lndicates that a meal option is gluten free or that a gluten free alternative is available. Children can select a jacket potato or a gluten free wrap or sandwich for their lunch too. A selection of gluten free desserts are available daily and children will be offered the option of fresh fruit, yogurt or a gluten free treat.

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Pizza served with wedges (CELERY, MILK, GLUTEN, EGG, SOYA) ⊖	BBQ Chicken Pasta & Garlic Bread (CELERY, SOYA, MILK, GLUTEN)	Roast Pork, Yorkshire Pudding, Roast Potatoes with Gravy  (GLUTEN, EGG, MILK, SO2, SOYA, MUSTARD)	Homemade Sausage Pie, Mashed Potatoes with Gravy (GLUTEN, EGG, S02) ☺	Traditional Fish Cake or Salmon Fish Cake & Chips (GLUTEN, FISH) ☺
Vegetarian Main Course	Vegetable Pasta & Garlic Bread (GLUTEN, MILK, SOYA) ⊖	Vegetable Fingers served with Wedges (GLUTEN, S02)	Quorn Sausage, Yorkshire Pudding, Roast Potatoes & Gravy GLUTEN, EGG, MILK, S02, SOYA, MUSTARD	Homemade Potato and Vegetable Pasty, Mashed Potatoes with Gravy (GLUTEN, S02, EGG)	Fishless Fingers & Chips (GLUTEN)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Parsnips	Broccoli & Baton Carrots	Carrots & Green Beans	Garden Peas & Baked Beans
Dessert	Jelly (NO ALLERGENS) Fruit Pot	Jam Sponge & Custard (GLUTEN, MILK, EGGS) Fruit Kebabs	Flapjack (GLUTEN) Fruit Boat	Apple Crumble & Custard (GLUTEN, MILK)  Fruit Pot	Chocolate Fudge Crinkle Biscuit (GLUTEN, EGGS) Fruit Boat
Pasta Kitchen/ Street Food	Tuna Mayonnaise Layered Pasta Pot 😊 (GLUTEN, EGG, FISH)	Hot Dog (MILK, SO2, SOYA, GLUTEN, SESAME)  Vegetarian Hot Dog (MILK, GLUTEN, SESAME)	Chilled BBQ Chicken Pasta Layered Pasta Pot (CELERY, SOYA, MILK, GLUTEN)	Tomato and Basil Layered Pasta Pot ☺ (GLUTEN, MILK)	Chilled Cheese & tomato Layered Pasta Pot (GLUTEN, MILK,)

Fresh Baked Jacket Potato with

Choice of fillings

Cheese (Milk) Tuna (Eggs, Fish) Beans

available daily

Fresh Sandwiches and Wraps

Fresh Sandwiches and Wraps

Cheese, Tuna, Ham, Egg Mayonnaise

Cheese, Tuna, Ham, Egg, Fish)

(Gluten, Soya, Milk, Egg, Fish)

available daily

Fresh Bread (Wheat, Soya)

Cheese & Crackers (Gluten, Milk)

Cheese & Crackers (Fresh Fruit and Selection, Fresh Fruit and Yoghurts (Milk)

