



BROWNEGE ST MARY'S
CATHOLIC HIGH SCHOOL
'Let your light shine'

Personal Development Programme

Contents

3. Personal Development Intent

4. Key

5-10. Assemblies and Learning for Life Timetable

11-15. Learning for Life Curriculum Plans

16. Trips

17. CASEO

18. Breakfast Club

19-21. Interhouse Competitions

22. Beacon Award

23. Careers

24. Protected Characteristics



Personal Development Intent

Here at Brownedge St Mary's Catholic High School, **Personal Development** is at the core of our student's education, and this is reflected in our school's values, expectations, culture and ethos. Our intent is to nurture, educate and inspire students so they can be happy, healthy young people who have the academic knowledge and personal character to lead safe and successful lives beyond school.

Specifically, **Personal Development** at Brownedge seeks to ensure students can protect themselves both on and offline, improve their physical and emotional health, develop character, resilience, and academic potential, and strengthen their leadership attributes.

Our **Personal Development** curriculum ensures that students are educated in the following areas:

- Relationships and Sex Education
- Physical Health
- Mental Well-Being
- Citizenship
- British Values
- Online Safety
- Careers Information, Education, Advice and Guidance (CIEAG)
- Spiritual, Moral, Social and Cultural Development
- Inclusion and Equality of Opportunity











Each of the elements listed above will help, support and contribute to pupils' behaviour and attitudes.

The various strands of our **Personal Development** curriculum deliver all aspects of the statutory guidance, reflect the needs of our community and the age range to which it is delivered. **Personal Development** is overseen by the Deputy Headteacher, Assistant Headteacher and Learning for Life Co-Ordinator with engaging, well sequenced and planned lessons.

To ensure a holistic **Personal Development** curriculum, we supplement the 'taught' components with a range of external speakers and a programme of daily collective worship, prayer themes and cultural focus. To help our pupils discover their talents and interests, we provide a plethora of wider opportunities with which our students can engage beyond the classroom through our CASEO and Interhouse programmes, and attendance on trips.



Personal Development Key

British Values		Mental Health & Wellbeing	
Careers		Personal Finance	
Citizenship and Community		Respecting Self and Others	
The Law		Staying Safe & Healthy	
Leadership		Study Skills	



Autumn Term 2025-26



Autumn Term 1

Year Group

Kindness



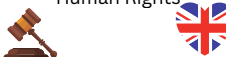
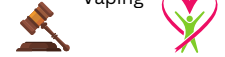












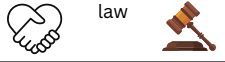

Week beginning	Prayer theme	Scripture	Assembly focus	Year 7	Year 8	Year 9	Year 10	Year 11
08/09/25	St Teresa of Calcutta	Luke 14: 25-33	Our Browndge family: standards and expectations 	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum
15/09/25	Education	John 3: 13-17	“For God so loved the world, that he gave his only begotten Son...”	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum
22/09/25	Service	Luke 16: 1-3	“You cannot serve God and money” 	C1-S1 What is Learning for Life	C1-S1 What is my money Personality 	C1-S1 Why should someone employ me 	C1-S1 Authentic freedom 	C1-S1 Post-16 options 
29/09/25	Gratitude	Luke 16:19-31	“You received good things, and Lazarus bad things...”	C1-S2 Staying Healthy 	C1-S2 What is value for money 	C1-S2 How do I apply for a job 	C1-S2 Self-image 	C1-S2 Post-18 options 
06/10/25	St Maximillian Kolbe	Luke 17: 5-10	World Mental Health Day 	C1-S3 Mental Health 	C1-S3 How do I deal with financial dilemmas 	C1-S3 What makes me employable 	C1-S3 Beliefs and values  	C1-S3 See the bigger picture 
13/10/25	Thanksgiving	Luke 17:11-19	“No one was found to return and give praise to God except this foreigner”	C1-S4 Online Safety 	C1-S4 Financial next steps 	C1-S4 How to use my CV 	C1-S4 Parenthood 	C1-S4 Create Opportunities 
20/10/25	Mission	Luke 18:1-8	“God will give justice to his elect, who cry to him.”	C1-S5 Relationships 	C1-S5 How do we pay tax 	C1-S5 Apprenticeships 	C1-S5 Pregnancy and abortion  	C1-S5 Work life balance  

