

PSHE

AT BROUGHTON PRIMARY SCHOOL, WE BELIEVE THAT PERSONAL, SOCIAL, HEALTH AND ECONOMIC EDUCATION IS INTEGRAL TO THE OVERALL DEVELOPMENT AND ACHIEVEMENT OF ALL PUPILS.





















Enable children to develop the tools they need in order to live healthy lives now and in the future. Provide a relaxing environment for open discussion built on mutual respect.

Build selfesteem and confidence, setting goals for the future and building on aspirations.

Support children in understanding their own identity and how they fit in the wider community.

Provide the skills needed to cope positively with change.

Promote
positive lifestyle
choices including
nurtition, sleep,
exercise, mental
health and wellbeing.

Develop an understanding of positive relationships and good communication skills.

Enable children to understand their responsibilities and impact within their school, community and the wider world.

Implementation

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Our Approach:

At Broughton Primary School, we believe that Personal, Social, Health and Economics Education (PSHE) cannot simply be defined to a specific timetable but instead needs to be integrated into the school culture. PSHE is part of the everyday experience of pupils and involves everyone from midday supervisors and directors to the children themselves. PSHE lessons are delivered weekly using the Jigsaw PSHE programme, covering 6 themes over the year across the whole school - Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. This programme connects the pieces of Personal, Social, Sex Education, and Health Education, emotional literacy and spiritual development in one effective and progressive scheme of work.

Our Lessons:

We follow the Jigsaw; A Mindful Approach to PSHE programme which is a progressive scheme of work from Reception to Year 6. Each session is built upon the Jigsaw Learning Charter which provides children with their expectations and rights within each session, such as the right to pass and to allow turn taking and open speech built on mutual respect. Sessions vary from 15 minutes to 45 minutes depending on the year group. Sessions include opportunities for mindfulness and reflection as well as making links with cultural diversity and British values. Sessions are heavily discussion based with some elements of formal recording usually used as part of a class project or display.

Key Themes:

Autumn 1 - Being Me in My World

Develop and understanding of identify and my place in school, the community and the wider world.

<u>Autumn 2 - Celebrating Differences</u>

Understanding different forms of bullying and celebrating diversity.

<u>Spring 1 - Dreams and Goals</u>

Building aspirations, setting goals and developing an understanding of my contribution to society,

Spring 2 - Health Me

Self-esteem, confidence and developing healthy lifestyle choices.

<u>Summer 1 - Relationships</u>

Understanding friendships, family and other relationships, conflict resolution, communication skills, bereavement and loss.

Summer 2 - Changing Me

Includes Relationships and Sex Education in the context of coping positively with change.

Enhancements:

During their time at Broughton Primary School, children will have the opportunity to take part in a number of subject enhancement activities. Some of these activities may include:

- Annual formal elections of a new School Council. This includes and applications process and formal anonymous vote.
- Numerous fundraising activities for charities.
- Awareness days including Autism Awareness, Jeans for Genes Day, Odd Sock Day and Remembrance etc.
- Visits from the local PCSO's for Road Safety and Firework Safety.

Assessment:

Much of the assessment done in PHSE is informal and a great deal is self-assessed, allowing the learner to judge carefully their strengths and areas for improvement, reconsidering and planning their own growth and development. This will then have a positive impact on a pupils self awareness and self esteem.



Impact HOW DO WE KNOW WE ACHEIVED OUR AIMS?

















Children have tools to live healthy lives now and in the future. To instil a positive attitude towards the subject and an awareness of maths in the real world.

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