2)	Sweet Potato & Vegetable Pie, Roast Potatoes with Gravy (GLUTEN, SO2)	Spanish Vegetable One Pot (MILK, EGG, SO2)	Quorn Burger & Chips (EGGS, MILK, SOYA)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Carrots	Broccoli & Diced Carrots	Sweetcorn & Broccoli	Garden Peas & Baked Beans
Dessert	Chocolate Vanilla Biscuit (GLUTEN, MILK, SOYA) Or Fruit Pot	Orange Shortbread (GLUTEN, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Strawberry Flapjack (GLUTEN) Or Fruit Pot	Viennese Whirls (GLUTEN, SOYA) Or Fruit boat
Selector 1	Cheese & Tomato Pasta Kitchen (GLUTEN, MILK)	Meatball Pasta Kitchen (GLUTEN, SOYA)	BBQ Chicken Pasta Kitchen (GLUTEN, SOYA, CELERY)	Pepperoni Pasta Kitchen (GLUTEN)	Bolognaise Pasta Kitchen (GLUTEN)
Street Food (KS2)		Pizza Wrap (GLUTEN, MILK)		Bacon Bun (GLUTEN, SESAME)	

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish) Beans  
available daily

Selection of freshly made,  
sandwiches on a choice of  
breads (Wheat, Soya)  
available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and  
Yoghurts (Milk)  
available daily





WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Cheese Pizza & Potato Wedges (GLUTEN, CELERY, MILK, SOYA, EGG)	Chicken Pasta (GLUTEN, CELERY, MILK)	Sliced Chicken with Mash Potato, Yorkshire Pudding & Gravy (EGG, GLUTEN, MILK, SO2)	Roast Gammon, Stuffing, New Potato, & Gravy (GLUTEN, MILK, SOYA)	Gluten Free Fish and Chips (FISH)
<b>Vegetarian Main Course</b>	Spring Vegetable Pasta (GLUTEN, MILK)	Quorn Vegetable Curry & Rice (EGG, MUSTARD, SO2)	Vegetarian Sausage, Mashed Potato, Yorkshire Pudding & Gravy (GLUTEN, EGGS, MILK, SO2)	Macaroni Cheese & Garlic Bread (GLUTEN, MILK, MUSTARD, SOYA)	Cheese & Onion Pie and Chips (GLUTEN, EGG, MILK, SOYA)
<b>Vegetables</b>	Beans & Sweetcorn	Peas & Baton Carrots	Cabbage & Ring Carrots	Cauliflower Cheese & Carrots (MILK)	Garden Peas & Baked Beans
<b>Dessert</b>	Ginger Sponge with Cream (GLUTEN, EGG, MILK, SOYA) Or Fruit Pot	Oat Biscuit (GLUTEN, EGG, MILK, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Pineapple Upside Down Cake & Custard (GLUTEN, EGG, SO2, SOYA, MILK) Or Fruit Pot	Beetroot Brownie (GLUTEN, EGG, MILK, SOYA) Or Fruit boat
<b>Selector 1</b>	Cheese & Tomato Pasta Kitchen (GLUTEN, MILK)	Meatball Pasta Kitchen (GLUTEN, SOYA)	BBQ Chicken Pasta Kitchen (GLUTEN, SOYA, CELERY)	Pepperoni Pasta Kitchen (GLUTEN)	Bolognese Pasta Kitchen (GLUTEN)
<b>Street Food (KS2)</b>		Posh Hot Dog (GLUTEN, SOYA, MILK, MUSTARD, SESAME)		Tuna Melt Panini (GLUTEN, EGG, FISH, MILK, SESAME)	

Fresh Baked Jacket Potato with Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish), Beans available daily

Selection of freshly made, sandwiches on a choice of breads (Wheat, Soya) available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Cheese and Tomato Naan Bread Pizza with Potato Wedges <b>(GLUTEN, MILK, CELERY)</b>	Chinese Chicken Curry with Boiled Rice <b>(GLUTEN, SOYA, MUSTARD)</b>	Roast Chicken served with a Yorkshire Pudding, Mashed Potatoes & Gravy <b>(GLUTEN, MILK, EGG, SO2)</b>	Beef Bolognaise with Wholemeal Pasta <b>(GLUTEN)</b>	Jumbo Fish Fingers & chips <b>(GLUTEN, FISH, MILK, MUSTARD)</b>
<b>Vegetarian Main Course</b>	Green Cuisine Meatballs in a Homemade Tomato Sauce served with Spaghetti <b>(GLUTEN, MILK)</b>	Cheese and Red Pepper Quiche with Boiled Potatoes <b>(GLUTEN, EGG, MILK, SOYA, SO2)</b>	Vegetarian Fillet, Yorkshire Pudding & Mashed Potatoes <b>(GLUTEN, EGG, MILK, SO2)</b>	Vegetable Fajita's and a Mixed Salad <b>(GLUTEN, CELERY, MILK)</b>	Cheese whirl and Chips. <b>(GLUTEN, EGG, MILK, SO2)</b>
<b>Vegetables</b>	Beans & Sweetcorn	Peas & Carrots	Broccoli & Carrots	Sweetcorn & Carrots	Baked Beans & Peas
<b>Dessert</b>	Banana Muffin <b>(GLUTEN, EGG, SOYA)</b> Or Fruit Salad	Lemon Cake Drizzle <b>(GLUTEN, EGG, MILK, SOYA)</b> Or Fruit Boats	Chocolate Shortbread Biscuit <b>(GLUTEN)</b> Or Fruit Kebabs	Apricot Flapjack <b>(GLUTEN)</b> Or Fruit Salad	Strawberry Jelly topped with Mandarins Or Fruit Pots
<b>Selector 1</b>	Cheese & Tomato Pasta Kitchen <b>(MILK, GLUTEN)</b>	Meatball Pasta Kitchen <b>(GLUTEN, SOYA)</b>	BBQ Chicken Pasta Kitchen <b>(GLUTEN, SOYA, CELERY)</b>	Pepperoni Pasta Kitchen <b>(GLUTEN)</b>	Bolognaise Pasta Kitchen <b>(GLUTEN)</b>
<b>Street Food (KS2)</b>		Fish Finger Roll <b>(GLUTEN, FISH, MILK, MUSTARD, SESAME)</b>		Cheese and Ham Toastie <b>(GLUTEN, MILK, SOYA)</b>	

Fresh Baked Jacket Potato with Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish) Beans available daily

Selection of freshly made, sandwiches on a choice of bread (Wheat, Soya) available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily

