



Burscough Village Primary School
Sports Newsletter – April 2025

The senior leadership team attended the YTS conference on Wednesday, March 26th. The team participated in workshops titled 'Being a Well School', 'The Power of Sport to Change Lives' by Baroness Sue Campbell, as well as a session led by James Hewitt. His presentation integrated cutting-edge science with practical strategies to demonstrate how physical activity enhances brain development, cognitive performance, and academic achievement.



For the conference, the dress code was 'Active Soles', promoting footwear that encourages movement. Embracing this initiative, during the summer term, we will conduct a trial at BVPS. We invite the children to wear **black** trainers instead of their school shoes for the duration of the summer term. (Please note the trainers must be suitable for physical activity – no heeled fashion trainers.) This change not only addresses the issue of frequent shoe changes required due to increased physical activity sessions throughout the day but also inspires a culture of movement and active living. Together, we are fostering an environment where every child can thrive physically, mentally, and academically.

(If you would like your child to still wear their school shoes, please continue to do so.)



Daily Fitness Sessions

The daily fundamental movement sessions have positively impacted the Infant children in the Spring term. In the Summer term, all children will participate in physical activities to improve fitness, led by teachers or teaching assistants.

Activities may include dancing, skipping, biking, scootering, boxing, walking, and anything else that boosts fitness and makes the children feel good. If you can lead a session or know someone who can, please contact us.

Swimming

We are excited to be taking the infant children, Reception, Year 1, and Year 2 swimming at the end of the summer term. With increasing reports of children in water-related danger, our goal is to make the session fun while teaching water safety. Early confidence in water leads to greater competence, and it is hard to overcome fears that develop early. We will provide more information and send a questionnaire, so we understand your child's experience with water in the second half of the summer term.

Clubs and Competitions



We have a record number of children attending clubs in school. It is amazing to see such active breakfast clubs, lunchtimes, Kids' clubs and after school clubs. The focus for the summer term will be tennis, athletics and cricket in preparation for our schools competition programme and sports day.

We are pleased that many children want to participate in the competitions. However, we are limited to taking a specific number of pupils. We

have heard parents' concerns about their children not being selected for events, and we are working to provide more opportunities for a wider range of pupils to compete against other schools. West Lancashire Sports Partnership is providing additional competitions for Year 4 and Year 5 pupils to allow those who have not yet participated to have this opportunity. When feasible, and when staff availability permits, we will aim to enter two teams. Additionally, we have partnered with local primary schools to organise some friendly competitions. Please continue encouraging the children to attend the clubs.



