

## Your Weekly Newsletter

Issue 189 Week Ending Friday 20<sup>th</sup> September



### Autumn Term Dates:

24<sup>th</sup> September ~ Eagles' Class assembly.

1<sup>st</sup> October ~ Herons' Class assembly.

4<sup>th</sup> October ~ Grandparents afternoon in Ducklings Classes

8<sup>th</sup> October ~ Hawks' Class assembly.

15<sup>th</sup> October ~ Parrots' Class assembly.

17<sup>th</sup> October ~ PTFA Spooky Halloween Night (Details to come)

Friday 18<sup>th</sup> October ~ The Jungle Book production for school.

Break up for a two week holiday.

5<sup>th</sup> November ~ Robins' Class assembly.

Saturday 9<sup>th</sup> November ~ Carleton Green Goes Green open morning – 10:00-13:00. Families and members of our local community are invited to help us work on aspects of our outdoor spaces. Refreshments are provided.

Monday 11<sup>th</sup> November – Individual School Photographs

Monday 11<sup>th</sup> and Wednesday 13<sup>th</sup> November Parents' Evenings 16:00-19:00.

12<sup>th</sup> November ~ Kestrels' Class assembly.

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19<sup>th</sup> November ~ Falcons' Class assembly.

Thursday 21<sup>st</sup> November ~ PTFA Film Night (Details to follow soon)

26<sup>th</sup> November ~ Owls' Class assembly.

Thursday 5<sup>th</sup> December ~ Christmas Market 15:30-17:00

Week Beginning the 9<sup>th</sup> December ~ EYFS and KS1 Christmas Productions.

PTFA Pamper Night Friday evening in December with details coming soon.

Monday 16<sup>th</sup> December ~ Open afternoon for classes to share their Fantastic Finish to their learning. 14:30 – 15:30

Wednesday 18<sup>th</sup> December ~ Candlelit Carol Service at Rossall Chapel. All families are welcome. 18:00- 19:30

*There will be more dates added over the next few weeks so please keep a look out. Changes or additions will be in red.*

Apologies for the lack of newsletter last week – Friday the 13<sup>th</sup>/ technology was simply not on our side!

Sunday 8<sup>th</sup> arrived with not a cloud in the sky over the North East where Mrs Lees and I were able to take on the challenge of the Great North Run along with 57000 other runners in perfect, albeit a bit warm, conditions. We both ran well. We are appreciative of the money donated and the support we received. We hope that our efforts will inspire our children in school to push themselves. I now have to continue my training in readiness for the London Marathon. This is an event I have undertaken before and hope that I will be able to do Carleton Green proud despite being ten years older! (If anyone has any ideas for fundraising I would welcome input)

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*Feeling Peckish?* Our kitchen is keen to serve food that our children like and we are monitoring what is popular and what is not. We intend to offer a free lunch for all children to sample a school meal. This will be coming in the next few weeks so look out for details on our newsletter. We already have enjoyed some 'home grown' produce on our menu.

2019 – 20 Our intentions for the coming year are as always to improve on last year's results but we really are striving to ensure that all our pupils make greater progress from their starting points. We have designed our curriculum to promote progression of knowledge and skills from our Ducklings up to Year Six. Our PE days will assist in tracking the personal improvements each pupil is making with their fitness and perseverance skills. We want children to be excited in their learning as well as proud and happy in their school, with lessons tailored to meet the individual needs within each classroom. Behaviours and attitudes across school are outstanding and we want to maintain this through greater consistency and use of Carleton Codes. Romeo is also timetabled to support every class in school and will continue to support pupils that may have some emotional or physical needs. Our leadership team comprises of the Headteacher (Mrs McGrath), Deputy Headteacher (Miss Murray), Senior Leader (Mrs Farnworth), Lead Teacher KS2 (Mrs McEvilly) and Lead Teacher EYFS/KS1 (Mrs Catterall) with our SENDCo (Mrs Oddy). As a team; we aim to work together with our families; to lead and support our Teachers and Learning Support Assistants, to deliver the best education experience. We are always available to meet to discuss any concerns you may have. Simply email, phone or pop into the school office to make an appointment that is mutually convenient. We aim to respond to emails the same day however, please bear with us as some days are inevitably busier than others!

We held our first Governors meeting last week to discuss all the achievements of last year and to talk through our intentions for the year ahead. I wanted to inform you that Mr Siddall has taken the decision to step down from being our Chair of Governors as he has taken on the enormous task of becoming the Headteacher at Hodgson Academy. He was a great support to our school and I am confident that our close link with the Academy will continue. We wish him much success in his new role and thank him for his work at Carleton Green. Mr Panther was voted to become our new Chair of Governors. He has played a huge part in the Carleton Community for many years with his daughters

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attending as well as in his significant role in leading our PTFA and therefore I am confident with his involvement we will continue to stride forwards to excellence.

