



CENTRAL LANCASHIRE PARENT & CARER PEER SUPPORT

Supporting YOU to support your Young Person with their Mental Health & Wellbeing

Connect with others, share experiences, exchange practical advice, mutual support and signposting. Groups are professionally supported and held in relaxed & confidential spaces.

4th Monday of the Month 4<u>:30pm - 6pm</u> Coming up: Monday 24th March Monday 28th April Monday 23rd June Monday 28th July Walton-Le-Dale Family Hub, Bridle Road PR5 6YJ or join us ONLINE 3rd Monday of the month For more information email: <u>nikih@keycharity.org.uk</u>

For details of other groups in Central Lancashire, Scan here:





Join our Facebook Community



www.keycharity.org.uk Registered Charity Number 115477