

## **Play Policy**

**Play is an essential part of a child's life. The Club takes children's play seriously. It is the role of the playworker to offer a wide range of play opportunities that enable children to play freely and be the masters of their own play.**

All children and young people need to play: the impulse to play is innate. Play is a biological, psychological and social necessity, and is fundamental to the healthy development and well being of individuals and communities.

Play is a process that is freely chosen, personally directed and intrinsically motivated. That is, children and young people determine and control the content and intent of their play, by following their own instincts, ideas and interests, in their own way for their own reasons.

The prime focus and essence of playwork is to support and facilitate play.

To play is to allow one to freely explore and make sense of the world, experiment, and express things without fear of judgement.

### **To best facilitate children's play**

The role of the playworker is to support all children and young people in the creation of a space in which they can play.

The environment will be set up prior to children arriving and will include a range of play opportunities.

Children will be confident in making requests for other equipment. Equipment may be used in conjunction with other equipment.

Children are not required to be occupied at all times.

The playworker's response to children and young people playing is based on a sound up to date knowledge of the play process, and reflective practice.

Playworkers recognise their own impact on the play space and also the impact of children and young people's play on the playworker.

Playworkers choose an intervention style that enables children and young people to extend their play. All playworker intervention must balance risk with the developmental benefit and well being of children.

A record of activities and play opportunities will be kept and reviewed to ensure that appropriate ranges of play types are offered.

Playworkers recognise that children need to put their own creative style and ideas into their creations such as cooking, arts, crafts, sports and gardening.

Children will be involved in planning activities so that the programme reflects their opinions. Activities will be carefully planned to allow children to build on their natural curiosity, advance their thinking and use their imagination.

Children will be given notice when their play must come to an end. If a play request is refused an explanation will be given.

### **Outdoor Play**

Children will be offered access to outdoor play every day, with the exception of severe weather conditions.

Any outdoor play will take place in safe, appropriately supervised spaces. Before any outdoor activities commence, safety checks are carried out.

The Club's equipment and resources reflects positive images with regard to culture, ethnicity, gender, and disability.

Activities will be evaluated by staff and children regularly so play experiences and activities can be improved.

### **Equipment**

The club will provide a wide range of resources and equipment in order to provide a range of play opportunities and activities and enhance children's play experiences.

Resources will, whenever possible, show men and women in a variety of roles and jobs, and people with different abilities being both active and creative. Examples of every day life will portray people from a variety of family groupings and cultural backgrounds in a range of non-stereotypical roles.

The Club provides a wide selection of books that are regularly updated, as financial resources allow. The selection will always include reference books, dual language books and a range of age-appropriate formats. Staff are encouraged to select books that reflect a multicultural society and challenges stereotypes.

An Inventory record will be kept which will be used to see gaps in equipment. It will be updated whenever a new item is added or when an old item is removed from use.

This policy was adopted at a meeting of Burrowmoor Out of School Club  
Held on (date) \_\_\_\_\_  
Signed on behalf of the Management Committee/Proprietor \_\_\_\_\_  
Role of signatory (e.g. chairperson etc.) \_\_\_\_\_  
This policy was reviewed on \_\_\_\_\_ (date)  
*continue as necessary* \_\_\_\_\_ (date)