











WEEK 1	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Meat Balls In Tomato Sauce With Spagetti 	Beef Chilli With Mixed Rice rice 	Roast chicken and stuffing with roast potatoes and gravy	Chicken and tomato pasta bake	Fish of the day with chips
VEGETARIAN MAIN DISH	Vegetarian shepherd's pie 	C Cheese And Tomato Quiche With New Potatoes  	Roast Quorn™ fillet with roast potatoes and gravy 	Macaroni cheese	Quorn nuggets with chips
ACCOMPANIMENTS 	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
DESSERTS	Fresh baked muffins	Shortbread biscuits and mandarins 	Chocolate crunch And Custard	Flapjack And Custard	Fruit and ice cream 
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection