© Indicates that a meal option is gluten free or that a gluten free alternative is available. Children can select a jacket potato or a gluten free wrap or sandwich for their lunch too. A selection of gluten free desserts are available daily and children will be offered the option of fresh fruit, yogurt or a gluten free treat.

WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Free Dipper Wrap served with Wedges (GLUTEN, SO2)	Sausage & Mash Potato With Gravy (29 (GLUTEN, SO2)	Roast Gammon, Yorkshire Pudding, Roast Pots & Gravy  (GLUTEN, MILK, EGG, SO2)	Chicken and Tomato Pasta & Garlic Bread (2) (GLUTEN, EGG, MILK, SOYA)	Salmon Fishcake & Chips  Or Chicken Nuggets & Chips (FISH, GLUTEN) (GLUTEN, MILK, CELERY, MUSTARD, SOYA)
Vegetarian Main Course	Green Cuisine Vegetable Fingers served with Wedges (GLUTEN, SO2)	Sweet Potato & Vegetable Pie with Gravy (GLUTEN)	Vegetarian Sausage, Yorkshire Pudding, Roast Potatoes & Gravy (GLUTEN, MILK, EGG, SO2)	Spanish Vegetable One Pot ♥ (MILK, EGG, SO2)	Homemade Cheese Omelette & Chips (EGG, MILK)
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Diced Carrots	Cauliflower & Broccoli	Garden Peas & Baked Beans
Dessert	Ice Cream (MILK) Fruit Pot	Orange Shortbread (GLUTEN, SOYA) Fruit Pot	Chocolate Vanilla Biscuit (GLUTEN, MILK, SOYA)  Fruit Pot	Strawberry Flapjack (GLUTEN)  Fruit Pot	Viennese Whirls (GLUTEN, SOYA)  Fruit Pot
Chilled Pasta Kitchen	Chilled Cheese and Mayo Pasta Pot 😊 (GLUTEN, MILK, EGG)	Chilled Cheese and Tomato Pasta Pot © (GLUTEN, MILK)	Chilled Tomato & Basil Pasta Pot   (GLUTEN, MILK)	Chilled Tuna Mayo Pasta Pot  (GLUTEN, FISH, EGG)	Chilled Chicken and Tomato Pasta Pot (Chuten, MILK, EGG, SOYA)
Street Food				Pizza Wrap 😊 (GLUTEN, MILK)	

Fresh Baked Jacket Potato with
Choice of fillings
Cheese (Milk) Tuna (EGGS, FISH) Beans
available daily

Fresh Sandwiches and Wraps

Fresh Sandwiches and Wraps

Cheese, Tuna, Ham, Egg Mayonnaise

Cheese, Tuna, Ham, Egg, Fish)

(Gluten, Soya, Milk, Egg, Fish)

available daily

Fresh Bread (Wheat, Soya)

Cheese & Crackers (Milk, Gluten)

Cheese & Crackers (Milk, Gluten)

Salad Selection, Fresh Fruit and

Yoghurts (Milk)

available daily



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WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese & Tomato Pizza with Potato Wedges (GLUTEN, CELERY, MILK, SOYA, SO2, EGG)	Sausage & Tomato Pasta (GLUTEN, MILK, MUSTARD, SO2, SOYA)	Sliced Chicken with Mash Potato, Yorkshire Pudding & Gravy (CGG, GLUTEN, MILK, SO2)	Roast Gammon, New Potato & Cauliflower Cheese (GLUTEN, MILK, SO2, SOYA)	Gluten Free Fish and Chips  ©  (FISH)
Vegetarian Main Course	Spring Vegetable Pasta	Quorn Vegetable Curry & Rice (EGG, MUSTARD, SO2)	Vegetarian Sausage, Yorkshire Pudding, Roast Potatoes & Gravy (GLUTEN, MILK, EGG, SO2)	Macaroni Cheese & Garlic Bread ☺ (GLUTEN, MILK, MUSTARD, SOYA)	Cheese & Onion Pie and Chips (GLUTEN, EGG, MILK, SOYA)
Vegetables	Beans & Sweetcorn	Savory Cabbage & Baton Carrots	Green Beans & Ring Carrots	Sweetcorn & Carrots	Garden Peas & Baked Beans
Dessert	Ice Cream (MILK) Fruit Pot	Oat Biscuit (GLUTEN, EGG, MILK, SOYA) Fruit Pot	Ginger Sponge (GLUTEN, EGG, MILK, SOYA) Fruit Pot	Beetroot Brownie (GLUTEN, MILK, EGG, SOYA) Fruit Pot	Sponge Cake & Custard (GLUTEN, EGG, SOYA, MILK)  Fruit Pot
Chilled Pasta Kitchen	Chilled Cheese and Mayo Pasta Pot  (GLUTEN, MILK, EGG)	Chilled Cheese &Spring Vegetables Pasta Pot ☺ (GLUTEN, MILK)	Chilled Sausage & Tomato Pasta Pot ♥ (GLUTEN, MILK, MUSTARD, SOYA, SO2) Chilled Vegetarian Sausage & Tomato Pasta Pot (GLUTEN, MILK, MUSTARD, SOYA)	Chilled Tuna Mayo Pasta Pot <sup>©</sup> (GLUTEN, FISH, EGG)	Chilled Tomato & Basil Pasta Pot ☺ (GLUTEN, MILK)
Street Food				Hot Dog (GLUTEN, CELERY, MILK, MUSTARD, SOYA, SESAME) Or Vegetarian Hot Dog (GLUTEN, CELERY, MILK, MUSTARD, SOYA, SESAME)	
Ch	eresh Baked Jacket Potato with Choice of fillings Choice of fillings Choice of fillings (Milk) Tuna (Eggs, Fish), Be available daily	ans Fresh Cheese, (Who	Sandwiches and Wraps Funa mayo, Ham, Egg Mayo Funa mayo, Milk, Fish, Egg) Fat, Soya, Milk, Fish, Egg) Fatallable daily	Fre Chee Sala	esh Bread (Wheat, Soya) esh Bread (Wheat, Soya) ese & Crackers (Milk, Gluter ess & Crackers (Milk) available daily

