

TRANSITION MOVING UP TO HIGH SCHOOL

A supportive workshop focused on helping young people cope with worries and feel more ready for the move up to high school.

What We Cover

- Share our worries around moving up to high school.
- Reasons for worrying about change & how change can be exciting too!
- Coping strategies to help with any anxious feelings about moving up to high school.

MOVING UP TO HIGH SCHOOL



Transition Workshops

Supportive workshops to help children feel more confident and prepared for moving up to high school.

Group 1 : Thursdays: 23 July, 30 July & 6 August

Time: 11:00am - 12:00pm

Group 2 : Thursdays: 13 August, 20 August & 27 August

Time: 11:00am - 12:00pm



SCAN HERE
TO REGISTER

or visit: <https://forms.cloud.microsoft/e/fkAntBVwNg>



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