



BROWNEDGE ST MARY'S
CATHOLIC HIGH SCHOOL
'Let your light shine'

FORMAL REVISION AT BROWNEDGE IN YEAR 11

Introduction

The PPE (Pre-public examinations) process is followed at Brownedge St Mary's in Year 11. This was introduced in 2022, based on pupil voice and feedback where the majority of pupils stated that they struggled knowing HOW to revise, WHEN to revise it and WHAT they needed in each subject. Within each trimester, teaching staff provide revision materials for pupils within the revision cycle. This then leads up to formal examination week/s at the end of the trimester. Pupils are then given mock GCSE results based on their achievement in the PPE examinations.

Trimesters

The PPE Revision process falls into three cycles. Each cycle falls within one trimester – a ten-week teaching block. These run from:

- September to November: CYCLE 1
- November to February: CYCLE 2
- February to May: CYCLE 3

Cycle 3 is the final, GCSE revision cycle and may be referred to as PEP (Public Examination preparations).

PPE Revision programme

The PPE Revision is a success-based revision system, aimed at empowering pupils with WHAT to revise and HOW to do it. Subject specialists plan all pupil revision, with specific tasks set on what core knowledge and/or skills to revisit and how to do it effectively. Pupils are provided with comprehensive, paper booklets, which are also sent home electronically via Firefly. This allows them to take ownership of the revision tasks set, and to also allow parents and carers to support class teachers with the revision process. PPE Revision replaces all other homework, and homework must not be set in addition to the PPE revision.

How to revise

Some revision is paper-based, from textbooks, revision guides or teacher-made booklets. Other revision may be online on sites such as Seneca, LBQ or MathsWatch. We provide a bespoke programme, with your child/ren in mind. All materials are provided for pupils, and parents, and are shared via TEAMS in specific PPE Cycle 1/2/3 channels.

How can you support us at home?

Please see our simple recommendations on the reverse. Structure, routine and support is at the heart of successful revision. Thank you in advance for your ongoing help with this.

Point of contact: If you have any further questions, queries or concerns, please speak to Mrs Crew, Assistant Headteacher on crewa@st-maryshigh.lancs.sch.uk

How to support revision and exam preparation at home:



Make sure you have provided the right ENVIRONMENT for revision to take place:

- ✓ Quiet and calm
- ✓ Private space
- ✓ The right equipment
- ✓ No TV or phones
- ✓ Lots of water for hydration
- ✓ Lots of support and encouragement!



Provide an outlet for STRESS management. Anxiety and stress is completely normal, but help your child manage it effectively.

- Let them talk.
- Listen.
- Help them.
- Know when the exams are.



Enough SLEEP is essential.

Teenagers need between 8 and 10 hours per night.



So be strict with earlier bed times.

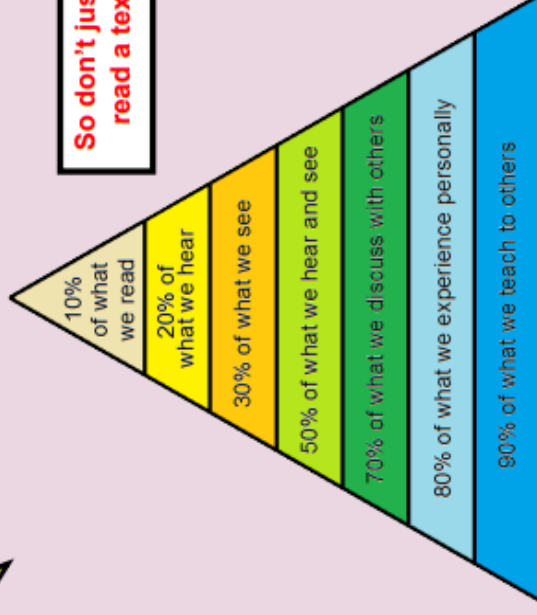


Promote a **HEALTHY** lifestyle!

Encourage your child to eat well. Lots of fresh fruit, vegetables and healthy proteins.

Try to avoid sugary snacks and sweets, as these will only end up in a sugar crash.

Plus, regular exercise is important!



So don't just sit and read a textbook!

The most effective revision technique is teaching what you know to someone else.



Think about the **LEARNING** Pyramid. This shows that we actually remember: