

# **Healthy Relationships**

Prior links:

Key Stage 2 - Pupils learnt about how to express their feelings and how feelings change over time. They also learnt about the different types of relationships that exist; family relationships, friendships etc.

PSHCE Day 2 - Pupils learnt about LGBTQ+ relationships.

## Healthy relationships

Do It Now!

Think about the different relationships in your life.

Who are they? Why are they special to you?

Jot down some ideas on your whiteboard.

Answer on whiteboards



Some of you may have written down members of your family.

As we watch this video, think about how families can be different for everyone.





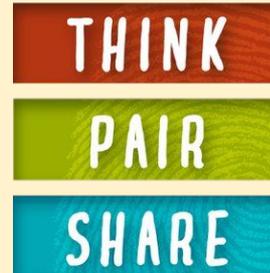
## **Quick quiz!**

1. What is the primary role of a family?
2. What is a nuclear family?
3. Why do you think some people have single-parent families?
4. What is a blended family?  
  
A: When two single-parent families join together.  
B: A family without children.  
C: When a child does not live with their biological parents.

## Healthy relationships

'A family is a group of people related to each other by blood, **marriage** or a strong common bond.'

- What is marriage?
- Do we have to get married?



## Healthy relationships

'A family is a group of people related to each other by blood, **marriage** or a strong common bond.'

Marriage is the process by which two people make their relationship official and join an intimate union and equal partnership.

Marriage is a permanent status that lasts until the death of one of the two members or until another legal procedure called divorce.



## Healthy relationships

There were **219,850 marriages** in total in England and Wales in **2019**, a decrease of 6.4% from 2018.

In 2019, there were 213,122 marriages between **opposite-sex couples**, a decrease of 6.5% from 2018 and 6,728 marriages between **same-sex couples**, a decrease of 2.8% from 2018.

The **average (median) age** at marriage for opposite-sex couples in 2019 was **34.3 years for men** and **32.3 years for women**; for same-sex couples this was higher at **38.1 years for men** and **33.8 years for women**.

Among marriages of opposite-sex couples in 2019, more than three-quarters of men and women (76.1% and 77.1%, respectively) married for the first time; among same-sex couples, first marriages were slightly higher with 89.3% of men and 81.8% of women marrying for the first time.

## Healthy relationships

According to the statistics, there has been a decline in the number of marriages between 2018 and 2019.

**Discuss with the person sitting next to you why people may choose not to get married anymore.**

THINK

PAIR

SHARE

Cohabitation: living together without being married.

Some people think that marriage is outdated and does not equal proof of love or long-term commitment.

Not being married means that, if your relationship ends, there will generally be no paperwork. Simply moving out and moving on can be much easier than being legally required to separate, return to court at a later date, and continue being connected to a person you are no longer in a relationship with.

## Healthy relationships

Divorce is when two adults decide that they want to separate and legally end their marriage.

Divorce means that the adults involved are unable to live together happily and believe they would be happier and healthier living apart.

***A couple may choose to divorce because...***



## What happens when a couple gets divorced?

### Parents:

- Your parents will decide how to separate their finances and belongings.
- One parent may move into another house where you can go and visit them regularly.

### Children:

- It is normal to feel anxious and have lots of questions, such as 'where will I sleep?' and 'who will take me to gymnastics?'. It is important to talk to someone about your worries. It may be that the routines that are familiar to you change, but not as much as you may think!

### **I Love Them Both**

I sleep at my Mom's  
under voices of crickets.  
At Dad's, I sleep listening  
to zooming of cars.  
At Dad's place  
the streetlights all twinkle at me.  
At Mom's  
I stare up at old stars.  
I am subway and sidewalk  
and oak tree and creekside.  
I sing like my father  
and laugh like my mother.  
My mom is the country.  
My dad is the city.  
And I love them both  
as they once loved each other.

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Support:

### **Childline**

Sometimes you may find it hard to talk to someone in your family about your parents separating. You can always contact Childline by phoning 0800 1111 or having a 1-2-1 chat online.

### **BPA**

Support is always available in school. If you think that you would like some support, or just want to talk about it, you can speak to any member of staff.