available daily



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WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Naan Cheese Pizza served with Herby Diced Potato (GLUTEN, CELERY, MILK)	Homemade Chicken Curry served with White and Brown Basmati Rice 50/50 rice (CELERY)	Roast Gammon served with New Potatoes and Gravy and Yorkshire Pudding (GLUTEN, MILK, EGGS)	Sliced Chicken served with Gravy and Roast Potatoes (S02)	Fish Fingers served with Chips (FISH, GLUTEN)
Vegetarian Main Course	Vegetable Chilli and Rice  (CELERY, GLUTEN)	Quorn Vegetable Bolognaise (EGG, GLUTEN, MILK, SOYA)	Quorn Sausages served with New Potatoes and Gravy and Yorkshire Pudding (GLUTEN, EGG, MILK)	Macaroni Cheese served with Homemade Garlic Bread (GLUTEN, MUSTARD, SOYA, EGG)	Style Burger served with
Vegetables	Curly Kale & Carrot Rings	Swede & Diced Carrots	Broccoli & Cauliflower	Carrots & White Cabbage	Sweetcorn & Beans
Dessert	Ice Cream (MILK) Fruit Boat	Fruit Jelly (MILK) Fruit Kebabs	Beetroot Brownie (GLUTEN, EGGS, MILK, SOYA) Fruit Pot	Courgette Sponge (EGGS, MILK, GLUTEN) Fruit Pot	Raspberry Bun (MILK, GLUTEN) Fruit Boat
Pasta Kitchen/ Street Food	Tuna Mayo Layered Pasta Pot ☺ (GLUTEN, FISH, EGG)	Chilled Cheese Layered Pasta Pot (GLUTEN, MILK, EGG)	Tomato and Basil Layered Pasta Pot (GLUTEN, MILK)	Chilled Cheese Layered Pasta Pot (GLUTEN, MILK, EGG)	Tomato and Basil Layered Pasta Pot (GLUTEN, MILK)

Fresh Baked Jacket Potato with

Choice of fillings

Cheese (Milk) Tuna (Eggs, Fish) Beans

available daily

Fresh Sandwiches and Wraps

Fresh Sandwiches and Wraps

Cheese, Tuna, Ham, Egg Mayonnaise

Cheese, Tuna, Ham, Egg, Fish)

(Gluten, Soya, Milk, Egg, Fish)

available daily

Fresh Bread (Wheat, Soya)
Cheese & Crackers (Gluten, Milk)
Cheese & Crackers Fruit and
Salad Selection, Fresh Fruit and
Yoghurts (Milk)
available daily



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WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Dippers served with Rainbow Rice (GLUTEN)	Ham and Pineapple Pizza served with Potato Wedges ☺ (GLUTEN, EGGS, MILK, SO2, SOYA)	Roast Chicken served with Yorkshire Pudding & New Potatoes ☺ GLUTEN, EGG, MILK, S02, SOYA, MUSTARD	Cottage Pie (SO2) ☺	Gluten Free Fish Fillet served with Chips © (FISH)
Vegetarian Main Course	Meatless Meatballs in a Tomato and Basil Sauce served with Fusilli Pasta (GLUTEN, MILK)	Homemade Cheese and Onion Quiche served with Potato Wedges (EGGS, GLUTEN, MILK, S02)	Quorn Sausage, Yorkshire Pudding, Roast Potatoes & Gravy GLUTEN, EGG, MILK, S02, SOYA, MUSTARD	Homemade Vegetable Curry served with 50/50 Rice (GLUTEN, CELERY, EGGS, MILK, MUSTARD, SOYA)	Cheese Whirl and Chips (EGGS, GLUTEN, MILK, S02)
Vegetables	Sweetcorn & Garden Peas	Baked Beans & Baton Carrots	Cauliflower & Broccoli	Diced Carrots & Sweetcorn	Baked Beans & Garden Peas
Dessert	Jelly (NO ALLERGENS) Fruit Salad	Cherry Flapjack (GLUTEN, SO2) Fruit Boats	Rice Pudding served with Jam (MILK) Fruit Kebabs	Chocolate Shortbread Biscuit (GLUTEN) Fruit Salad	Pear Crumble and Custard (GLUTEN, MILK) Fruit Pots
Pasta Kitchen/ Street Food	Tuna Mayo Layered Pasta Pot ☺ (GLUTEN, FISH, EGG)	Cheese and Tomato Panini (**) (MILK, GLUTEN, SESAME)	Tomato and Basil Layered Pasta Pot ☺️ (GLUTEN, MILK)	Chilled Cheese Layered Pasta Pot  (GLUTEN, MILK, EGG)	Tuna Mayo Layered Pasta Pot ☺ (GLUTEN, FISH, EGG)







