



PEER SUPPORT FOR PARENTS/CARERS OF NEURODIVERGENT YOUNG PEOPLE

Supporting YOU to support your Young Person with their Mental Health & Wellbeing

An opportunity to connect with other parents/carers, share experiences, exchange practical advice, mutual support and signposting. Groups are professionally supported and held in relaxed & confidential spaces.

<u>12:30pm - 2pm</u>

2nd & 4th Tuesday of the Month

February Tuesday 25th

March Tuesday IIth & 25th

April Tuesday 8th & 22nd

May Tuesday 13th & 27th

June Tuesday 10th & 24th

July_Tuesday 8th & 22nd

Venue: Key Unlocking Futures, Unit 2, Balfour Court, Léyland, PR25 2TF

For more information contact Niki (Facilitator) on <u>07580358080</u> /

nikih@keycharity.org.uk

Join our Facebook Community



For details of our other Parent Peer support groups <u>scan here</u> ->

www.keycharity.org.uk Registered Charity Number 115477