Autumn Term 2025-26

Autumn Term 2



Year Group

Week beginning	Prayer theme	Scripture	Assembly focus	Year 7	Year 8	Year 9	Year 10	Year 11
03/11/25	Rejoice	Matthew 5:1-12	Our Browndedge Family: standards and expectations	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum
10/11/25	Remembrance	John 2:13-22	Anti-bullying week 	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum
17/11/25	Interfaith Week	Luke 21:5-19	“By your endurance you will gain your lives”	C2-S1 Changing Bodies 	C2-S1 Are jobs like Russian dolls 	C2-S1 Human Rights 	C2-S1 Vaping 	C2-S1 Abuse 
24/11/25	Youth	Luke 23: 35-43	UK Parliament Week 	C2-S2 Healthy Inside and Out 	C2-S2 Challenging Stereotypes 	C2-S2 Immigration 	C2-S2 Abuse 	C2-S2 Solidarity 
01/12/25	Advent: Hope	Matthew 24: 37-44	“Stay awake so that you might be ready”	C2-S3 Where we came from 	C2-S3 Qualifications and pathways 	C2-S3 Media 	C2-S3 Solidarity 	C2-S3 Sexual harassment 
08/12/25	Advent: Peace	Matthew 3: 1-12	“Repent, for the kingdom of heaven is at hand”	C2-S4 Family and friends 	C2-S4 What I can do after school 	C2-S4 What role does the UK play in the world 	C2-S4 Sexual harassment - what is it? 	C2-S4 Self-worth 
15/12/25	Advent: Joy	Matthew 11: 2-11	Celebration	C2-S5 My life on screen 	C2-S5 The Labour Market 	C2-S5 Politics 	C2-S5 Sexual harassment - the law 	C2-S5 Addiction 































Hope

Spring Term 2025-26



Spring Term 1





Year Group

Week beginning	Prayer theme	Scripture	Assembly focus	Year 7	Year 8	Year 9	Year 10	Year 11
05/01/26	Epiphany	John 1: 1-18	Our Brownedge Family: Standards and expectations 	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum
12/01/26	Beginnings	Matthew 3: 13-17	World Religion Day 	C3-S1 Citizenship  	C3-S1 Appreciating differences 	C3-S1 In search of love 	C3-S1 Preparing for work experience 	C3-S1 Eating disorders 
19/01/26	Christian Unity	John 1: 29-34	“Behold, the Lamb of God, who takes away the sin of the world!”	C3-S2 British values  	C3-S2 Feelings 	C3-S2 What does a healthy relationship look like 	C3-S2 Job sectors 	C3-S2 Contraception 
26/01/26	Holocaust Memorial Day	Matthew 4: 12-23	“Jesus went to Capernaum...”	C3-S3 UK political system 	C3-S3 Before I was born 	C3-S3 The perfect partner 	C3-S3 Employment rights and responsibilities 	C3-S3 Pornography 
02/02/26	St John Bosco	Matthew 5: 1-12	“Rejoice and be glad, for your reward is great in heaven”	C3-S4 UK electoral system 	C3-S4 Tough relationships 	C3-S4 Love people use things 	C3-S4 Post-16 options 	C3-S4 Sexually transmitted diseases 
09/02/26	Influence	Matthew 5: 13 - 16	Online Safety Day and Apprenticeship Week 	C3-S5 UK laws 	C3-S5 Think before you share 	C3-S5 In control of my choices 	C3-S5 Learning about advanced manufacturing 	C3-S5 Coersion 

Courage



Spring Term 2

Week beginning	Prayer theme	Scripture	Assembly focus
23/02/26	Lent: St Katharine Drexel	Matthew 4: 1-11	National Careers Week 
02/03/26	Lent: Change	Matthew 17: 1-9	World Teen Mental Wellness Day/World Book Day 
09/03/26	Lent: Life	John 4: 5-42	"A spring of water welling up to eternal life"
16/03/26	Lent: St Oscar Romero	John 9: 1-41	"He went and washed and received his sight"
23/03/26	Lent: Believe	John 11: 1-45	"I am the resurrection and the life"
30/03/26	Lent: Holy Week	Matthew 21: 1-11	Celebration/World Autism Awareness Day  

Patience



Summer Term 1

Week beginning	Prayer theme	Scripture	Assembly focus
20/04/26	Journeys	<u>Luke 24: 13-35</u>	Our Browndedge Family: Standards and expectations 
27/04/26	Vocation	John 10: 1-10	"I cam that they may have life and have it abundantly"
04/05/26	Truth	<u>John 14: 1 - 12</u>	Fairtrade Day 
11/05/26	Witness	<u>John 14: 15 - 21</u>	"I will ask the Father, and he will give you another Helper"
18/05/26	Mary	<u>John 17: 1-11</u>	"Father, glorify your Son"

