Progression of specific knowledge – Animals Inc Humans

Year Group	Human body	Healthy Lifestyles/Food	Animals	
EYFS	Senses – look, touch, hear, smell	Healthy eating – 5 a day, balance diet – linked to supertato	Mini-beasts – draw pictures/make homes/ observe Farmer Ted trip to observe different range of animals, lizards etc. Touch and observe real life as life experience	
Y1	Body parts, especially those linked to the senses Head, eyes, mouth, ears, legs, teeth, hands, fingers, nose	Categorising animals by what they eat Carnivores, omnivores, herbivores	Categories Fish, reptiles, birds, amphibians. mammals	
Y2	How our body changed as we go from a baby through to adulthood baby, toddler, child, teenager, adult	Healthy adults – human needs , right amounts of food types Eatwell plate, fruit and vegetables, bread, rice, potatoes, meat, fish, eggs, milk	Offspring that grow into adults Lamp, sheep, egg, chick, chicken, spawn, tadpole, frog, egg, caterpillar, butterfly Basic needs to survive Food toe at, water to drink, air to breathe, shelter	

Progression of specific knowledge – Animals Inc Humans

Y3	Skeleton and muscles	Healthy eating	Skeleton of an animal	
	Ribcage, skull, collarbone, radius, ulna, spine, pelvis, tibia, fibula, ankle bone, femur, knee cap, jaw, bones, muscles, joint	Nutrition, nutrients, carbohydrates, proteins, vitamins, fibre	Muscles, joints, bones	
Y4	Digestive System Mouth and teeth, oesophagus, stomach, large		Herbivore, Omnivore, Carnivore -Food chains Herbivore, omnivore,	
	intestines, small intestines, rectum, anus		carnivore, producer, consumer, predator, prey,	
	Teeth Incisors, Molars, premolars, Canines		Teeth in Animals	
Y5	Human life cycle- reproduction and puberty Sexual reproduction, puberty, menstruation, fertilise, live young, sperm, eggs, foetus, gestation, life expectancy		Gestation periods for different animals	

Progression of specific knowledge – Animals Inc Humans

Y6	Circulatory system Heart, pulse, blood, blood vessels, lungs, right atrium, left atrium, right ventricle, left ventricle	Affect of Diet, Exercise and drugs on the body Medicines, substances, smoking, alcohol,	