

ENDEAVOUR EATS



WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Course	Sausage with Mash & Seasonal Vegetables	Cottage Pie served with Beans	Chicken Tikka with Naan Bread	Beef Chilli with Rice & Nachos	Battered Fish with Oven Chips & Peas
Main Course 2	Pasta Arrabbiata	Chicken & Chorizo Pasta Bake	Mac & Cheese	Tomato & Mascarpone Pasta	Chicken & Noodle Stir Fry
Vegetarian	Cheese & Tomato Calzone & Salad	Cheese Whirl with Vegetables	Vegan Meatballs Pasta Bake	Vegetable Samosa with Basmati rice	Pizza Slice with Salad
Sandwiches Wraps Baguettes	Freshly Prepared Daily				
Jacket Potato	Available Daily with a Choice of Fillings				
Grab & Go	Available Daily				
Dessert	Homemade Cake/Cookie				

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WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Course	Meatball Pasta Bake	Tandoori Chicken with Rice and Salad	Beef Casserole with Mashed Potato	Roast Chicken served with Yorkshire Pudding	Battered Fish with Oven Chips and Peas
Pasta Pizza Noodles	Loaded Potato Skins	Beef Burrito	Sweet & Sour Chicken with rice	Mac & Cheese	Fajita Wraps
Vegetarian	Veg Biryani	Quorn Chilli Boats	Spring Roll with Rice & Salad	Quorn & Sweet Potato Curry	Pizza Slice
Sandwiches Wraps Baguettes	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily
Jacket Potato	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings			
Grab & Go	Available Daily	Available Daily	Available Daily	Available Daily	Available Daily
Dessert	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie

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WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Main Course	Beef Burger in a Bun with a selection of toppings	Meat & Potato Pie with Beans	Caribbean Chicken Curry with Rice	Beef Lasagna with Garlic Bread	Battered Fish with Oven Chips & Peas
Pasta Pizza Noodles	Tomato & Mascarpone Pasta	Chicken Pasta Bake	Fish Finger Wrap	Pasta Arrabbiata	Loaded Potato Skins
Vegetarian	Veg Sausage roll with Beans	Veg Lasagna with Garlic Bread	Sweet Potato & Cheese Pasty	Quorn Sausage Toad in the Hole	Pizza Slice
Sandwiches Wraps Baguettes	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily	Freshly Prepared Daily
Jacket Potato	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings	Available Daily with a Choice of Fillings
Grab & Go	Available Daily	Available Daily	Available Daily	Available Daily	Available Daily
Dessert	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie	Homemade Cake/Cookie

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3 WEEK MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Sausage with Mash & Seasonal Vegetables _____ Pasta Arrabbiata _____ Cheese & Tomato Calzone & Salad	Cottage Pie served with Beans _____ Chicken & Chorizo Pasta Bake _____ Cheese Whirl with Vegetables	Chicken Tikka with Naan Bread _____ Mac & Cheese _____ Vegan Meatballs Pasta Bake	Beef Chilli with Rice & Nachos _____ Tomato & Mascarpone Pasta _____ Vegetable Samosa with Basmati rice	Battered Fish with Oven Chips & Peas _____ Chicken & Noodle Stir Fry _____ Pizza Slice with Salad
Week 2	Meatball Pasta Bake _____ Loaded Potato Skins _____ Veg Biriyani	Tandoori Chicken with Rice and Salad _____ Beef Burrito _____ Quorn Chilli Boats	Beef Casserole with Mashed Potato _____ Sweet & Sour Chicken with rice _____ Spring Roll with Rice & Salad	Roast Chicken served with Yorkshire Pudding _____ Mac & Cheese _____ Quorn & Sweet Potato Curry	Battered Fish with Oven Chips and Peas _____ Fajita Wraps _____ Pizza Slice
Week 3	Beef Burger in a Bun with a selection of toppings _____ Tomato & Mascarpone Pasta _____ Veg Sausage roll with Beans	Meat & Potato Pie with Beans _____ Chicken Pasta Bake _____ Veg Lasagna with Garlic Bread	Caribbean Chicken Curry with Rice _____ Fish Finger Wrap _____ Sweet Potato & Cheese Pasty	Beef Lasagna with Garlic Bread _____ Pasta Arrabbiata _____ Quorn Sausage Toad in the Hole	Battered Fish with Oven Chips & Peas _____ Loaded Potato Skins _____ Pizza Slice