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WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese and Tomato Pizza served	Homemade Chicken Curry	Sliced Chicken with Mash	Beef Bolognaise served with	Jumbo Fish Fingers
	with Potato Wedges 😊	served with Boiled Rice 😊 *	Potato, Yorkshire Pudding &	Wholemeal Pasta 😊	served with Chips
	(GLUTEN, MILK, SOYA, EGG, CELERY,	(CELERY)	Gravy 😊	(GLUTEN)	<u>©</u>
	SO2)	***	(EGG, GLUTEN, MILK, SO2)		(GLUTEN, FISH, MILK,
		*May contain Gluten			MUSTARD)
Vegetarian Main	Meatless Meatballs in a	Cheese and Red Pepper	Vegetarian Sausage,	Vegetable Fajita's served with	Cheese whirl served
Course	Homemade Tomato Sauce served	Quiche served with Boiled	Yorkshire Pudding, Roast	Mixed Salad 😊	with Chips
	with Spaghetti (GLUTEN, SOYA, MILK)	Potatoes	Potatoes & Gravy 😊	(GLUTEN, CELERY, MILK)	(GLUTEN, EGG, MILK, SO2)
	(GLOTEN, SOYA, WILK)	(GLUTEN, EGG, MILK, SOYA, SO2)	(GLUTEN, MILK, EGG, SO2)		302)
Vegetables	Beans & Sweetcorn	Diced Swede & Green	Cauliflower & Carrots	Savoy Cabbage & Mashed	Baked Beans & Green
vegetables	2545 64 547 555555111	Beans		Swede	Beans
Dessert	Ice Cream	Lemon Cake Drizzle	Chocolate Muffin	Apricot Flapjack	Jelly
Dessert	(MILK)	(GLUTEN, EGG)	(GLUTEN, EGG)	(GLUTEN)	·
	Fruit Pot	Fruit Pot	Fruit Pot	Fruit Pot	Fruit Pot
51 W 1 5					CI III I D
Chilled Pasta	Chilled Cheese & Mayo Pasta	Chilled Cheese and tomato	Chilled Tomato & Basil	Chilled Tuna Mayo Pasta	Chilled Beef
Kitchen	Pot 😊	Pasta Pot 😊	Pasta Pot 😊	Pot 😊	Bolognaise Pasta Pot
	(GLUTEN, MILK, EGG)	(GLUTEN, SOYA, MILK)	(GLUTEN, MILK)	(GLUTEN, FISH, EGG)	(CITIZEN PATRIX)
					(GLUTEN, MILK)
Street Food				Cheese and Tomato	
Sireet rood				Toastie 😊	
				(GLUTEN, MILK, SOYA)	
				( = = ,,	

Fresh Baked Jacket Potato with

Choice of fillings

Cheese (Milk) Tuna (Eggs, Fish) Beans

available daily

Fresh Sandwiches and Wraps

Fresh Sandwiches and Wraps

Cheese, Tuna Mayo, Ham, Egg Mayo

(Wheat, Soya, Fish, Egg, Milk)

(Wheat, Soya, Fish, Egg, Milk)

available daily

Fresh Bread (Wheat, Soya)

Cheese & Crackers (Milk, Gluten)

Cheese & Prackers (Milk)

Salad Selection, Fresh Fruit and

Yoghurts (Milk)

available daily

