

Pe long-term overview						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	<p>Real PE – Cognitive FUNS</p> <p>4- Static Balance Small Base</p> <p>5- Dynamic Balance</p> <p>Health and Bodily awareness 'TPoPE'</p>	<p>Real Gym – Physical FUNS</p> <p>8 – Co-ordination with Equipment</p> <p>12 – Agility/Reaction Response</p> <p>Improving Throwing and Improving Catching 'TPoPE'</p>	<p>Real Gym – Personal FUNS</p> <p>1 –Static One Leg Balance 10</p> <p>– Co-ordination Floor Movement Patterns.</p> <p>Health and Bodily awareness 'TPoPE'</p>	<p>Real PE – Creative FUNS</p> <p>7 – Counter Balance in Pairs</p> <p>9 – Co-ordination Ball Skills</p> <p>Improving Agility and Improving Balance 'TPoPE'</p>	<p>Real PE – Social FUNS</p> <p>2 – Static Balance Seated</p> <p>6 – Dynamic Balance to Agility</p> <p>Dance</p>	<p>Athletics 'TPoPE' (include introduction to Sports Day races &amp; activities)</p> <p>Dance</p>
Year 1	<p>Real PE – Personal FUNS</p> <p>10 – Co-ordination – Floor Movement Patterns</p> <p>1 – Static Balance – One Leg Standing</p> <p>Orienteering 'TPoPE'</p>	<p>Real PE- Health and Fitness FUNS</p> <p>3 – Static Balance Floor Work</p> <p>Dance</p>	<p>Real Gym - Cognitive FUNS</p> <p>6- Dynamic Balance to Agility</p> <p>7 – Counter Balance in Pairs</p> <p>Ball skills – linked to football 'TPoPE'</p>	<p>Real Gym – Physical FUNS</p> <p>8 – Co-ordination with Equipment</p> <p>12 – Agility/Reaction Response</p> <p>Multi-Skills 'TPoPE'</p>	<p>Real PE – Social</p> <p>2 – Static Balance Seated</p> <p>6 – Dynamic Balance to Agility</p> <p>Striking and Fielding – Hockey 'TPoPE'</p>	<p>Real PE – Creative FUNS</p> <p>7 – Counter Balance in Pairs</p> <p>9 – Co-ordination Ball Skills</p> <p>Athletics 'TPoPE'</p>
Year 2	<p>Real PE – Personal FUNS</p> <p>10 – Co-ordination – Floor Movement Patterns</p> <p>1 – Static Balance – One Leg Standing</p> <p>Dance</p>	<p>Real PE - Social</p> <p>2 – Static Balance Seated</p> <p>6 – Dynamic Balance to Agility</p> <p>Catching and Throwing 'TPoPE'</p>	<p>Real Gym – Physical FUNS</p> <p>8 – Co-ordination with Equipment</p> <p>12 – Agility/Reaction Response</p> <p>Ball skills – linked to football 'TPoPE'</p>	<p>Real PE linked to Health and Fitness FUNS</p> <p>3 – Static Balance Floor Work</p> <p>11 – Agility - Ball Chasing</p> <p>Striking and Fielding – Hockey</p>	<p>Real PE – Creative FUNS</p> <p>7 – Counter Balance in Pairs</p> <p>9 – Co-ordination Ball Skills</p> <p>Dance</p>	<p>Real Gym - Cognitive FUNS</p> <p>6- Dynamic Balance to Agility</p> <p>7 – Counter Balance in Pairs</p> <p>Orienteering 'TPoPE' &amp; Enrich resources</p>

				'TPoPE'		
Year 3	Real PE – Cognitive FUNS 4 – Static Balance Small Base 10 – Co-ordination – Floor Movement Patterns 9 – Co-ordination – Ball Skills Orienteering 'TPoPE' & Enrich resources	Real PE – Social FUNS 6- Dynamic Balance to Agility 7 – Counter Balance in Pairs  Netball 'TPoPE'	Real Gym – Personal FUNS 8 – Co-ordination with Equipment 10 – Co-ordination – Floor Movement Patterns  Racket Sports - Tennis 'TPoPE'	Real Gym – Physical FUNS 1 – Static Balance – One Leg Standing  Dance	Real PE – Health and Fitness FUNS 3 – Static Balance – Floor work 12 - Agility Reaction/ Response  Athletics 'TPoPE'	Real PE Creative FUNS 2 – Static Balance – Seated 3 – Static Balance - Floor  Rugby
Year 4	Real PE Cognitive link FUNS 9 – Co-ordination – Ball Skills 12 - Agility Reaction/ Response Orienteering 'TPoPE' & Enrich resources	Real PE Creative FUNS 2. – Static Balance – Seated 3. – Static Balance - Floor Netball 'TPoPE'	Real Gym – Personal FUNS 8 – Co-ordination with Equipment 10 – Co-ordination – Floor Movement Patterns  Real PE – Social FUNS 6- Dynamic Balance to Agility 7 – Counter Balance in Pairs	Real Gym – Physical FUNS 1 – Static Balance – One Leg Standing 3 – Static Balance – Floor work  Dance	Real PE – Health and Fitness FUNS 11 – Agility Ball Chasing 4 – Static Balance Small Base  Swimming – external provider	Rugby - Warrington Wolves   Swimming – external provider
Year 5	Real PE Creative FUNS 2 – Static Balance – Seated 3 – Static Balance - Floor  Dance	Football 'TPoPE' with links to: Social FUNS 9 – Co-ordination – Ball Skills 12 - Agility Reaction/ Response	Real Gym – Personal FUNS 8 – Co-ordination with Equipment 10 – Co-ordination – Floor Movement Patterns	Real Gym – Physical FUNS 1 – Static Balance – One Leg Standing 3 – Static Balance – Floor work	Real Gym – Health and Fitness FUNS 4 – Static Balance Small Base 10 – Co-ordination – Floor Movement	Real PE – Cognitive (football link) FUNS 9 – Co-ordination – Ball Skills 12 - Agility

		Orienteering 'TPoPE' & Enrich resources	Swimming - external provider	Swimming - external provider	Patterns Basketball 'TPoPE'	Reaction/ Response Handball 'TPoPE' Racket Sports - Cricket & Rounders 'TPoPE'
Year 6	Real PE – Cognitive (football link) FUNS 9 – Co- ordination – Ball Skills 12 - Agility Reaction/ Response  Basketball 'TPoPE'	Real PE – Creative FUNS 2. – Static Balance – Seated 3. – Static Balance – Floor  Dance	Real Gym - Personal FUNS 8 – Co- ordination with Equipment 10 – Coordination – Floor Movement Patterns Real Leaders or Health Related Exercise with a focus on athletic skills.	Real Gym – Physical FUNS 1 – Static Balance – One Leg Standing 3 – Static Balance – Floor work  Orienteering 'TPoPE' & Enrich resources	Real PE – Health and Fitness FUNS 4 – Static Balance Small Base 10 – Coordination – Floor Movement Patterns Racket Sports – Cricket & Rounders Athletics (Sportshall)	Real PE – Social FUNS 6- Dynamic Balance to Agility 7 – Counter Balance in Pairs  Athletics 'TPoPE'