Justice



Summer Term 2

Year Group

Week beginning	Prayer theme	Scripture	Assembly focus	Year 7	Year 8	Year 9	Year 10	Year 11
01/06/26	Trinity	John 3: 16-18	Our Browledge Family: Standards and expectations 	C4-S1 Skills and qualities 	C4-S1 The wider world 	C4-S1 Fertility and contraception 	C4-S1 Budgeting and debt 	N/A
08/06/26	Eucharist (Corpus Christi)	John 6: 51-58	"My flesh is true food, and my blood is true drink"	C4-S2 What is a career 	C4-S2 Attitudes to mental health 	C4-S2 Marriage 	C4-S2 Deductions and payslips 	N/A
15/06/26	Compassion	Matthew 9:36-10:8	Refugee Week 	C4-S3 Gender stereotypes 	C4-S3 Promoting emotional wellbeing 	C4-S3 One hundred percent 	C4-S3 Financial risk 	N/A
22/06/26	Courage	Matthew 10: 26-33	"Do not fear those who kill the body"	C4-S4 The working world 	C4-S4 Unhealthy coping strategies 	C4-S4 Managing unhealthy relationships 	C4-S4 Using technology to manage money 	N/A
29/06/26	Leadership	Matthew 16: 13-19	"You are Peter..."	C4-S5 Future planning 	C4-S5 Healthy coping strategies 	C4-S5 Knowing my rights and responsibilities 	C4-S5 Gambling 	N/A
06/07/26	Rest	Matthew 11: 25-30	"I am gentle and lowly in heart"	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	N/A
13/07/26	Growth	Matthew 13: 1-23	Celebration 	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	Pupils studying regular curriculum	N/A

Love=ALL Gospel Values







Learning for Life

Cycle 1	Cycle 2	Cycle 3	Cycle 4
<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · Pupils will learn how Learning for Life is a combination of PSHE, RHSE, Citizenship and Careers and how this links to what makes them unique and marvellous. This unit aims to introduce the foundational threads of our RSHE curriculum. · Staying Healthy: Pupils will learn about diet and exercise. · Mental Health: Pupils will learn about what mental health is and about different strategies that help us to cope with change and transition. · Online Safety: Pupils will learn about how to stay safe when being online. · Relationships: Pupils will learn about healthy relationships and the signs of an unhealthy friendship. 	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · Changing Bodies: Pupils will learn about puberty involves physical, emotional and sexual development. Whilst this might feel daunting, they will learn that puberty is God’s plan for them, and how He is with them throughout it all. · Healthy Inside and Out: Pupils will learn about self-esteem: what contributes to it, how it can affect their lives and how to increase it. · Where we came from: Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made. · Family and Friends: Pupils will learn about different types of friendship and family structure, and discuss how better to manage their behaviour through consideration of thoughts, feelings and actions. · My Life on Screen: Pupils will learn about their online ‘lives’ and that they need to take steps to safeguard themselves, just as they do in real life 	<p>Created to Live in Community: Citizenship and Financial Education</p> <ul style="list-style-type: none"> · Citizenship: Pupils will learn what citizenship is and why it is important in their lives. · British Values: Pupils will learn about the British Values of democracy, rule of law, individual liberty, respect, and tolerance. Pupils will understand what these values are, why they are important and how they can live by them. Pupils will consider the similarities between British Values and the Gospel Values. · UK Political System: Pupils will learn about Britain as democratic country. They will also learn about how Parliament in the UK is structured and what role the House of Lords, House of Commons, and the Monarchy play. · UK Electoral System: Pupils will learn about voting system in the UK and why it is important to vote. Pupils will make links between voting and our responsibly as UK citizens and Christians. Pupils will also know what an MP is and how the UK is divided into constancies. Pupils will learn about what a political party is and the role that they play. · UK Laws: Pupils will consider why laws are important. Pupils will know how laws are made and how an act becomes a law. Pupils will know what the age of criminal responsibility is in the UK. 	<p>Created to Build the Kingdom of God: Careers/Vocation Education</p> <ul style="list-style-type: none"> · Skills & Qualities: Pupils will about their personal qualities and skills and how these are important in the World of work. · What is a career?: Pupils will learn about different careers and how skills are suited to different careers. · Gender Stereotypes: Pupils will learn about what stereotyping is and how this can apply to careers perceptions as well as the implications of law on stereotyping · The Working World: Pupils learn about the importance of Careers Research in making informed decisions for their future. · Future Planning: Pupils will begin to think about their future possibilities; Discover, Explore, Dream.






