

**Message from Mrs Brown**

Good afternoon,

Please accept my apologies for the delayed newsletter. I appreciate your patience and understanding as we continue to struggle with staffing complications and absence. For this reason, this week's newsletter is lengthy so thank you in advance for taking the time to read through it.

Wishing you a wonderful weekend.

Mrs Brown

Earrings & Smart Watches

Over the past week we have had a number of children arrive in school wearing earrings and smart watches. As part of our uniform policy, smart watches are not permitted in school and earrings should not be worn. This includes the very small clear plastic earrings. Can we please ask you to ensure your child does not arrive at school wearing earrings or smart watches. Any child who attends school with these items will be asked to remove them and they will then need to be collected from the school office at the end of the day.

Spare footwear – Years 3 and 4

Next week, children in Classes Year 3, Year 3/4 and Year 4 will have the opportunity to have lunchtime on the field. We are asking that all children bring in a spare pair of outdoor shoes for lunchtimes. Also, please ensure spare footwear is clearly named along with any other uniform items.

New Caretaker Appointed

We are pleased to advise that we have now successfully appointed a new Caretaker/Site Manager. We welcome Mr Earl Darraugh to the Buckton Vale staffing team.

"I am pleased to become a staff member of Buckton Vale Primary. I am a married man, father of 2 and Grandad to 6 grandchildren. I am also a keen football fan; a life long supporter of Manchester City! My hobbies are fishing; mainly sea fishing (which I do from my boat in Anglesey)

I look forward to meeting you all." Earl

Stars of the Week

Stars of the week for this week and last week as below. These will still be announced in class every Monday, until we can resume the assemblies.

Reception Acorns	Matilda P, Rory L & Archie L
Year 1 Silver Birch	Oscar E, Dylan S & Harriett B
Year 2 Sycamore	Mila C, Sofia McC & Parker D
Year 2 Beech	Esme W, Charlotte T, Daisy F
Year 3 Hazel	Charli C, Emma K & Logan H
Year 3/4 Rowan	Alex D, Eve W & Harry T
Year 4 Juniper	Penny M, Maddie D & Penny M
Y5 Maple	Isaac F, Xander F & Darcy W
Year 5/6 Oak	Eddie M, Dylan B & Nell S
Year 6 Cherry Blossom	Sam B, Ellie C & Zak N
Inspire Sports	Esme W, Nico O-E & Willow W

Dates for your diary - 3 dressing up days!

Friday 11th February – Dress to Express yourself

Thursday 3rd March – Dress up for World Book Day

Friday 18th March – Dress as a scientist (or science theme) for British Science Week

From 7th to 13th February 2022, Buckton Vale will take part in **Children's Mental Health Week**. This year's theme is Growing Together.



Growing Together is about growing emotionally and finding ways to help each other grow. Challenges and setbacks can help us to grow and adapt and trying new things can help us to move beyond our comfort zone into a new realm of possibility and potential. However, emotional growth is often a gradual process that happens over time, and sometimes we might feel a bit 'stuck'.

For Children's Mental Health Week 2022, we will be encouraging children (and adults) to consider how they have grown and how they can help others to grow. On **Friday 11th February 2022**, we are celebrating Children's Mental Health Week by 'Dressing to Express'. We would like you to wear your favourite colour, a range of colours or a whole unique outfit to express how you are feeling.

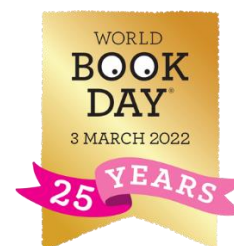
Mrs Quinn – Deputy Head Teacher

World Book Day

In 2022, we are celebrating the 25th anniversary of World Book Day -with the message for all children '**you are a reader!**' To celebrate this special day, we would like the children to come to school dressed as their favourite book character, favourite author or favourite non-fiction subject or theme.

This could be as simple as a tabard or t-shirt with top facts or illustrations from books. If you would like some inspiration visit www.worldbookday.com/dressing-up-ideas/. We can't wait to see how you choose to dress! Keep a look out on the whole school Class Dojo page for updates and information on our World Book Day celebrations.

