



## Burtonwood CP Newsletter 11th May 2021



### Free Maths Anxiety Webinar for Parents

There is a free webinar for parents on **Wednesday 12th May at 8pm.** entitled: **Helping Your Child Overcome Maths Anxiety & Build Mathematical Resilience**, aimed at parents of children aged 9 to 14.

Using the latest research, it will explain:

1. What maths anxiety is
2. How to spot the signs
3. Practical strategies to help your child cope
4. Tips on helping them build mathematical resilience

If you are a parent of 9-14 years olds who would be interested, you can reserve a place on this web page: [https://us02web.zoom.us/webinar/register/WN\\_qilIACidQ7K0PwZ9Tx6tHg](https://us02web.zoom.us/webinar/register/WN_qilIACidQ7K0PwZ9Tx6tHg)

### Crossing Patrol

We've been advised there will be no crossing patrol on the afternoon of Friday 14th May.

### Government Guidance

We are all looking forward to some restrictions lifting nationally from May 17th but, for schools, little has changed on the updated guidance released after the announcement yesterday.

Our measures to reduce infection risk will continue until further notice but we hope that we will be able to hold transition events for our leavers and new starters.

### Testing

All adults and high school children can access free lateral flow tests. These are designed to identify Covid-19 in people not displaying symptoms. This is an important part of the drive to reduce the spread of infection, as 1 in 3 of those infected are asymptomatic. This has been successful across Warrington education staff, with over 20 positive lateral flow (LF) tests — all verified by polymerase chain reaction (PCR) tests — since the home testing began. All Burtonwood CP staff who may do so are accessing the LF tests twice weekly.

Please note: we are advised that LF tests are **not** intended to be used on primary age or younger children, and that **anyone with the 3 main symptoms**

- **high temperature,**
- **loss of taste/smell,**
- **continuous cough (or 3+ coughing episodes in 24 hours)**

**must have a PCR test and self-isolate while waiting for the results.**

Rates are currently very low locally but we remain committed to minimising risk in school. If we are advised that your child or a member of their household has one of the 3 main symptoms, they will need to have a negative PCR test result in order to return to school. Otherwise, we will expect them to self-isolate for the full 10 days required. Lateral Flow test results will **not** be accepted for anyone symptomatic.



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### **Local Support Grant**

The government has provided additional financial support for food and utility bills for any child of a family on benefits (full eligibility is included in the below link). All families that have successfully claimed funding under the Winter Grant Support fund, and who are still eligible, will be paid this additional money - they do not need to claim again. Only new Free School Meals claimants since the 1st April 2021 will need to make a claim for this new Local Support Fund.

The closing date for new claims is the 20th June 2021 and the funding will cover food for eligible children over the May half term period.

**<https://www.warrington.gov.uk/may2021schoolholidays/LSG>**

### **Bridgewater Healthcare Summer Focus—Oral Health**

We have been asked to share these Top Tips for Toothbrushing with our families.

Maintaining good oral health is really important, especially as routine dental appointments have been suspended for over a year due to the pandemic. A healthy smile doesn't only benefit your child's mouth; it also helps them achieve better physical health and mental wellbeing.

#### **Two minutes twice a day**

Brushing for two minutes last thing at night and at one other time during the day with a family fluoride toothpaste is key to your child maintaining good oral health. Choose a toothbrush with a small head with soft/medium textured bristles. Manual or electric toothbrushes can be used.

Daily brushing is important because it removes plaque. If the plaque isn't removed, it continues to build up, feeding on the bits of food left behind and causing tooth decay and gum disease.

**You can find more information on children's oral health from**

**<https://bridgewater.nhs.uk/warrington/0-19-services/>**



#### **Spit, don't rinse**

After we have brushed our teeth, we should spit out the toothpaste. At this point we might be tempted to rinse our mouth out, but if we do, we'll be washing away the fluoride which continues to help protect the teeth.

Fluoride is the most important ingredient in toothpaste. It greatly helps oral health by strengthening the tooth enamel, making it more resistant to tooth decay.