

Teacher Essentials

- There are many different types of romantic relationships
- Recall components of a healthy relationship
- Revisit key words
-

Learning Objectives

To know the difference between sexual orientation and sexual identity and to look at different types of romantic relationships and the influence of the media

Do Now

What is the term used when we talk about treating people differently because of a prejudice?

What is expenditure?

Name the different types of relationships that you have, e.g friendships

Name three ways that you can show you're listening when someone speaks.



Title Different Romantic Relationships



What relationships can you think of?
They don't have to be romantic at this moment!



Complete
in your
book



What does this term mean?

Examples of how to improve your own
self worth

Self Worth

How we can help improve others self
worth

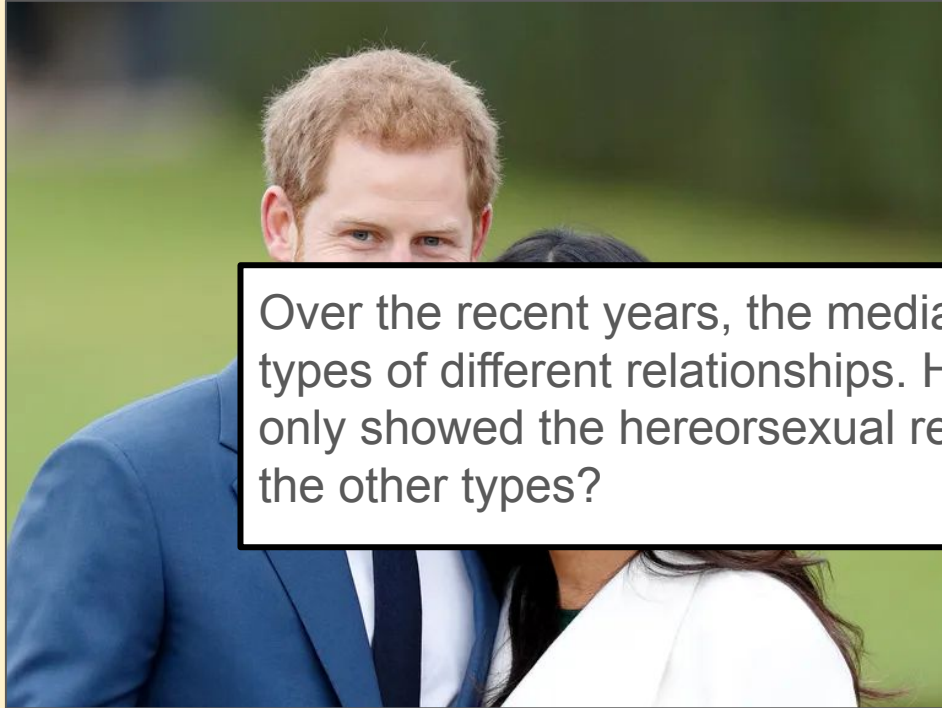
Synonyms

Can you think of any example of relationships that you have seen in the media?



Do you see more of this?

Or this?



Over the recent years, the media has started showing more types of different relationships. However, originally the media only showed the heterosexual relationships. But do you know the other types?

In your opinion, what are the most important features of a healthy romantic relationship?

1.

2.

3.

4.

5.



In your opinion, what are the most important features of a healthy romantic relationship?

- Honesty
- Trust
- Love
- Compassion
- Respect
- Kindness
- Communication

These are some of the things you may have come up with.

No matter who you love or are attracted to, these are the things that matter!

Match the term up with the correct definition



Term	Definition
Gender Identity	When your gender identity matches the sex you were assigned at birth
Sexual Orientation	A person attracted to people of a different gender
Cisgender	How someone feels and identifies on the inside (boy, girl, both, neither)
Transgender	When your gender identity is different from the sex you were assigned at birth
Gay	A person attracted to more than one gender
Lesbian	A woman who loves or is attracted to other women
Bisexual	A person who loves or is attracted to people of the same gender
Heterosexual	An umbrella term for gender identities that are not exclusively male or female
Non- binary	Who someone is attracted to or falls in love with

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Check your
ideas

Sexual Identity

This is **how a person sees themselves** in terms of **gender**. It's part of their **overall identity** and includes how they describe themselves (e.g., **boy, girl, non-binary, transgender**, etc.).