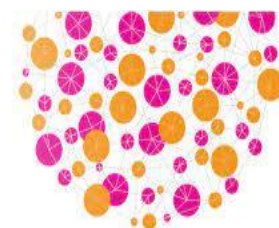
Miss Woodhouse – English Lead



Science Dressing-up Day



11-20 March
British
Science
Week
2022



To celebrate British Science Week this year, we would like the children to come to school dressed as a scientist! This could be a named, renowned scientist or an important modern-day scientist. Think of scientists such as David Attenborough, Mae C. Jemison, Ada Lovelace, Marie Curie, Dr Elizabeth Blackwell, Jane Goodall or Neil deGrasse Tyson. When you start to think about it, there are endless options of scientists to recreate for our Science Dressing-up day!

If children come as a named, famous scientist (either modern or one of the greats) it would be wonderful if each child could also do some research into the scientist, so that they can talk about them and the science they are well known for, with their class. Alternatively, children can come dressed with a science theme - decorate a t-shirt with science vocabulary and diagrams.

We can't wait to see how you choose to dress as a scientist or with a science theme! Start planning your outfit ready for **Friday 18th March**.

Mrs McQuillan – Science Lead

Cool Milk



Any child wishing to have milk will need to be registered with Cool Milk. Simply click on this link [Order school milk for your child | Cool Milk](#) which will take you to the Cool Milk site. This is where you will be able to find further details and instructions of how to register your child.

We are aware some parents, especially in Y1 Silver Birch, have registered but as yet, have not made any upfront payments. Cool Milk operate on a **pre-payment** basis, and you can choose to pay for the half term, the full term or the full academic year. Therefore, the dairy will not provide school with milk until an initial payment has been received.

Parent Peer Support Group

Anthony Seddon, Tameside Parenting and Action Together have joined together to facilitate a support group for parents of children under 18, experiencing mental health difficulties or living with a mental health condition. It is an informal place where parents can share their experiences and discuss how they feel with like-minded people, alongside the support of their team.

2022 dates

These sessions will take place on the fourth Tuesday of every month. Please check times with Sue Brookes whose contact details are below.

The Anthony Seddon Centre, 12 George Street, Ashton-Under-Lyne, OL6 6AQ

If parents, carers or a worker would like more information please contact: Sue Brookes on 07402 382923 or via email sue.brookes@actiontogether.org.uk

YouTube Supervised Experience

YouTube Supervised Experience

Supervised Experience builds on the historic Restricted Mode, which is essentially a filter allowing users to block content which is deemed for adult users only. There are now 3 filtering levels which are:

- Explore - for users 9+.
- Explore More - for users 13+
- Most of YouTube - all content excluding content marked as 18+.

Parents can manage these settings from their own device via Google Family Link. There's a really simple and helpful guide [HERE](#) which shows a walkthrough of how to set everything up.

Brass Band Sessions

Brass Band sessions have now resumed after being postponed due to COVID 19 cases increasing within school. If your child took part in these sessions last term, they will automatically continue until July 2022.

Session times are as follows:

First Session (**Yr6 pupils only**) starts at 8.15am - entrance via the main office.

Second Session starts at 8.45am - please arrive at school for 8.40am via the main office.

Last session starts at 9.15am - children in this group can come to school at their usual time.

In the Spot Light



Recently, one of our Upper Key Stage 2 children, played his first match of the year at Belle Vue Sports Village, scoring 4 goals for his team. What a great start to the year and he's looking forward to another match tomorrow! Good Luck!

Reminder of Dates Reminder

Thursday 3 rd February 2022	Sports Athlete visit to school
Friday 11 th February 2022	Express Yourself Day in support of Mental Health Day– children can wear their own clothing to express themselves
Wednesday 16 th February 2022	Yr6 Career Convention at Mossley Hollins – letter to follow
Thursday 17 th February 2022	Yr6 Career Convention at Mossley Hollins – letter to follow
Friday 18 th February 2022	School closed for Half term
Monday 28 th February 2022	School re-opens
Thursday 3 rd March 2022	World Book Day children can dress up as their favourite book Character
Friday 18 th March 2022	Children can dress as a scientist (or science theme) for British Science Week

Out of hours Clubs (10th January until February Half term)



Inspire **BREAKFAST CLUB** is open from **8 am**. If you require a place, bookings are made directly with Inspire Coaching using this link

<https://inspire-sports-coaching.class4kids.co.uk>

Childcare vouchers are acceptable as payments. If you wish to use vouchers as payment, please contact Mr. Williams via email at

info@inspire-sc.co.uk

Bookings can now be made for the afterschool clubs after half term using the link above.

