

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Pizza with Potato Wedges	Cottage Pie* (Mince & Mash)	Roast of the Day with Gravy*	Chicken Curry with Rice	Jumbo Fish Fingers & Chips*
Vegetarian Main Course	See Main Meal Option	Tomato & Basil Pasta Bake*	Quorn Roast with Gravy	Vegetable Curry with Rice	Quorn Nuggets
Vegetables	Green Beans & Sweetcorn	Broccoli & Carrot Batons	Vegetable Medley & Roast Potatoes	Cauliflower & Carrots	Peas & Baked Beans
Dessert	Dessert Whip Fruit Salad	Cherry Shortcake & Custard Fruit Pots	Fruit Jelly Fruit Kebabs	Ginger Sponge & Custard Fruit Boats	Ice Cream Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

*Gluten free option available. Please note: where there are no GF options available for a main meal/ vegetarian course item e.g. on Green Mondays and Thursday week 1, children can select a jacket potato. A selection of gluten free desserts are available daily and children will be offered the option of fresh fruit, yogurt or a homemade gluten free treat.



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Quorn Chilli with Rice	Tuna Pasta *	Roast of the Day with Gravy*	Lasagne & Garlic Bread*	Salt & Vinegar Fish & Chips*
Vegetarian Main Course	See Main Meal Option	Macaroni Cheese*	Quorn Roast with Gravy	Tomato pasta and garlic bread*	Vegetarian Burger & Chips
Vegetables	Peas & Carrots	Broccoli & Carrot Batons	Savoy Cabbage, Cauliflower & Roast Potatoes	Broccoli or Salad	Sweetcorn & Baked Beans
Dessert	Flapjack Fruit Pot	Chocolate Crunch & Custard Fruit Kebabs	Muffin Fruit Salad	Iced Sponge Fruit Boats	Banoffee Pie Fruit Salad

Fresh Baked Jacket Potato with
Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made
sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

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WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Quorn Meatballs	Sausage and Mash*	Roast of the Day with Gravy*	Chicken in Tomato Sauce with Rice and Garlic Bread*	Fish Cake & Chips*
Vegetarian Main Course	See Main Meal Option	Vegetarian Sausage and Mash	Quorn Roast with Gravy	Vegetable Curry with Rice	Quorn Nuggets
Vegetables	Broccoli & Carrots or Corn on the Cob	Green Beans & Carrots or Salad	Sprouts, Honey Glazed Parsnips & Roast Potatoes	Cauliflower & Carrots	Mushy Peas & Beans
Dessert	Dessert Whip Fruit Salad	Jam Sponge & Custard Fruit Kebab	Ice Cream Fruit Pot	Mandarin Orange Sponge & Chocolate Sauce Fruit Boats	Ginger Biscuit Fruit Salad

Fresh Baked Jacket Potato with Choice of fillings
Cheese, Tuna, Beans
available daily

Selection of freshly made sandwiches on a choice of breads
available daily

Fresh Bread, Cheese & Crackers,
Salad Selection, Fresh Fruit and
Yoghurts available daily

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