SCHOOL MEALS











seasonal fresh fruit, fruit yoghurt, soreen and cheese & biscuits



Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of



Week One

Meat Free Monday

Momemade Macaroni Cheese

Baked Jacket Potato with a selection of fillings

Vanilla Ice Cream

Tuesday

V Roast Gammon served with sage and onion stuffing creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

V Baked Jacket Potato with a selection of fillings

Fresh Fruit Segments or yoghurt

Wednesday

V Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Baked Jacket Potato with a selection of fillings

Homemade Blueberry Cake

Thursday

V Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

V Homemade Spaghetti Bolognaise served with garden peas

V Baked Jacket Potato with a selection of fillings

V Jelly and Fruit

Week Two

Meat Free Monday

Margarita Pizza served with herby diced potatoes, and sweetcorn

Baked Jacket Potato with a selection of fillings

Vanilla Ice Cream

Tuesday

V Roast Turkey with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

V Baked Jacket Potato with a selection of fillings

Fresh Fruit Segments or Yoghurt

Wednesday

V Cooks choice Homemade Pie served with creamed potatoes, seasonal vegetables

V Baked Jacket Potato with a selection of fillings

V Jelly and Fruit

Thursday

V Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

V Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Cookie

Friday

Italian Chicken Pasta Bake served with seasonal vegetables

V Baked Jacket Potato with a selection of fillings

Fruit Crumble and Custard

Week Three

Meat Free Monday

🚺 Homemade Tomato and Mascarpone Pasta Bak served with seasonal vegetables

> Baked Jacket Potato with a selection of fillings

> > Vanilla Ice Cream

Tuesday

V Roast Chicken sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and broccoli

V Baked Jacket Potato with a selection of fillings

Fresh Fruit Segments or Yoghurt

Wednesday

V Chicken Tikka Masala served with 50/50 rice

V Baked Jacket Potato with a selection of fillings

Homemade Flapjack

Thursday

V Seasoned Chicken Fillet served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

> Cooks Choice Toffee Date Cake or Chocolate Cake with Orange

Friday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

V Baked Jacket Potato with a selection of fillings

V Jelly and Fruit



Menu cycle week one: 6 Sept, 27 Sept, 18 Oct, 8 Nov, 29

Nov, 20 Dec, 10 Jan, 31 Jan, 21 Feb, 14 Mar, 7 Apr Menu cycle week two: 13 Sept, 4 Oct, 25 Oct 15 Nov, 6

Menu cycle week three: 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13

Dec, 3 Jan, 24 Jan, 14 Feb, 7 Mar, 28 Mar, 21 Apr

Dec, 27 Dec, 17 Jan, 7 Feb, 28 Feb, 21 Mar, 14 Apr

School Menu 2021/22



= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



