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| --- | --- | --- | --- | --- | --- | --- |
| Year Group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Reception** | 1. Real PE – Personal
 | 1. Real Dance – Creative/ Nativity
 | 1. Real Gym – Physical
 | 1. Real Gym – Social
 | 1. Real PE – Cognitive
 | 1. Real PE - Health and Fitness

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| **Year 1** | 1. Real PE – Personal
2. ‘Power of PE’ Striking and fielding
 | 1. Real Dance – Creative
2. ‘Power of PE’ Invictus
 | 1. Real Gym - Cognitive
2. ‘Power of PE’ Football
 | 1. Real Gym – Physical

2. ‘Power of PE’ Multi skills  | 1. Real PE – Social

2. Power of PE’ Athletics | 1. Real PE - Health and Fitness2. ‘Power of PE’ Orienteering  |
| **Year 2** | 1. Real PE – Personal

2. ‘Power of PE’ Multi Skills | 1. Real Dance - Creative
2. ‘Power of PE’ Striking and fielding
 | 1. Real Gym - Cognitive
2. ‘Power of PE’ Hockey
 | 1. Real Gym – Physical.
2. ‘Power of PE’ Invictus
 | 1. Real PE – Social
2. ‘Power of PE’ Orienteering
 | 1. Real PE - Health and Fitness.
2. ‘Power of PE’ -Athletics
 |
| **Year 3** | 1. Real PE – Personal
2. ‘Power of PE’ Athletics
 | 1. Real Dance – Creative

2.. ‘Power of PE’ Netball | 1. Real Gym – Cognitive

2. Power of PE’ Football | 1. Real Gym – Physical

2. ‘Power of PE’ Tennis | 1. Real PE - Social
2. Power of PE’ Orienteering
 | 1. Real PE – Health and Fitness
2. Rugby (Warrington Wolves)
 |
| **Year 4** | 1. Real PE - Social

2. Power of PE’ Orienteering ‘ | 1. Real PE – Health and fitness
2. Real Dance - Creative
 | 1. Real Gym - Physical
2. ‘Power of PE’ Hockey
 | 1. Real Gym – Personal
2. ‘Power of PE’ Athletics
 | 1. Real PE – Cognitive
2. ‘Power of PE’ Cricket
 | 1. Rugby (Warrington Wolves)
2. Swimming at Great Sankey
 |
| **Year 5** | 1. Real PE – Physical

2. ‘Power of PE’ Netball | 1. Real PE - Personal2. ‘Power of PE’ Athletics (Sportshall) | 1. Real Gym – Cognitive
2. ‘Power of PE’ Tennis
 | 1. Real Gym – Health and Fitness
2. ‘Power of PE’ Orienteering
 | 1. Real Dance - Social

2. ‘Power of PE’ Rounders | 1. Real PE Creative
2. Swimming at Great Sankey
 |
| **Year 6** | 1. Real PE – Cognitive

2. ‘Power of PE’ Football  | 1. Real Dance - Creative
2. ‘Power of PE’ Athletics (Sportshall)
 | 1. Real PE – Health and Fitness (basketball skills)
2. ‘Power of PE’ Health related exercise
 | 1. Real Gym – Personal
2. ‘Power of PE’ Hockey
 | 1. Real Gym - Physical

2. ‘Power of PE’ Orienteering ‘ | 1. Real PE – Social – children to work together to plan Sports Day.
2. Power of PE’ - Cricket
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Black: Non-Real PE Green: Real PE/Real Gym/Real Dance Red: External provision onsite Purple: External provision offsite

Highlighted – subject to change depending on purchase of extra equipment

Warm Ups – These should consist of 3 elements: A pulse raiser, a stretching aspect, and a sport specific skill