



Curriculum Statement for the Teaching and Learning of Physical Education

Our values-based school nurtures curiosity and creativity through an inspiring, broad and engaging curriculum, where learning is at the heart of all that we do. Our children learn to become resilient and self-assured in an environment where safety is paramount. Everyone is challenged and encouraged to thrive and achieve as individuals, preparing them for their role as caring and active citizens in modern Britain.

Intent	<p>At Buckton Vale we aim to provide a high-quality sports provision in a safe and supportive environment. We aim to support all children to attain optimum physical and emotional development and good health. We aim to teach the children skills to collaborate and cooperate with other and how to work in an effective team, understanding fairness and equity of play to embed life long-learning values. Our well thought out curriculum aims to improve the fitness and wellbeing of all the children and teach the life-saving skills of swimming 25 meters and cope in an emergency situation.</p> <p>We aim for all children to be active for sustained periods, make healthy life choices and be able to join in a range of sporting competitive events both in and outside of school.</p>
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	The Teaching of Skills	Evaluating and improving	Fitness and Health
Underpinned by	<p>A well structured skills progression of lesson throughout the key stages and extended PE offer. We use Active Tameside and Inspire Sports to provide high quality teaching and provide CPD for teachers. We ensure all children have access to a range of sports, gymnastics, dance and outdoor, adventurous activities throughout their time at Buckton Vale. Children are also given opportunities to take part in inter and intra school competitions.</p>	<p>Children are encouraged to reflect on their skills and compare and comment on their performance and that of others. They are taught how to evaluate new skills and work to improve them.</p>	<p>We aim to support the children to maintain a healthy life and support them to make healthy life choices. Children take part in weekly PE sessions and are encouraged to take part in regular extra-curricular competitive and non-competitive activity.</p>



	Curriculum offer	Enrichment	Competition
Implementation	<p>Children are offered a wide range of physical activities. These range from</p> <ul style="list-style-type: none">• net and wall games• strike and field games• invasion games• gymnastics• dance• outdoor adventurous activity. <p>Children take part in competitive competition against local schools and join specialist taught sessions.</p> <p>Children also take part in regular, quick sessions within the classroom using 5 a day and Go Noodle.</p> <p>Children in Year 5 attend weekly swimming lessons.</p> <p>Children are offered a range of sports lead by sport coaches during the lunch break as well as a range of sporting after school clubs.</p>	<p>We provide all children with opportunities in extra-curricular activities that are inclusive, enjoyable and increase their physical activity.</p> <p>Children take part in PE lessons with Active Tameside throughout the academic year and dance lessons with a specialist dance teacher from Inspire sports.</p> <p>Afterschool clubs are offered through Inspire sports who offered skilled expertise in a range of sports and physical education.</p>	<p>Children are invited to take part in Inter and Intra level competition. They learn how to be good competitors and learn behaviours to support each other in both winning and losing. Children take part in heats and finals and develop team spirit and comradery.</p>



	Pupil Voice	Evidence and Knowledge	Healthy life choices
Impact outcomes	<p>Children talk about Physical Education lesson positively. They enjoy the range of activities offered and are keen to share views on how they want to further improve the subject. Children are able to talk about why physical activity is important and how to lead healthy life and make healthy choices. Children enjoy the range of activities on offer during lunch time and specialist time with the coaches.</p>	<p>Children can explain the effect physical education has on their health and body and explain why it is important.</p> <p>Children develop skills in working as team, they develop positive relationships and a positive work ethic.</p> <p>Children learn to link skills and develop them as they move through the Key Stages. They learn the importance of rules and safety features of using equipment and playing games.</p> <p>Children develop a passion and stamina for sport, dance and gymnastics both competitive and non-competitive.</p>	<p>Children use knowledge from regular physical education lessons and are able to make healthy life choices. They understand the importance of the choices made both for food and activity. Through the structure physical education offer children are able to make choices to live a long and healthy life.</p>