SCHOOL MENU AUTUMN TERM 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	
WEEK ONE	V - Macaroni Cheese	# - Cooks Choice Curry with 50/50 Rice	# - Pork sausage with creamed potatoes, gravy, seasonal fresh carrots and peas.	# - Oven baked fish fingers, served with chunky chips, garden peas or	
	Baked Jacket Potato with a selection of fillings	# Baked Fishcake, baked potato waffles, peas and	# - Ham and cheese or cheese panini	baked beans.	
	V -Vegetarian Sausage Roll	sweetcorn	with salad	# - Crumb coated chicken served with chunky chips, garden peas or baked beans.	
	Diced Potatoes Baked Beans	Baked Jacket Potato with a selection of fillings	Baked Jacket Potato with a selection of fillings	Baked Jacket Potato	
	Strawberry Ripple Ice Cream Roll	Fresh fruit segments or yoghurt	Homemade Blueberry Cake	with a selection of fillings	
				Homemade shortbread biscuit	
WEEK TWO	V - Margarita Pizza served with baked jacket wedges and sweetcorn	# - Chilli Beef with 50/50 Rice	Chicken and vegetable savoury rice	# - Oven baked battered salmon, served with chunky chips, garden peas or	
	Twice baked potatoes	# - Hot Ham and Cheese Panini, fresh salad and coleslaw	V - Vegetable Bolognese	baked beans.	;
	Baked Jacket Potato	Baked Jacket Potato with a	Baked Jacket Potato	# - Chicken goujons, served withchunky chips, garden peas or	
	with a selection of fillings	selection of fillings	with a selection of fillings	baked beans.	
	Raspberry Ripple Ice Cream Roll	Fresh fruit salad or yoghurt	Jelly and fruit	Baked Jacket Potato with a selection of fillings	
				Homemade cooks choice biscuit	
WEEK THREE	V - Homemade Tomato and Mascarpone Pasta Bake, served with seasonal veg.	# - Homemade Cajun Chicken in a bun with baked wedged potatoes, coleslaw and sweetcorn	# - Chicken Tikka Masala served with 50/50 rice	# - Crumb coated chicken served with chunky chipped potatoes, garden peas or baked beans	,
	V - Quorn nuggets with baked herby diced potatoes and sweetcorn	V - Vegetarian Burger on a bun baked wedged potatoes, coleslaw and sweetcorn	# - Baguette Pizza with salad	# - Oven baked battered fish, served with chunky chipped potatoes, garden peas or	,
	Baked Jacket Potato with a selection of fillings	Baked Jacket Potato with a selection of fillings	Baked Jacket Potato with a selection of fillings	baked beans. Baked Jacket Potato	ľ
	Chocolate Ice Cream Roll	Fresh fruit segments or yoghurt	Apple crumble and custard	with a selection of fillings	
				Homemade biscuit or cookie	
Available daily - U	Jnlimited fresh salad and bread, drinking water or fres	sh milk.			
	dietary help, please contact school meals helpdesk on				
	stitutes available. V - Vegetarian				

FRIDAY			
- Cooks choice Homemade Lasagne or Pasta Bake served with asonal veg			
V- Homemade cheese flan served with baked jacket wedges, sweetcorn and salad			
Baked Jacket Potato with a selection of fillings			
Jelly and fruit			
Pork Meatballs and Pasta			
# - Selection of filled wraps			
Baked Jacket Potato with a selection of fillings			
Cooks choice homemade carrot cake or banana and oat cake			
All day breakfast			
Twice baked jacket potatoes with ham and cheese, served with baked beans			
V - Baked Jacket Potato with a selection of fillings			
Jelly and fruit			