|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Year Group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| **Reception** | 1. Real PE – Personal | 1. Real Dance – Creative/ Nativity | 1. Real Gym – Physical | 1. Real Gym – Social | 1. Real PE – Cognitive | 1. Real PE - Health and Fitness   ` |
| **Year 1** | 1. Real PE – Personal 2. ‘Power of PE’ Striking and fielding | 1. Real Dance – Creative 2. ‘Power of PE’ Invictus | 1. Real Gym - Cognitive 2. ‘Power of PE’ Football | 1. Real Gym – Physical   2. ‘Power of PE’ Multi skills | 1. Real PE – Social   2. Power of PE’ Athletics | 1. Real PE - Health and Fitness  2. ‘Power of PE’ Orienteering |
| **Year 2** | 1. Real PE – Personal   2. ‘Power of PE’ Multi Skills | 1. Real Dance - Creative 2. ‘Power of PE’ Striking and fielding | 1. Real Gym - Cognitive 2. ‘Power of PE’ Hockey | 1. Real Gym – Physical. 2. ‘Power of PE’ Invictus | 1. Real PE – Social 2. ‘Power of PE’ Orienteering | 1. Real PE - Health and Fitness. 2. ‘Power of PE’ -Athletics |
| **Year 3** | 1. Real PE – Personal 2. ‘Power of PE’ Athletics | 1. Real Dance – Creative   2.. ‘Power of PE’ Netball | 1. Real Gym – Cognitive   2. Power of PE’ Football | 1. Real Gym – Physical   2. ‘Power of PE’ Tennis | 1. Real PE - Social 2. Power of PE’ Orienteering | 1. Real PE – Health and Fitness 2. Rugby (Warrington Wolves) |
| **Year 4** | 1. Real PE - Social   2. Power of PE’ Orienteering ‘ | 1. Real PE – Health and fitness 2. Real Dance - Creative | 1. Real Gym - Physical 2. ‘Power of PE’ Hockey | 1. Real Gym – Personal 2. ‘Power of PE’ Athletics | 1. Real PE – Cognitive 2. ‘Power of PE’ Cricket | 1. Rugby (Warrington Wolves) 2. Swimming at Great Sankey |
| **Year 5** | 1. Real PE – Physical   2. ‘Power of PE’ Netball | 1. Real PE - Personal  2. ‘Power of PE’ Athletics (Sportshall) | 1. Real Gym – Cognitive 2. ‘Power of PE’ Tennis | 1. Real Gym – Health and Fitness 2. ‘Power of PE’ Orienteering | 1. Real Dance - Social   2. ‘Power of PE’ Rounders | 1. Real PE Creative 2. Swimming at Great Sankey |
| **Year 6** | 1. Real PE – Cognitive   2. ‘Power of PE’ Football | 1. Real Dance - Creative 2. ‘Power of PE’ Athletics (Sportshall) | 1. Real PE – Health and Fitness (basketball skills) 2. ‘Power of PE’ Health related exercise | 1. Real Gym – Personal 2. ‘Power of PE’ Hockey | 1. Real Gym - Physical   2. ‘Power of PE’ Orienteering ‘ | 1. Real PE – Social – children to work together to plan Sports Day. 2. Power of PE’ - Cricket |

Black: Non-Real PE Green: Real PE/Real Gym/Real Dance Red: External provision onsite Purple: External provision offsite

Highlighted – subject to change depending on purchase of extra equipment

Warm Ups – These should consist of 3 elements: A pulse raiser, a stretching aspect, and a sport specific skill