

Children & Young People's Support

Lancashire
Mind's
Open Space

For ages 11-18
Mondays and
Thursdays: 5pm -8pm
Starts: Monday 26th.
January.2026

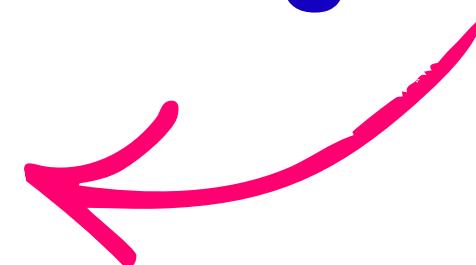
**At Walton-Le-Dale
Youth & Community Centre
Brindle Road, Bamber Bridge, PR5 6YT**

Open Space is a safe, friendly place to relax, meet friends, make friends and boost your mental health and wellbeing.

It's free, it's fun and all about YOU!
Come along and try it out.



Scan QR
to register



 **mind**
Lancashire

Registered charity number: 1081427