Learning for Life
















Cycle 1	Cycle 2	Cycle 3	Cycle 4
<p>Created to Live in Community: Citizenship and Financial Education</p> <ul style="list-style-type: none"> · What is my money personality?: Pupils will reflect upon their own attitude to money and spending. Pupils will also understand the difference between needs and wants and will calculate the potential implications of borrowing. · What is value for money?: Pupils will understand how to budget and plan for the future. Pupils will also consider what value for money means and how this applies to them and their spending habits. · How do I deal with financial dilemmas? Pupils will understand bank accounts, compare different types of bank accounts, and realise the benefits of saving. Pupils will also learn how to interpret a bank statement. · What are the next steps in my financial journey?: Pupils will recognise what can influence our financial habits, as well as understand common types of financial fraud and how to help stay safe online. · Why do we pay tax and how is it spent?: Pupils will learn about how public money is raised and spent in the UK. 	<p>Created to Build the Kingdom of God: Careers/Vocation Education</p> <ul style="list-style-type: none"> · Are jobs like Russian Dolls?: Pupils will learn about the range of jobs available in a work environment and be able to explain these opportunities. · Challenging Stereotypes: Pupils will deepen their knowledge on gender stereotypes and begin to challenge them through looking at different job roles. · Qualifications & Pathways: Pupils will learn about the different pathways available to them from 16 years old and beginning to think and plan their future beyond education. · What I can do after school?: Pupils will learn how GCSE options link to jobs and explore a range of jobs linked to their preferred choices through using online support tools. · The Labour Market: Pupils will learn what Labour Market information is, why it is important and how to use it to make informed decisions about future career choices. 	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · Appreciating difference: Pupils will learn about some of the ways in which people may choose to articulate their identity, including gender and sexual identity. · Feelings: Pupils will learn that an increase in hormone production during puberty leads to physical and psychological changes, including sexual attraction, and methods for managing the feelings involved with these. · Before birth: Pupils will learn what happens during the different stages of pregnancy, the importance of pre-natal care and the emotional, real-life impact of pregnancies carried to full term and otherwise. · Relationships: Pupils will learn the meaning of terms such as ‘prejudice’, ‘discrimination’, ‘Protected Characteristics’, ‘tolerance’, ‘kindness’ and ‘forgiveness’ and consider what this look like in real terms. · Online Safety: Pupils will learn about the consequences of sharing images of a sexual nature, how to resist pressure to do this, and the importance of setting rules to keep themselves safe online. 	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · Relationships in the Wider World: Pupils will learn from history that prejudice can grow into discrimination without the courage of upstanders, and that we all can all, through our language and behaviour, play a part in dismantling prejudice at its root. · Attitudes to Mental Health: Pupils will learn about attitudes to mental health and challenging misconceptions. · Promoting emotional well-being: Pupils will learn ways to promote emotional wellbeing. Also, how to build resilience and how to reframe disappointments and setbacks. Pupils will also consider the impact of social media on mental health and emotional wellbeing. · Unhealthy coping strategies: Pupils will learn about unhealthy coping strategies, including self-harm and eating disorders. Pupils will understand why, when, and how to access support for themselves or others. · Healthy Strategies: Pupils will learn healthy ways to manage difficult feelings or challenging circumstances 



Learning for Life




Cycle 1	Cycle 2	Cycle 3 and 4
<p>Created to Build the Kingdom of God: Careers/Vocation Education</p> <ul style="list-style-type: none"> · Why should someone employ me?: Pupils will learn about the range of possible jobs and consider what jobs and roles may interest them. Understand what skills employers are looking for and investigate their own skills, identifying two for further development. · How do I apply for a job?: Pupils will learn about the range of ways that organisations undertake recruitment and selected for employment. · What makes me employable?: Pupils will become aware that employers look for learning, skills, qualities, and minimum qualifications in their employees. Pupils will explore their own skills and qualities and ways in which they can develop them. · How to use my CV: Pupils will learn about child employment law (Rights & Responsibilities) and the positives and negatives of working while studying GCSEs to become aware of work-life balance. · Apprenticeships what are they?: Pupils will learn about the apprenticeship pathway and the range of apprenticeships available. They will become aware of the reason someone would apply for an apprenticeship and how to navigate online recruitment and CIAG support websites. 	<p>Created to Live in Community: Citizenship and Financial Education</p> <ul style="list-style-type: none"> · Human Rights: Pupils will know what human rights are, how they were developed and why they are important. · Immigration: Pupils will know the difference between immigration, illegal immigrants, refugees and asylum seekers. Pupils will explore why people immigrate and what the positives are of living in a multi-cultural society are. · Media: Pupils will learn about fake news and how to distinguish between fact and fiction in the media. · What role does the UK play in the world? What is Parliament?: Pupils will learn about the role of Britain in the world. Pupils will know what the commonwealth is and how the UK contributes to the UN and other international bodies. · Politics: Pupils will learn about the political parties and what it means to represent your party. General elections, and some pupils to 'stand' for election. 	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · In search of love: Pupils will consider their desire to love and be loved, and learn about God's plan for romantic love, sexual, attraction and intimacy. · What does a healthy relationship look like?: Pupils will learn about what a healthy relationship looks like and what the signs of an unhealthy relationship maybe. · What makes a perfect partner?: Pupils will consider what qualities they value in relationships. · Love people, use things: Pupils will learn about objectification, and consider the impact of on relationships and personal well-being. · In control of my choices: Pupils will learn about love and lust, shame and regret and delaying sexual intimacy, all with a view to making wise, informed, and mindful choices. Lesson includes the age of consent. · Fertility and Contraception: Pupils will learn about methods for managing conception and discuss how they uphold or contravene God's plan for sex. · Marriage: Pupils will learn about different types of committed relationships and consider what relationships they would like in the future · One hundred percent: Pupils will learn that consent is not just gaining permission for something but choosing to honour and respect one another as persons with innate dignity. · Managing unhealthy relationships (Medway): Pupils will learn about the different signs of different types of abuse. Pupils will learn about exit strategies and identify support for abusive relationships. learn about exit strategies and identify support for abusive relationships. · Knowing my rights and responsibilities: Pupils will learn about physical consent, sexual exploitation, and human rights. 



