

Year 7 Curriculum Plan

Learning for Life



	Cycle 1	Cycle 2	Cycle 3	Cycle 4
KNOWING WHAT ..	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> • Pupils will learn how Learning for Life is a combination of PSHE, RHSE, Citizenship and Careers and how this links to what makes them unique and marvellous. This unit aims to introduce the foundational threads of our RSHE curriculum. • Staying Healthy: Pupils will learn about diet and exercise. • Mental Health: Pupils will learn about what mental health is and about different strategies that help us to cope with change and transition. • Online Safety: Pupils will learn about how to stay safe when being online. • Relationships: Pupils will learn about healthy relationships and the signs of an unhealthy friendship. 	<p>Created in the Image of God, Sex and Health Education</p> <ul style="list-style-type: none"> • Changing Bodies: Pupils will learn about puberty involves physical, emotional and sexual development. Whilst this might feel daunting, they will learn that puberty is God’s plan for them, and how He is with them throughout it all. • Healthy Inside and Out: Pupils will learn about self-esteem: what contributes to it, how it can affect their lives and how to increase it. • Where we came from: Pupils will learn about sexual intercourse as more than just a physical act, but a gift from God for married couples as His plan for how babies are made. • Family and Friends: Pupils will learn about different types of friendship and family structure, and discuss how better to manage their behaviour through consideration of thoughts, feelings and actions. • My Life on Screen: Pupils will learn about their online ‘lives’ and that they need to take steps to safeguard themselves, just as they do in real life 	<p>Created to Live in Community: Citizenship and Financial Education</p> <ul style="list-style-type: none"> • Citizenship: Pupils will learn what citizenship is and why it is important in their lives. • British Values: Pupils will learn about the British Values of <i>democracy, rule of law, individual liberty, respect, and tolerance</i>. Pupils will understand what these values are, why they are important and how they can live by them. Pupils will consider the similarities between British Values and the Gospel Values. • UK Political System: Pupils will learn about Britain as democratic country. They will also learn about how Parliament in the UK is structured and what role the House of Lords, House of Commons, and the Monarchy play. • UK Electoral System: Pupils will learn about voting system in the UK and why it is important to vote. Pupils will make links between voting and our responsibly as UK citizens and Christians. Pupils will also know what an MP is and how the UK is divided into constancies. Pupils will learn about what a political party is and the role that they play. • UK Laws: Pupils will consider why laws are important. Pupils will know how laws are made and how an act becomes a law. Pupils will know what the age of criminal responsibility is in the UK. 	<p>Created to Build the Kingdom of God: Careers/Vocation Education</p> <ul style="list-style-type: none"> • Skills & Qualities: Pupils will about their personal qualities and skills and how these are important in the World of work. • What is a career?: Pupils will learn about different careers and how skills are suited to different careers. • Gender Stereotypes: Pupils will learn about what stereotyping is and how this can apply to careers perceptions as well as the implications of law on stereotyping • The Working World: Pupils learn about the importance of Careers Research in making <i>informed decisions</i> for their future. • Future Planning: Pupils will begin to think about their future possibilities; <i>Discover, Explore, Dream</i>.