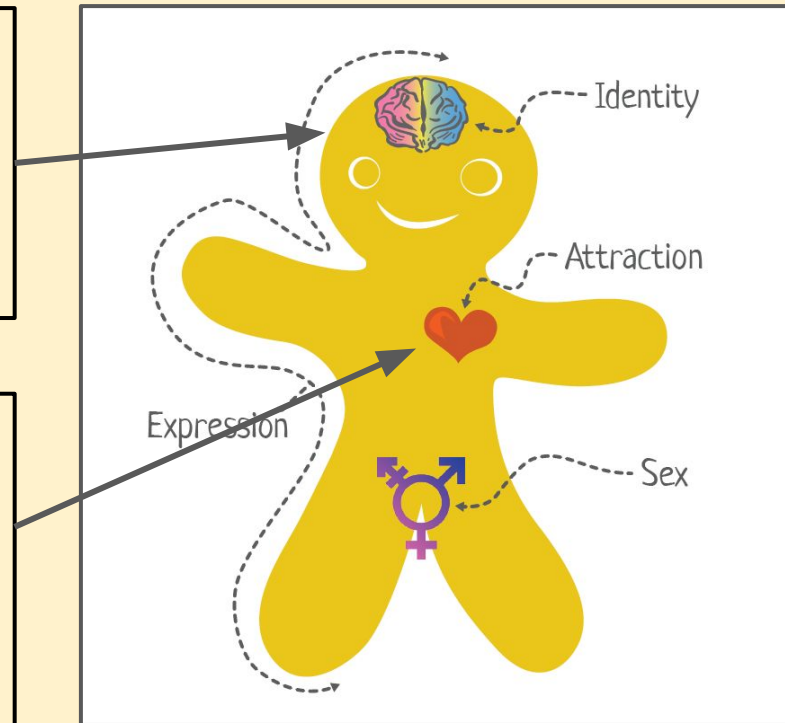
- It's about **who you are**.

Sexual Orientation

This is about **who you are attracted to** — who you might **love, like, or have a romantic or sexual interest in**.

Examples: **gay, straight, bisexual, asexual**, etc.

- It's about **who you like**.



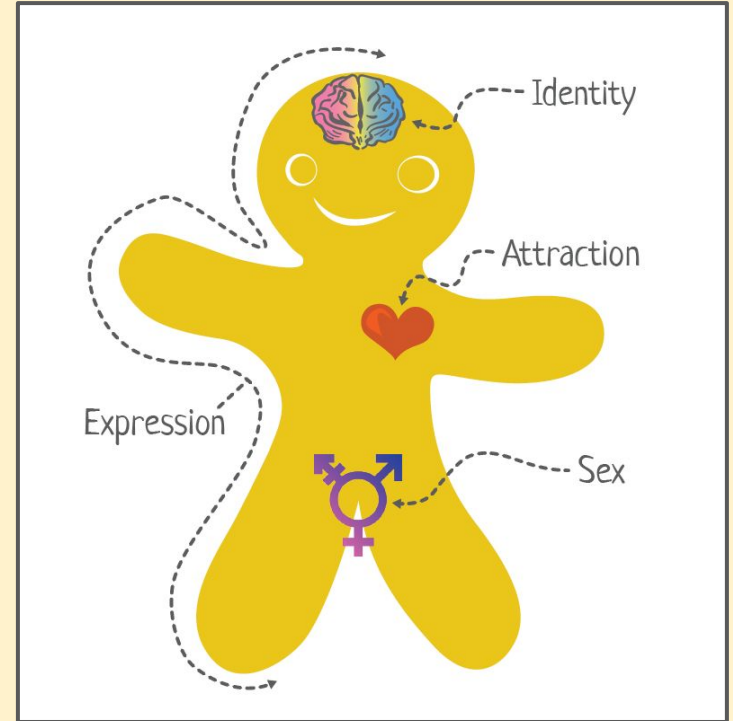
Task



You're sexual identity and orientation is only something that you know, but do you know the difference?

Write the scenario in your book, there are 5.

Next to each scenario- explain whether they are examples of sexual identity or sexual orientation.



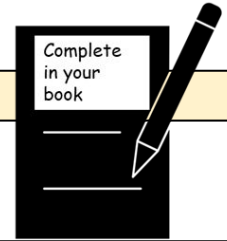
“Jonni feels like they don’t really fit as either a boy or a girl.”

“Ella has a crush on her friend who is also a girl.”

“Louise doesn’t recognise herself as a girl.”

“Harry has strong feelings for a girl in his college class.”

“Sam doesn't feel like either a boy or a girl and prefers to use they/them pronouns.”



“Jonni feels like they don’t really fit as either a boy or a girl.” Sexual Identity

“Ella has a crush on her friend who is also a girl.” Sexual orientation



“Louise doesn’t recognise herself as a girl.” Sexual identity

Check your
ideas

“Harry has strong feelings for a girl in his college class.” Sexual orientation

“Sam doesn't feel like either a boy or a girl and prefers to use they/them pronouns.” Sexual identity

This is Marlee.

Marlee wants to talk to the world about how their mental health has been affected by discrimination throughout their life.

Once you watch this video, I want you to describe how actions can lead to hurt feelings.

Within this video, you are going to hear a word that we class as a swear word in the UK. It is not considered a swear word in Australia. You are being shown this video as we consider you to be mature enough to hear it. Do not repeat it.



Action

Leaving someone out

Feelings

Isolated and alone

What we should do about it

Include everyone in friendships and activities





What do you think about this? why?

What do you think about this? why?

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