



BURSCOUGH PRIORY ACADEMY

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Executive Headteacher: Mrs L. A. Gwinnett

Ref: 3032 RSH

23rd October 2020

Dear Parents/Guardians

Practical Physical Education Lessons

I am delighted to announce that after the half term holiday, we will be re-instating practical PE lessons to our curriculum. Initially we will be delivering at least one practical PE lesson per week to students in all years.

A substantial amount of planning has taken place to ensure that students are all able to undertake practical PE in a safe environment. In order that we are able to safely distance the number of students in the changing rooms at any one time, the practical sessions will be delivered to each class in rotation. In practice this means that students may have a non-kit lesson, where they undertake PE indoors, as we have been doing this term, wearing their training shoes. Or they may have a full practical lesson during which they will change into their full PE kit and their lessons will be delivered outside.

To facilitate the organisation of the kit/non-kit lessons, I would like all students to bring their PE kit to each of their timetabled PE lessons in the first week back. They will then be notified which group they will be working in on the first rotation and which lessons they will need their full kit for. Reminder: school PE kit includes football socks, shorts, top and trainers, as well as PPE equipment (Shin pads and football boots/suitable footwear for the field).

In the first practical units students will cover a range of activities including; football, netball, basketball, rugby, handball and cross country. The delivery of these activities will follow guidance from national sports governing bodies to ensure students remain safe whilst taking part in every activity.

Please be aware that throughout the academic year pupils will be expected to bring footwear suitable for the field. Pupils should bring either studded boots or trainers with suitable grip. Shin pads must also be worn during Football as this is mandatory.

If you have any concerns or questions, please do not hesitate to contact me.

Yours faithfully

R Sheard

Mr R Sheard
Leader of PE



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