

Dear Families,

We are pleased to inform you that we have reviewed our PSHE curriculum and because the topics are so important in developing the wellbeing of our young people, we feel it necessary to factor in more time to strengthen this provision.

PSHE looks at three key themes: Health & Wellbeing, Sex & Relationships and Living in the Wider World. During these sessions we will cover a number of topics including online safety, bullying, the prevent agenda, exploitation, careers, gender, challenging stereotypes to name just a few.

During the summer term we will be focusing on Sex & Relationship Education. The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults who are able to make positive choices. This can start with learning the basics and the sessions in school may reinforce what you are already doing at home.

The key aims of SRE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of positive relationships.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

We will be delivering these sessions every Thursday morning during CLL. Students will be in year groups within their small schools. Sessions will be led by Burton Borough staff as well as outside professionals. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

If you require any more information on the SRE topic or the PSHEE programme in general, please feel free to contact me.

Yours sincerely,

Lisa Kane

Head of professional Studies

lisa.kane@taw.org.uk

