

ENDEAVOUR EATS

WEEK 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Course	Sausage with Mash & Seasonal Vegetables	Cottage Pie served with Beans	Chicken Tikka with Naan Bread	Beef Chilli with Rice & Nachos	Battered Fish with Oven Chips & Peas
Main Course 2	Pasta Arrabbiata	Chicken & Chorizo Pasta Bake	Mac & Cheese	Tomato & Mascarpone Pasta	Chicken & Noodle Stir Fry
Vegetarian	Cheese & Tomato Calzone & Salad	Cheese Whirl with Vegetables	Vegan Meatballs Pasta Bake	Vegetable Samosa with Basmati rice	Pizza Slice with Salad
Sandwiches Wraps Baguettes	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily
Jacket Potato	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings
Grab & Go	Available Daily	Available Daily	Available Daily	Available Daily	Available Daily
Dessert	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie

ENDEAVOUR EATS

WEEK 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Course	Meatball Pasta Bake	Tandoori Chicken with Rice and Salad	Beef Casserole with Mashed Potato	Roast Chicken served with Yorkshire Pudding	Battered Fish with Oven Chips and Peas
Pasta Pizza Noodles	Loaded Potato Skins	Beef Burrito	Sweet & Sour Chicken with rice	Mac & Cheese	Fajita Wraps
Vegetarian	Veg Biryani	Quorn Chilli Boats	Spring Roll with Rice & Salad	Quorn & Sweet Potato Curry	Pizza Slice
Sandwiches Wraps Baguettes	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily
Jacket Potato	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings
Grab & Go	Available Daily	Available Daily	Available Daily	Available Daily	Available Daily
Dessert	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie

ENDEAVOUR EATS

WEEK 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Course	Beef Burger in a Bun with a selection of toppings	Meat & Potato Pie with Beans	Caribbean Chicken Curry with Rice	Beef Lasagna with Garlic Bread	Battered Fish with Oven Chips & Peas
Pasta Pizza Noodles	Tomato & Mascarpone Pasta	Chicken Pasta Bake	Fish Finger Wrap	Pasta Arrabbiata	Loaded Potato Skins
Vegetarian	Veg Sausage roll with Beans	Veg Lasagna with Garlic Bread	Sweet Potato & Cheese Pasty	Quorn Sausage Toad in the Hole	Pizza Slice
Sandwiches Wraps Baguettes	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily
Jacket Potato	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings
Grab & Go	Available Daily	Available Daily	Available Daily	Available Daily	Available Daily
Dessert	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie

ENDEAVOUR EATS

3 WEEK MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	<p>Sausage with Mash & Seasonal Vegetables</p> <hr/> <p>Pasta Arrabbiata</p> <hr/> <p>Cheese & Tomato Calzone & Salad</p>	<p>Cottage Pie served with Beans</p> <hr/> <p>Chicken & Chorizo Pasta Bake</p> <hr/> <p>Cheese Whirl with Vegetables</p>	<p>Chicken Tikka with Naan Bread</p> <hr/> <p>Mac & Cheese</p> <hr/> <p>Vegan Meatballs Pasta Bake</p>	<p>Beef Chilli with Rice & Nachos</p> <hr/> <p>Tomato & Mascarpone Pasta</p> <hr/> <p>Vegetable Samosa with Basmati rice</p>	<p>Battered Fish with Oven Chips & Peas</p> <hr/> <p>Chicken & Noodle Stir Fry</p> <hr/> <p>Pizza Slice with Salad</p>
Week 2	<p>Meatball Pasta Bake</p> <hr/> <p>Loaded Potato Skins</p> <hr/> <p>Veg Biryani</p>	<p>Tandoori Chicken with Rice and Salad</p> <hr/> <p>Beef Burrito</p> <hr/> <p>Quorn Chilli Boats</p>	<p>Beef Casserole with Mashed Potato</p> <hr/> <p>Sweet & Sour Chicken with rice</p> <hr/> <p>Spring Roll with Rice & Salad</p>	<p>Roast Chicken served with Yorkshire Pudding</p> <hr/> <p>Mac & Cheese</p> <hr/> <p>Quorn & Sweet Potato Curry</p>	<p>Battered Fish with Oven Chips and Peas</p> <hr/> <p>Fajita Wraps</p> <hr/> <p>Pizza Slice</p>
Week 3	<p>Beef Burger in a Bun with a selection of toppings</p> <hr/> <p>Tomato & Mascarpone Pasta</p> <hr/> <p>Veg Sausage roll with Beans</p>	<p>Meat & Potato Pie with Beans</p> <hr/> <p>Chicken Pasta Bake</p> <hr/> <p>Veg Lasagna with Garlic Bread</p>	<p>Caribbean Chicken Curry with Rice</p> <hr/> <p>Fish Finger Wrap</p> <hr/> <p>Sweet Potato & Cheese Pasty</p>	<p>Beef Lasagna with Garlic Bread</p> <hr/> <p>Pasta Arrabbiata</p> <hr/> <p>Quorn Sausage Toad in the Hole</p>	<p>Battered Fish with Oven Chips & Peas</p> <hr/> <p>Loaded Potato Skins</p> <hr/> <p>Pizza Slice</p>