

Using AI Safely

STOP, CHECK, THINK

Using AI safely and wisely



Don't rush. Pause before you copy, share or act on an AI response.



Take a moment to read carefully.



Don't copy, paste or share yet.



Ask yourself: Is this helping me learn, or is it doing the learning for me?

REMEMBER



AI can make mistakes and even invent information that sounds convincing.



Check the information carefully before you trust it.



Compare the answer with trusted sources (textbooks, reliable websites, class notes, library resources).



Look for evidence, examples and references.



Consider: Who wrote/created this? Could it be biased or incomplete?



Check the date – is the information up to date?



Check with your subject teacher – they can help you confirm, clarify and deepen your understanding.

LOOK FOR

- ✓ Facts and evidence
- ✓ Reliable sources
- ✓ Different viewpoints
- ✓ Up-to-date information
- ✓ Any possible bias or missing details
- ✓ Advice from your subject teachers



Think critically about what it means for your learning and others.



Does this make sense?



Is it fair and respectful?



Can I explain it in my own words?



Is it safe and appropriate to use and share?



Have I followed my teacher's instructions?

BE RESPONSIBLE

- Take responsibility for your learning.
- ★ Give credit and be honest about how you used AI.
- ♥ Use AI to support your learning, not replace your effort.