Cycle 1	Cycle 2	Cycle 3	Cycle 4
<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · Authentic Freedom: Pupils will learn about the objective reality of sex, and how this might impact people’s decisions around relationships, including their own hopes and wishes for the future. · Self-image: Pupils will learn about different experiences of body shame, explore notions of ‘dignity’ and ‘modesty’ in relation to the body and consider that our bodies are good, as part of our unique, inseparable combination of body and soul. · Belief, Values and Attitudes: Pupils will learn the meaning of the terms ‘beliefs’, ‘values’ and ‘attitudes’, how crucial they are in shaping our choices and that we should interrogate them regularly to ensure we are living the way we intend. · Parenthood: Pupils will learn the meaning of the terms ‘beliefs’, ‘values’ and ‘attitudes’, how crucial they are in shaping our choices and that we should interrogate them regularly to ensure we are living the way we intend. · Pregnancy and Abortion: Pupils will learn about the stages of life in the womb, abortion methods and legality, and sex as so often being divorced from the possibility of parenthood.     	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · Vaping: Pupils will learn about the dangers of vaping. · Abuse: Pupils will learn about the four main types of abuse, how to look out for danger signs, resist pressure, access support and know that abuse is never the victim’s fault. · Solidarity: Pupils will learn with compassion about FGM, human trafficking, honour-based violence and about Pope Francis’ concept of ‘an integral ecology’. · Sexual Harassment: Pupils will look what sexual harassment is and what may constitute as sexual harassment · Sexual Harassment: Pupils will learn about what sexual harassment and stalking is. Pupils will know what the law says about sexual harassment and stalking.    	<p>Created to Build the Kingdom of God: Careers/Vocation Education</p> <ul style="list-style-type: none"> · Preparing for work experience: Pupils will learn the difference between work etiquette and working practice. They will be able to understand what work experience is, what the expectations are and how to prepare effectively. · Job sectors and LMI: Pupils will learn about the different job sectors and the many different jobs within each. They will understand that employment numbers and opportunities vary depending on where you live and will be able to explain what LMI is. · Employment rights and responsibilities: Pupils will learn about the different employment rights and responsibilities in the UK and will explore the gender pay gap in society. · Post 16 options: Pupils will learn about the different options available to them at the end of year 11, how they can make the best choice for them and the application process for the various post 16 options. · Advanced manufacturing, energy and low carbon: Pupils will learn about opportunities in the advanced manufacturing, energy and low carbon sectors.   	<p>Created to Live in Community: Citizenship and Financial Education</p> <ul style="list-style-type: none"> · What is debt?: Pupils will learn about budgeting and how life choices can impact on a person’s finances. Pupils will consider the advantages and disadvantages of using credit when compared to saving to make purchases. · Money and Work: What is a pay slip and what deductions are made from my salary?: Pupils will learn about the main features of a payslip. Pupils will know how to calculate gross and net pay accounting for a range of deductions. Pupils will also identify employee benefits beyond salary · What is financial risk and how can I protect my money?: Pupils will learn about different types of fraud. Pupils will also learn about insurance and how it can help protect us from risk. · How can technology be used to manage our finances?: Pupils will learn about how different technology can be used to manage money and to consider the implications of technology on the future of personal finances. · What is gambling and what are the risks?: Pupils will learn about the different risks associated with gambling.   



Learning for Life

Cycle 1	Cycle 2	Cycle 3
<p>Created to Build the Kingdom of God: Careers/Vocation Education</p> <ul style="list-style-type: none"> · Post 16 Options: Pupils will understand the options available at the end of Year 11 and consider how I can make the best choice for them, so that they can make applications for post 16 study or training. · Post 18: Universities: Pupils will learn about post 18 study at university and how to make informed decisions about post 18 providers. They will learn about the Russell Group universities and how they could benefit them. · See the bigger picture: Pupils will develop their awareness of the relationship between career and the natural environment, and the relationship between career, community, society, politics, and the economy. · Create Opportunities: Pupils will demonstrate awareness of the importance in taking the initiative in their learning and life. Recognises that building a career will require them to be imaginative and flexible and develop the ability to communicate their needs and wants. Be able to identify a role model and understand the value of leadership. · Work Life Balance: Pupils will learn about and explore work life balance and the responsibilities that individuals have at different stages of life. 	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · Abuse: Pupils will learn about the four main types of abuse, how to look out for danger signs, resist pressure, access support and know that abuse is never the victim's fault. · Solidarity: Pupils will learn with compassion about FGM, human trafficking, honour-based violence and about Pope Francis' concept of 'an integral ecology'. · Sexual Harassment: Pupils will look what sexual harassment is and what may constitute as sexual harassment · Self-Worth: How formative experiences can shape a person's beliefs, · Addiction: How addiction can affect a person's life, different forms of addiction and strategies to resist/overcome the pull of short-term highs. 	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> · Eating Disorders: Pupils will learn How pressure, stress and anxiety can contribute to poor emotional health, how this can manifest in different ways, including eating disorders and strategies to support oneself and others. · Birth Control: Pupils will consider the counter-cultural idea of saving sex for marriage, learn more about fertility and contraception in all its forms and how the Church's teaching on how love, sex and procreation are intrinsically linked. · Sexual Desire: Pupils will learn that sexual desire is a positive thing that draws us to truth and beauty, the sex industry, unrealistic expectations and unhealthy sex harms relationships by fostering selfishness and self-satisfaction and it's addictions · Sexually Transmitted Infections: Pupils will learn how upbringing and peer pressure might have an impact on our choices, sexually Transmitted Infections, and the responsibility of getting tested as well as the emotional/psychological impacts of (regularly) engaging in casual sex and how recognising our true value can bring freedom. · Coercive Behaviour: Pupils will learn the many forms of coercive control -Why victims might find it hard to leave abusive relationships, victim-blaming and other societal attitudes towards misogyny and sexual violence (including rape) alongside the qualities of a truly respectful, healthy relationship and support avenues available to them. 

