## PSHCE Overview 2021-22

Year group	Tuesday 5 October 2021	Wednesday 24 November 2021	Thursday 13 January 2022	Wednesday 16 March 2022	Tuesday 7 July 2022
Year 7	<ul> <li>British Values</li> <li>All types of discrimination and bullying. The importance of tolerance- appropriate language. Equality/tolerance and respect.</li> <li>Making Friends/Relationships – talking about emotions and feelings</li> <li>Developing independent learning</li> </ul> CEIAG FAME programme and assembly introduction	<ul> <li>Bullying -Peer pressure. making decisions, what is right and what is wrong. Name calling</li> <li>Healthy relationships – families/different/religion relationships/marriage and forced marriage/ commitment/long term relationships/divorce and separation</li> <li>Human rights Modern slavery/FGM/Poverty - religion focus</li> <li>Healthy living- Diet, exercise, healthy mind and social life. Immunisations. Prevention of illness and self-checking. Importance of exercise.</li> <li>CEIAG</li> <li>World of Work – research into future careers and setting goals</li> <li>Fame Career Champion recruitment &amp; Training</li> </ul>	<ul> <li>Effects of Smoking/ E cigarettes and drugs &amp; the law, cultural norms. Emphasis on e-cigs</li> <li>First aid – practical demonstrations</li> <li>Puberty and hygiene – self-care and cleaning.</li> <li>Relationships – LGBTQ+, gender identity, sexual orientation. Mermaid video</li> <li>CEIAG Careers around faith and views link – possible speaker – RE teachers</li> </ul>	Multifaith Trip – purpose and tasks and activities to complete	<ul> <li>Grooming/CSE</li> <li>Extremism and radicalisation Prevent</li> <li>The media. 2 sides to a story. Truth/portrayal/ Headlines/propaganda/fake news</li> <li>County lines – risk for young people within the community they live. Knife crime</li> <li>Knowing your strengths and setting goals</li> <li>CEIAG Aspirations and future careers Assembly celebrate FAME programme and recognise Careers Champions</li> </ul>
Year 8	<ul> <li>E safety/Social Media. Staying safe/Sexting.</li> <li>Knowing your strengths/setting goals.</li> <li>Police</li> <li>Making Friends/Relationships – talking about emotions and feelings</li> <li>Developing independent learning</li> </ul> CEIAG Aspirations and future careers revisit from year 7 and continue Careers around faith and views link – possible speaker – RE teachers	• Multifaith Trip	<ul> <li>Relationships -Peer pressure – making decisions- balance of power – sexual relationships, managing feelings</li> <li>Human rights Modern slavery/FGM/Poverty - emphasis on Britain.</li> <li>When life begins. Religious views. Contraception/ Abortion and miscarriage. Teenage pregnancy/ risks to pregnancy. Parenting and Sign post advice</li> <li>Puberty/hygiene recap – focus on NHS and barriers for help, self- checking, oral hygiene.</li> <li><u>CEIAG</u> Investigating work sectors and look at different employments in particular LMI</li> </ul>	<ul> <li>Healthy living- Diet, exercise, healthy mind and social life. Immunisations. Prevention of illness and self-checking. Importance of exercise.</li> <li>Effects of Smoking/ E cigarettes and drugs &amp; the law, cultural norms</li> <li>First aid – practical demonstrations (Covered in PE)</li> <li>Relationships – LGBTQ+, gender identity, sexual orientation</li> <li>Bullying -Peer pressure. making decisions, what is right and what is wrong</li> <li>CEIAG</li> <li>Creative teachers to present to students about subject and careers from that subject</li> </ul>	<ul> <li>Grooming/CSE – Risks in society. Include Knife crime</li> <li>Extremism and radicalisation Prevent.</li> <li>The media. 2 sides to a story. Truth/portrayal of the young/ propaganda/fake news/Headlines</li> <li>British values</li> <li>Importance of mental health and wellbeing/coping strategies/sign posting.</li> </ul>
Year 9	<ul> <li>First impressions and meeting new people How we present ourselves - body language, the way we speak and to who, dress, stereotypes including religion</li> <li>Resilience, anxiety and coping strategies. managing setbacks, dealing with success. Signposting support</li> <li>All types of discrimination and bullying. The importance of tolerance-appropriate language. Equality/tolerance and respect.</li> <li>Identifying risk to manage personal safety. E safety/Social Media. Staying safe/Sexting.</li> </ul>	<ul> <li>Managing risks in society – county lines/radicalisation/knife crime/drugs/alcohol</li> <li>Building positive relationships. The balance of power. Peer/sexual/adult. What is abuse and where to get help? Gender roles.</li> <li>Pregnancy/having a family/marriage/long-term relationships - including different religious views</li> <li>Extremism and radicalisation. Prevent.</li> </ul>	<ul> <li>OPTIONS         <ul> <li>Options talk and pathways, selection process hall</li> <li>Computer room for paperwork straw pole and researching career choices and pathways</li> <li>Making healthy choices. Friendships, knife crime, who we associate with. 7 pillars</li> </ul> </li> <li>CEIAG         <ul> <li>World of Work – research into future careers and setting goals</li> <li>Individual differences and self-esteem – Tourette's, autism other conditions</li> </ul> </li> </ul>	<ul> <li>Healthy living – diets/exercise/healthy mind. Immunisations and self-checking. Prevention of illness. Importance of exercise</li> <li>First Aid</li> <li>Drugs/alcohol the law- Peer pressure. Substance misuse, habit/dependency and addiction. Effects and consequences, cultural norms</li> <li>The media. 2 sides to a story. Truth/portrayal of the young/ propaganda/fake news/Headlines religious connotations</li> <li>'Those are the risks' - Gambling/betting companies/on-line betting – suicide links</li> </ul>	<ul> <li>CSE/grooming/sexting/ Abuse and signposting support</li> <li>Relationships -Peer pressure – making decisions- balance of power – sexual relationships, managing feelings, the law</li> <li>Contraception, STIs including HIV/AIDS Parenthood and the consequences of teenage pregnancies how does this vary with religion</li> <li>Relationships – LGBTQ+, gender identity, sexual orientation</li> <li>Transition to KS4? Is this a seperate</li> </ul>

