

## The mindful approach to PSHE

Jigsaw brings together Personal, Social, Health and Economic education, emotional literacy, social skills and spiritual development in a lesson-a-week programme.

Designed as a whole school approach, Jigsaw provides a comprehensive scheme of learning for Foundation Stage to Year 6.

Jigsaw holds children at its heart and its cohesive vision helps children understand and value who they are and how they fit and contribute to the world.

Click on the picture below to find out more.