Trips



Educational Visits 2026-2028

Date	Educational Visit	Faculty	Proposed Cost	Year Group
January 2026	<u>CyberFirst</u> MEGA Day	Careers	FREE	Year 9
February 2026	Runshaw College Surprising Science Day	Careers	FREE	Year 10
February 2026	University of Lancashire	Careers	FREE	Year 10
February 2026	Leyland Trucks Factory Tour	Careers	FREE	Year 10
February 2026	Girls in STEM Day at Brockholes	Careers	FREE	Year 8
March 2026	Runshaw College <u>MyFutures</u> Day	Careers	FREE	Year 10
April 2026	Runshaw College Masterclass Day	Careers	FREE	Year 10
May 2026	University of Manchester	Careers	FREE	Year 7
June 2026	<u>TeenTech</u> Festival	Careers	FREE	Year 9
July 2026	Wimbledon Tennis	PE	£220	All Years
July 2026	Water Sports - Spain	PE	£1150	Year 9 and 10
November 2026	Castlerigg Retreat	Chaplaincy	£140	Year 9
July 2027	Madrid Football Tour	PE	£1300	Year 8 and 9
July 2027	Rome	Drama	TBC	Year 9, 10 and 11
July 2027	Iceland	Geography	£1200	TBC
February 2028	Canada Ski Trip	PE	£2220	Year 7, 8 and 9
April 2028	Disneyland Paris	Maths	TBC	TBC
July 2028	Wimbledon Tennis	PE	£220	All Years
July 2028	Water Sports - Spain	PE	£1150	Year 9 and 10



CASEO 2025/26



Equally important to our taught curriculum is the portfolio of experiences that enable personal and social development, develop citizenship and community work and present challenge.

This experienced curriculum offers opportunities for all pupils to:

- participate in a wide spectrum of extracurricular activities

- learn from residential retreats and out of school educational experiences
- develop leadership roles
- engage in works of charity and community cohesion

- learn about their responsibility towards each other within our Brownedge family

- collaborate across age groups through Interhouse activities and events

- partake in a two week experience in the world of work

All these experiences have the aim of helping our pupils to develop their identity so they are ready and equipped to fully engage with life beyond school.



MONDAY

- Netball (after school, PE)
- Girls Football (after school, PE)
- Y7/8 Boys Football (after school, PE)
- Gardening Club (after school, R3)
- Y9-10 Sparx Maths Club (lunch, Maths)
- Homework club (after school, T5)
- Angels (lunch, R3)
- Y11 RE Study Rooms (after school, RE)
- Y9 STEM Club (after school, Science)
- Video Game Club (lunch, T6)
- Chat & Prayer (lunch, Chaplaincy)
- Y8/9 Basketball (lunch, PE)
- Sister Act Rehearsal (lunch/after school, Music)
- Rounders (after school, PE)



TUESDAY

- Y7 Table Tennis (lunch, PE)
- Y7-8 Sparx Maths (lunch, Maths)
- Chat & Prayer (lunch, Chaplaincy)
- Homework Club (after school, T5)
- History Club (lunch, H1)
- Sister Act Rehearsal (lunch, Music)



CASEO Summer 2026 WEDNESDAY

- Book Club (lunch, English)
- Praise & Worship Band (lunch, Music)
- Y10-11 Cambridge National Sport Club (after school, T4)
- Dance (after school, PE)
- Y8-11 Table Tennis (lunch, PE)
- Homework club (after school, T5)
- Y7 Boys Netball (after school, PE)
- Sister Act Rehearsals (after school, Music)
- Athletics (after school, PE)



THURSDAY

- Y7-8 Science Club (after school, Science)
- Chaplaincy GIFT Team meeting (lunch, Chaplaincy)
- Homework club (after school, T5)
- Y9 Artbytes (after school, Art)
- Y9-11 Boys Football (after school, PE)
- Dance Team practice (after school, PE)
- Badminton (after school, PE)
- Geoguesser Club (after school, G1)
- Sister Act Rehearsals (lunch/after school, Music)
- Rounders (after school, PE)



FRIDAY

- Chat & Prayer (lunch, Chaplaincy)
- Video Game Club (lunch, T6)
- Y8/9 Basketball (lunch, PE)
- Sign Club (lunch, R1)



GET INVOLVED!