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Type: 10         Endpotential values and index with results and endpotential values and value and values and va		CEIAG Balancing school work and life outside	CEIAG Career pathways of celebrities/staff/politicians etc Careers in the curriculum	To start - Independent/group advice Careers North preparation for the individual options interviews in March	<u>CEIAG</u> Careers Fair at West Lancs – March TBC	
Year 11       •       Study Skills - independent learning, revision and timetables, study skills - independent learning, revision and timetables, study skills - independent learning, s	Year 10	<ul> <li>Resilience – dealing with pressures, coping strategies – healthy and unhealthy. The importance of being happy.</li> <li>Financial management budgeting and dilemma – credit cards, mortgages etc</li> <li>All types of discrimination and bullying. The importance of tolerance-appropriate language.</li> <li>Equality/tolerance and respect.</li> </ul>	<ul> <li>Discrimination and tolerance – Knife crime, being safe, risks of drugs and alcohol. Risk taking behaviour.</li> <li>First impressions - How we judge others. How does this effect social relationships, sexual relationships and working relationships</li> <li>Online presence – focus on impact for the future</li> <li>Healthy relationships – families/different relationships/marriage and forced marriage/ commitment/long term relationships/divorce and</li> </ul>	<ul> <li>STI's -including HIV and AIDS (JCL/SAL)</li> <li>Types of abuse. CSE/grooming/sexting/DV/peer on peer (common)</li> <li>Sexting/pornography - the law, morality and the industry v normal life (KMA/HAS)</li> <li>Sexual relationships - Consent, coercion - sexual assault, honour- based violence (LHO/RSL)</li> </ul>	<ul> <li>slavery/FGM/Poverty</li> <li>Money matters – pay day loans/card fraud/internet/banking</li> <li>'Those are the risks' - Gambling/betting companies/on-line betting – suicide links, religious views on gambling</li> <li>Sexual relationships – Consent, coercion – sexual assault, honourbased violence</li> <li>Role of the media – on body and self-image</li> </ul>	
<ul> <li>revision and timetables, study skills</li> <li>Being healthy mental, spiritual and social -anxiety v stress. Relaxation, meditation and work life balance, depression and Sleep. Physical – diet and exercise, smoking/vaping/illegal substances</li> <li>Pomography/Sexting. The law, consequences, the porn industry. How are social mediationships.</li> <li>Pomography/Sexting. The law, consequences, the porn industry. How are social mediationships.</li> <li>Penganging time. Coping strategies, healthy v unhealthy. Planning and organisation. The importance of being happy, preparation for the December mocks.</li> <li>Resilience – Managing time. Coping strategies, healthy v unhealthy. Planning and organisation. The importance of being happy, preparation for the December mocks.</li> <li>Resilience – Managing time. Coping strategies, healthy v unhealthy. Planning and organisation. The importance of being happy, preparation for the December mocks.</li> <li>Financial management – managing your own money. Where will that money come from. Decisions, contracts in terms of phones etc student loans (davantages, disadvantages and risks). Wages, tax and National Insurance payments. Recent changes. Where does your</li> </ul>		jobs market			<ul> <li>Successful Writing of CV and applications</li> <li>Harassment and bullying rights in the workplace/religion/diversity. How to</li> </ul>	
	Year 11	revision and timetables, study skills • Being healthy mental, spiritual and social –anxiety v stress. Relaxation, meditation and work life balance, depression and sleep. Physical – diet and exercise, smoking/vaping/illegal substances <u>CEIAG</u> • Careers Fair	<ul> <li>focus - meet back with the group from last time and check on progress. Next steps for December mocks.</li> <li>Pornography/Sexting. The law, consequences, the porn industry. How are social media involved? This needs to cover Straight, Gay and Bi sexual relationships.</li> <li>Resilience – Managing time. Coping strategies, healthy v unhealthy. Planning and organisation. The importance of being happy, preparation for the December mocks</li> <li>Financial management – managing your own money. Where will that money come from. Decisions, contracts in terms of phones etc student loans (advantages, disadvantages and risks). Wages, tax and National Insurance payments. Recent changes. Where does your</li> </ul>	<ul> <li>inappropriate, fear of failure, getting things wrong (STW/NHI)</li> <li>Harassment and bullying right in the workplace/how to complain (LHA/CHU)</li> <li>Pregnancy and fertility and how it varies across age. Abortion. Texan law. Life begins RE theme. (scale) (AAL/JTO)</li> <li>Mock interviews</li> <li>Preparation for successful interviews (DWA/GHO)</li> <li>groups additional staff: CML/KAL/RBA</li> <li>CEIAG Preparation for successful interviews Mock interviews – interviews in the</li> </ul>	<ul> <li>images a criminal offence. County lines/cuckooing and muleing Abuse and signposting support</li> <li>Extremism and radicalisation Prevent</li> <li>Sexual relationships – healthy v unhealthy. Consent and withdrawal of consent and coercion – sexual assault and honour-based violence – signpost support and advice</li> <li>Sexting/pornography – the law, morality and the industry v normal life</li> <li>Staying healthy – include self- checking/ immunisation/sexual and mental health</li> </ul>	

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Successful application and CV writing - IT room.		
16/18 post 16 options, courses and qualifications - college talks are continuing at lunch time on a Wednesday		