

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Pizza and oven wedges	Cottage Pie* (Mince & Mash)	Roast of the Day with Gravy*	Chicken Curry & Brown Rice	Jumbo Fish Fingers & Chips*
Vegetarian Main Course	Vegetarian Burger with Oven Wedges	Tomato & Basil Pasta Bake*	Quorn Roast with Gravy	Vegetarian Sausage & Mash*	Cheese Quiche & Chips
Vegetables	Green Beans & Sweetcorn	Broccoli & Carrot Batons	Vegetable Medley & Roast Potatoes	Cauliflower & Carrots	Peas & Baked Beans
Dessert	Peach Melba & Custard	Cherry Shortcake & Custard	Ginger Sponge & White Sauce	Apple Crumble & Custard	Beetroot Brownie & Custard
	Fruit Salad	Fruit Pots	Fruit Kebabs	Fruit Boats	Fruit Salad

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese, Tuna, Beans  
available daily

Selection of freshly made  
sandwiches on a choice of breads  
available daily

Fresh Bread, Cheese & Crackers,  
Salad Selection, Fresh Fruit and  
Yoghurts available daily

\*Gluten free option available. Please note: where there are no GF options available for a main meal/ vegetarian course item e.g. Week 1 Monday, children can select a jacket potato. A selection of gluten free desserts are available daily and children will be offered the option of fresh fruit, yogurt or a homemade gluten free treat.



WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetable Bolognese (Quorn)*	Tuna Pasta Bake*	Roast of the Day with Gravy*	Lasagne & Garlic Bread*	Salt & Vinegar Fish & Chips*
Vegetarian Main Course	Vegetable Quiche	Macaroni Cheese*	Quorn Roast with Gravy	Tomato pasta and garlic bread*	Vegetarian Burger & Chips
Vegetables	Peas & Carrots	Broccoli & Carrot Batons	Savoy Cabbage, Cauliflower & Roast Potatoes	Broccoli or Salad	Sweetcorn & Baked Beans
Dessert	Fruit Flapjack	Cornflake Tart & Custard	Rice Pudding & Fruit Compot	Courgette Sponge & Custard	Banoffee Pie
	Fruit Pot	Fruit Kebabs	Fruit Salad	Fruit Boats	Fruit Salad

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WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Vegetarian Lasagne (Quorn)*	Sausage and Mash*	Roast of the Day with Gravy*	Chicken Pasta in Tomato Sauce with Garlic Bread*	Salmon Fish Fingers & Chips*
Vegetarian Main Course	Vegetarian Fajitas	Vegetarian Sausage and Mash	Quorn Roast with Gravy	Vegetable Curry with Brown Rice	Pizza Wrap
Vegetables	Broccoli & Carrots or Corn on the Cob	Green Beans & Carrots or Salad	Sprouts, Honey Glazed Parsnips & Roast Potatoes	Cauliflower & Carrots	Mushy Peas & Beans
Dessert	Carrot & Orange Cake Fruit Salad	Jam Roly Poly & Custard Fruit Kebab	Manderin Orange Sponge & Chocolate Sauce Fruit Pot	Flapjack Fruit Boats	Ginger Biscuit Fruit Salad

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