Come along to

BREAKFAST



CLUB



FROM 8AM IN THE CANTEEN

**£1.50 CREDIT EVERY DAY FOR
PUPILS ELIGIBLE FOR FREE
SCHOOL MEALS - GET A HOT
BREAKFAST SNACK LIKE TOAST,
CHEESE ON TOAST OR A PASTRY,
AND A DRINK!**

Breakfast Club



Our school breakfast club is a provision for our pupils which enables them to eat a healthy breakfast in a safe environment before their first class. They have opportunity to chat and cooperate with other children of different ages or from different school classes.

Interactions like these contribute to the development of social skills and confidence. Our pupils have fun with their friends and have a filling breakfast before the day's learning begins setting them up for the day.



Interhouse Competitions 2025/26



Inter-house Competitions 2025-2026

<u>Name of the Competition</u>	<u>Year Group/s</u>	<u>Lead Staff</u>	<u>Dates</u>	<u>Student Leaders if Appropriate</u>	<u>Faculty</u>
September 2025					
Indoor Football League	7/8	BCD	WB 15 th September	Sports Captains	PE
European Day of Languages	ALL	JB	WB 15 th September – DL: 26 th Sept EDoL		MFL
Science in Style	7	KL	Deadline: 19/09/2025		Science
October 2025					
Genre Spotlight	All Years	LP	Week beginning 13 th October – 24 th October 2025		English
Black History Month	All Years	She	Week beginning 29 th October	History leaders	History
RE Interhouse Competition	7-9	SDO	13 October – 24 th October	GIFT	RE
Termly Positive Count Kindness and Hope	All Years		End of Term- 24 th October 2025		MC/Aha
November 2025					
Cross Country	Years 7-10	All PE	Week beginning 11 th November 2025	OCR SPORTS Leaders	Physical Education
Bebras challenge	All years	SP	10 th to 21 st November 2025		Technologies Computing
Christmas Card Competition	All Years	KS	4 th November to 21 st November 2025		Expressive
Remembrance	All Years	SK	Week beginning 3 rd November 2025	History leaders	History
Cyber First Girls	Year 8 girls	SP& SS	November 2025 – Date TBC	Digital Leaders/ C	Technologies

Interhouse Competitions 2025/26



Cyber First Girls	Year 8 girls	SP& SS	November 2025 – Date TBC	Digital Leaders/ C Computer Science pupils	Technologies
Geography	All years	NG	Week beginning 24 th November 2025		Geography
December 2025					
Santa Sports	Years 7-9	All PE	Week Beginning 14 th December 2025	Sports Captains	Physical Education
Inter-house Quiz	All Years	Aha	19 th December 2025		AHa
Termly Positive Count Courage and Patience	All Years	MC/AHa	19 th December 2025		MC/AHa
January 2026					
Holocaust Memorial Week	All years	TM	26 th -30 th January	History leaders	History
Tesselate and create	All years	MCo	W.B. 21 st January – 28 th January 2026		Maths
Christmas Reading Challenge	All Years	AC	Christmas Break		
Beehive Sign	All Years	RBo	W.B.7 th December – 5 th January 2026		RE
Y9 Interhouse Football	Year 9	BCD	W.B. 15 th January until completion		
Years 7-9 Interhouse Dodgeball	Years 7-9	BCD	W.B 26 th January 2026		
February 2026					
Safer Internet Day	All years	SP	Tue, 10 Feb 2026		
Barclays Enterprise challenge	All years	SP	2 nd – 13 th February		
March 2026					

Interhouse Competitions 2025/26



Technology - Interhouse	Y7-10	CS	Mon 16 th – Monday 30 th March		Technologies
British Science Week: "Curiosity: What's Your Question?"	All Years	KL	06/03/2026 - 13/03/2026		Science
Pi day	All years	LC	9 th – 16 th March		Maths
World Book Day Reading Challenge	All Years	CT	w/c 2 nd <u>March</u> , 2026		English
Poetry Writing Competition (World Poetry Day 21 st <u>March</u> , 2026)	All Years	CT	w/c 16 th <u>March</u> , 2026		English
April 2026					
Termly Positive Count Justice	All Years	<u>AHa</u> /MC	April 2026		MC/ <u>AHa</u>
Inter-house Quiz	All Years	Aha	April 2026		<u>AHa</u>
May 2026					
National numeracy day	7-10	<u>SKe</u>	Wednesday 20 th May		Maths
June 2026					
Sports Day	Years 7-10	All PE	TBC	Sports Captains and Y11 Leaders	Physical Education
BSM National Geographic Photo Competition 2026	7-19	NG / WC	TBC		Geography
July 2026					
Termly Positive Count	All Years		July 2026		MC/ <u>AHa</u>
Bastille Day	ALL	JB	July 2026 – DL: 14 th July		MFL
Lit-Coins	All Years	MC	July 2026		MC
Inter-house Quiz	All Years	Aha	July 2026		<u>AHa</u>



Brownedge Beacon Award



An award that recognises the hard work that each of you put in throughout the year.

