



*Opening up the world for our
children and families*

PE Policy

Date: January 2020

Review: January 2022

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Intent

At Burrowmoor, we aim to create a culture that encourages all children to become more active through the PE curriculum we offer. We provide a safe and supportive environment for children to flourish in a range of different physical activities, which is essential in supporting their physical and social development. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and using the medium of sport, increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with independence, creativity and resilience.

Children will be:

- exposed to excellent PE practises that include safety aspects such as warming up and cooling down
- encouraged to develop their understanding of the way in which they can use their body, equipment and apparatus safely yet imaginatively
- able to develop their personal stamina and strength; this in turn will aspire them to increase their ability in both their fine and gross motor skills
- able to appreciate the concepts of fair play, honest competition and good sportsmanship
- encouraged to use good communication skills to bring about better collaboration
- developing the capacity to maintain their interest and enjoyment and to persevere to achieve success in a range of PE activities
- developing their self-confidence, through understanding the capabilities and limitations of oneself and others
- Assess, evaluate and improve their own performance/s
- opened up to a range of aspiring sporting personalities, both in the surrounding community, nationally and in the wider world
- made aware of the clubs available locally, both at school and in the community that encourages future, active citizens who will benefit for their long-term health and well-being

Implementation

Teachers will provide a broad and balanced physical education, which will develop the children's self-confidence, self-esteem, creativity and skills. In the course of physical education lessons, staff will develop this ethos by:

- Providing an effective working environment, in which each child can achieve his or her maximum potential.
- Providing children with meaningful, purposeful tasks, related to the National Curriculum programmes of study and the Foundation Stage Profile.
- Providing positive role models.
- Providing a fair and disciplined environment, in line with the school's behaviour policy.
- Maintaining purposeful and informative planning, record keeping and teacher assessment.
- Developing links with the wider community.
- Valuing and celebrating pupils' success achievements.
- Reviewing personal and professional development by providing appropriate INSET, training and support from colleagues in order to ensure a high level of professional expertise.

Expectations

- PE kit - All children are expected to participate unless excused on medical grounds, in which case requests must be made in writing.
- All children will be expected to change so that they can move freely for PE lessons. Jewellery will be asked to be removed as a safety measure. Long hair must be tied back and earrings should be removed.

Opportunities

- Residential Trips - These trips take place annually and involve many crosscurricular activities. They explore their environment in group tasks, developing group and communication skills.
- Forest School – These sessions take place regularly and support the development of a range of physical skills and group work activities.

Assessment Opportunities

- Planning a warm up for a PE lesson.
- Planning a sequence in dance.
- How children transfer floor work to the apparatus in educational gymnastics.
- Observing partner or group work.
- Inventing an aiming/throwing/batting game.
- Evaluating others' work and their own.

Impact

The intended impact of the PE curriculum is that the majority of children in each year group are working at or above the expected level for their age. Teachers will assess children against key objectives from the PE curriculum. In addition, it is the intended impact that the children;

- Are inspired by the PE curriculum and want to learn more
- Show the progression in their skills, knowledge and understanding in their work
- Can discuss their learning and remember what they have learned
- Can identify some inspirational sporting people from a range of sports