

Bury Church of England Primary School

Part of the Diocese of Ely Multi Academy Trust

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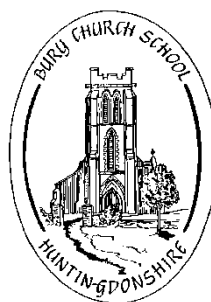
www.bury.cambs.sch.uk

Headteacher

Miss E Heanes

Assistant Headteachers

Mrs S Coulston & Miss E Jones



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Diocese of Ely
multi-academy trust



Dear Parents/carers,

As a part of your child's education at Bury Primary School we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Why do we teach Relationships and Sex Education (RSE)?

Children can start to go through puberty from the age of 8 (Year 3) and the physical and emotional changes that take place can be very confusing, and even frightening, if they do not accurately understand what to expect. Children need help to make sense of the messages they have may picked up (including from the media) about our bodies, puberty and how a variety of relationships work (e.g. with friends, parents and carers, family members, romantic and sexual relationships). Being aware of and able to talk about their body, relationships and feelings is vital for children to stay safe and seek help if they feel at risk or are being harmed. Relationships and Sex Education (RSE) is important to help and support children through their physical, emotional and moral development. It helps children grow up able to enjoy the positive benefits of loving, rewarding and responsible relationships. It makes sure they are informed and comfortable with their bodies; that they understand the changes during puberty; that they are healthy and are physically and emotionally safe.

How is RSE taught at Bury Primary School?

RSE teaching at Bury Primary School is set in the context of clear values, most importantly the value of loving and stable relationships (including marriage). It teaches children to develop values, attitudes, personal and social skills, and increase their knowledge and understanding to make informed decisions and choices when they are adults.

RSE teaching at Bury Primary School recognises and acknowledges the diversity of people, faiths, cultural backgrounds, family structures and relationships. It promotes awareness and understanding of the wide range of practices and beliefs relating to sex and relationships within our society without promoting any particular practice or belief as right or wrong.

I am writing to let you know that, this half term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

Year Group	Key Vocabulary and Topics
Reception	Penis, vagina, vulva, testicles.
Year 1	Penis, vagina, vulva, testicles.
Year 2	Penis, vagina, vulva, testicles.
Year 3	Penis, vagina, vulva, testicles, breast, nipple, anus, scrotum.
Year 4	Penis, vagina, vulva, testicles, breast, nipple, anus, scrotum, egg/ovum, sperm/seeds.
Year 5	Penis, vagina, vulva, testicles, breast, nipple, anus, scrotum, egg/ovum, sperm/seeds, menstruation, wet dreams, cervix, labia, fallopian tubes, clitoris, ovary, uterus, womb, urethra, pubic hair.
Year 6	Penis, vagina, vulva, testicles, breast, nipple, anus, scrotum, egg/ovum, sperm/seeds, menstruation, cervix, labia, fallopian tubes, clitoris, ovary, uterus, womb, urethra, pubic hair, sexual intercourse, conception, ovulation.

Teaching the correct names of our external body parts is another important aspect of sex education, appropriate for young children, and it need not be done with stigma or embarrassment. One could argue that from a safeguarding point of view, it is vitally important for young children to know what their body parts are called so that, in the event of they themselves being touched inappropriately by another person, they are able to articulate accurately where they have been touched and able to feel confident that they will not be blamed or shamed. No one wants to introduce fear and worry for young children where it was not previously felt, but it is equally important to build confidence and 'a voice' so that all children can lead healthy and safe lives.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

For further information, a copy of our RSE policy is available to view on our website. If you have any further questions, please speak to your child's class teacher.

Thank you for your continued support.

Yours sincerely,

Miss E Heanes
Headteacher