Below is the list of clubs on offer for a contribution of £3 per session and are bookable for the full half term (**Monday 10th January until February Half Term**)

Mon	3.15pm – 4.15pm	Off the Blocks for UKS2 (Y5 & Y6)	This will run for the next 4 weeks, starting Monday 23 rd January
Tue	3:15 pm - 4:15 pm	KS2 Football (Y3 to Y6)	https://inspire-sports-coaching.class4kids.co.uk
Thurs.	8:00am – 8:45 pm	Martial Arts	Book via school Eduspot online (school shop)
Thurs.	3:15 pm - 4:15 pm	KS2 Dodgeball (Y3 to Y6)	https://inspire-sports-coaching.class4kids.co.uk
Thurs	3:15pm – 4:15pm	UPKS2 Netball (Y5 & Y6)	Book via school Eduspot online (school shop)
Fri	3:15 pm - 4:15 pm	KS2 Dance/Gymnastics (Y3 to Y6)	https://inspire-sports-coaching.class4kids.co.uk

Martial Arts is back running as usual on Thursday mornings at 8am. Anyone who booked a place prior to the postponements before Christmas will automatically have a place so no action is required. There are spaces available for any new comers, who would be warmly welcomed.

Inspire Half Term Holiday Camp

Inspire Sports Coaching holiday club is back and will be running at Buckton Vale Primary School during the February Half Term. The sessions will run on:

- Monday 21st - Thursday 24th Feb 9am - 3pm
- Early Drop offs and late pick-ups available
- Sibling discounts
- Full week discounts

We will be offering a range of sports, fun games, activities, treasure hunts, dance, cheerleading, arts crafts and much more. As part of the work we do, we support wellbeing through sport so we will be doing plenty of sessions to improve emotional health too.

If you want your child to have fun, keep active & meet new friends, then our holiday club is the place to be.

We are OFSTED registered and accept childcare vouchers and tax-free childcare. Please let us know who your childcare voucher provider is prior to booking, so we can let you know how to proceed with your booking.

Places will go fast so BOOK now to avoid disappointment.

Use this link to book <https://inspire-sports-coaching.class4kids.co.uk>

Inspire Sports Active Holiday Camps

Secure Online Booking System and Childcare Vouchers Accepted

Ofsted Registered

Only £18 per day

FEBRUARY HALF TERM MON 21ST - THURS 24TH

9AM - 3PM

Buckton Vale Primary School Early Drop Offs & Late Pick Ups

info@inspire-sc.co.uk www.inspire-sc.co.uk

In the Community

FREE Online Courses

• Understanding your teenager's brain

FREE Online Course

Understanding your child's mental health and wellbeing

Visit: www.inourplace.co.uk
Access code for Tameside residents: **SUNFLOWER**

For technical support contact: solihull.approach-parenting@heartofengland.nhs.net
Or call 0121 296 4448
Mon-Fri 9am-5pm

FREE Online Course

Understanding your child

Visit: www.inourplace.co.uk
Access code for Tameside residents: **SUNFLOWER**

For technical support contact: solihull.approach-parenting@heartofengland.nhs.net
Or call 0121 296 4448
Mon-Fri 9am-5pm

FREE Online Course

Understanding your child's feelings

Visit: www.inourplace.co.uk
Access code for Tameside residents: **SUNFLOWER**

For technical support contact: solihull.approach-parenting@heartofengland.nhs.net
Or call 0121 296 4448
Mon-Fri 9am-5pm

WHAT IS PARENTAL CONFLICT AND WHY SHOULD WE BE CONCERNED?

This is not Domestic Abuse or Domestic Violence

Conflict within a relationship is quite normal and when resolved well can provide valuable lessons to the children of the couple. It shows them that you can disagree at times and still enjoy a loving and caring relationship.

The problems begin when the conflict is frequent, intense and poorly resolved. This can have a lasting effect on the child's mental and physical health as well as the possibility of affecting attachment, future relationships and their own sense of self worth.

WHAT ARE THE SIGNS OF PARENTAL CONFLICT?

There are many signs to look out for, the Gottman Institute has dubbed four of the most commonly seen ones as "the Four Horsemen of the Apocalypse"

- Criticism
- Contempt
- Defensiveness
- Stonewalling

HOW CAN WE HELP?

If you recognise the above issues with families that you are working with and you would like some additional support and knowledge on how to approach the subject and support them effectively.

We are able to support you with our Reducing Parental Conflict training package alongside a toolkit we have developed with nine other councils across Greater Manchester.

For more information or advice please contact us at parentingreferrals@tameside.gov.uk or visit our website at www.tameside.gov.uk/3/parenting