**An award that encourages you to live out our gospel values and 'let your light shine'.
An award that highlights opportunities to contribute to our school and wider community.**

An award that encourages you to step outside your comfort zone and develop new skills and interests.



Careers Provision



	Autumn term	Spring term	Summer term
Year 7	Parents Evening	Careers workshops L4L lessons	End of Year Examination week and L4L lessons
Year 8	Careers Fair L4L lessons	Pathways choices and options Careers workshops Parents Evening	End of Year Examination week and L4L lessons Personal Statement work
Year 9	Careers Fair GCSE Information Evening L4L lessons	Careers workshops Parents Evening	End of Year Examination week and L4L lessons Personal Statement work
Year 10	Careers Fair	Work experience preparation Careers research, investigation and workshops Parents Evening L4L lessons	College visits and taster Days Work experience Mock Interviews Personal Statement work
Year 11	College and apprenticeship applications Personal Statements and CVs Careers Fair L4L lessons	College Interviews Apprenticeship interviews Parents Evening GCSE Information Evening	

All students in years 7 to 11 at Browndedge St Mary's Catholic High School are entitled to personalised and appropriate Careers Education Information Advice and Guidance (CEIAG) through the Learning for Life Programme, Form time activities, Independent Advice provided by Mr Richardson (qualified at Level 6 in Career Guidance & Development), extra-curricular activities and information shared as part of our curriculum provision. Pupils are entitled to:

- Find out about technical education qualifications and apprenticeship opportunities, as part of our careers programme which provides information on the full range of education and training options available at each transition point
- Hear from a range of local providers about the opportunities they offer, including technical education and apprenticeships
- Understand how to make applications for the full range of academic and technical courses

The CEIAG programme is designed to meet the needs of all students in school. It incorporates the eight Gatsby benchmarks which are at the heart of the Careers Strategy. It is differentiated to ensure progression through activities that are appropriate to students' stages of career learning, planning and development. Needs of SEN learners are planned for and activities are differentiated to ensure access. The programme promotes equality of opportunity, inclusion and anti-racism. Each key stage has set entitlements which are in line with those set out in the CDI framework.

Protected Characteristics



As a public sector organisation, Brownedge St Mary's ensures that equality, diversity and human rights are embedded in all its functions and activities, as required by the Equality Act 2010 and the Human Rights Act 1998.

We are committed to ensuring that students have equal opportunities and access to resources regardless of their background and/or identity. It is important that all children gain an understanding of the world they are growing up in, and learn how to live alongside, and show respect for, a diverse range of people. When we inspect schools, we assess how well they equip children to do this.

The 9 Protected Characteristics are actively promoted at Brownedge High School through:

- Our school ethos
- Our school core values Aspire & Believe, Act & Succeed
- School Improvement Plan
- Our school behaviour policy
- Conscious role modelling by all adults in the school community
- Active engagement and communication with parents and carers
- Assemblies
- British Values themes within the curriculum
- Discussion within curriculum subjects, taking a cross-curricular approach
- Promoting articulation by building appropriate language and a coherent vocabulary
- Personal, Social, Health and Economic education (PSHE) sessions
- Religious Education (RE) lessons, RSE lessons, Protected Characteristic talks
- Sporting, Art and Cultural Events
- Pupil Voice
- Educational visits
- Real-life learning outside the classroom
- Guest speakers
- Developing links with communities
- Extra-curricular activities, after-school clubs, charity work and work within the local community

Embedding Protected Characteristics into the whole ethos of Brownedge High School promotes:

- Self-esteem, self-knowledge and self-confidence
- Respect for democracy and support for participation in the democratic process
- Acceptance of responsibility for their own behaviour
- Respect for their own and other cultures
- Understanding of how they can contribute positively to school and home life and to the lives of those living and working in the locality and further afield
- An understanding of Equality, Human Rights and Protected Characteristics
- An understanding of how citizens can influence decision-making through the democratic process
- An appreciation that living under the rule of law protects individual citizens and is essential for their wellbeing and safety
- An understanding that the freedom to choose and hold other faiths and beliefs is protected in law
- An acceptance that other people having different faiths or beliefs to oneself (or having none) should be accepted and tolerated, and should not be the cause of prejudicial or discriminatory behaviour
- An understanding of the importance of identifying and combating discrimination

At Brownedge we use our School Council, Pupil Voice, senior prefect team including our Head Boy/Head Girl team and Equalities Group to ensure students have identified representation across all year groups.