We felt that we are missing some vital skills in our current team along with **requiring one new parent governor**. Please do not be daunted by the role – we are a friendly bunch and simply want to form a larger team to help Carleton Green improve further. **We have three other vacancies alongside the parent governor role**. If you know of anyone that has knowledge or expertise in the **building trade, finance sector, music or is a teacher at another school** and they have the capacity to volunteer a little time as a governor please point them in my direction.

### Uniform Update.

As many of you are aware we now have all our uniform stocked in Bispham Clothing.

Uniform and Leisurewear also stock our uniform; however, they do not have our new tracksuit. Please note you will need to go to their shop in Blackpool as their delivery service to school has ceased. We will not be using this stockist moving forwards. They anticipate that they will have a full range of sizes over this coming half term, however it may be worthwhile phoning ahead of a visit to save a wasted journey.

Tel: 01524 388355 Opening Hours: Monday – Saturday 9.30am – 4.30pm

**Please put your child's name in their uniform to prevent them from getting lost.**

Dates for the school year. We have set this year's term dates and next year's to be line with our local high schools. Please look at our website for these dates to assist in keeping your holidays outside of school term times. It is crucial that your child is in school for the maximum amount of time not just simply for their learning but also to support their social and mental well-being.

Trips ~ As mentioned in the section discussing our intentions for this year ahead we want children to be excited in their learning and motivated to find out more in their own time. Providing experiences beyond the confines of the classroom are an ideal way to do this. Next week I will

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include details of the planned experiences each class have factored into their teaching. We ask that we have some help towards the cost of such experiential learning and thank you for your support with this.



*Well done! Josie from Yellow Ducklings, Alfie from Brown Ducklings, Emily from Parrots, Jessica from Herons, Molly from Robins, Summer from Owls, Ava from Doves, Amelie from Kestrels, Abbie from Falcons, Amy from Hawks and Sam from Eagles.*

Yellow Ducklings 96% with 1 late	Brown Ducklings 98% with 0 lates	Parrots 99% with 0 lates
Herons 97% with 4 lates	Robins 88% with 4 lates	Owls 95% with 4 lates
Kestrels 96% with 2 lates	Doves 98% with 7 lates	Falcons 94% with 2 lates
Hawks 99% with 0 lates	Eagles 99% with 0 lates	Well done to those for making it to school every day on time!

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**Your child's sight is precious.**

**Good vision helps them to learn, play and communicate with the world around them.**

Yet, there are more than a million children in the UK with undetected vision problems.\*

Children's eyes continue to develop until they reach the age of eight, so caring for a child's eyes in the early years can help lay the foundations for good vision that lasts a lifetime.

There are lots of simple things that you can do to help keep kids' eyes healthy.

### **Essential eye checks**

Having regular sight tests – every two years, unless you're advised otherwise by your optometrist, is a great place to start.

Sight tests will ensure any problems such as childhood conditions like squint and amblyopia (lazy eye) or myopia (short-sightedness) are picked up early.

The sooner problems are identified the better the treatment outcome.

Remember sight tests are free on the NHS for all children under 16 years.

### **Eat a rainbow**

Eating a rainbow of colourful fruit and vegetables helps ensure young eyes get the nutrients they need to grow healthily.

Foods like tomatoes, grapes and blueberries as well as fish, eggs and whole grains are packed with eye-friendly nutrients.

### **Go out and play**

There is emerging evidence that spending two hours or more a day outdoors can reduce the risk of myopia, even if there is a family history of the condition.

### **Be safe in the sun**

It's also really important to protect your eyes from the sun.

When you're young the lens at the front of your eye is really clear and lets more of the damaging sunlight in.

So here are 10 ways to help keep kids' eyes protected from the sun.

1. Protect their eyes whenever the UV Index rises to three or more.

*Visit the Met Office website for information on UV levels.*

2. Make sure the eyes and the area around your eyes is fully covered.

3. Wear sunglasses with a CE; UV 400 or British Standard Mark as this ensures they provide adequate UV protection.

4. Never wear toy sunglasses. These offer little UV protection

and can actually cause more damage because the tinted lenses dilate the pupil allowing more UV to enter the eye.

5. If your child wears glasses or contact lenses, check their lenses provide UV protection.

6. Wear a hat, cap or visor for added protection.

7. Sit or play in the shade.

8. Stay out of the sun between 12pm and 3pm when the sun's rays are strongest.

Up to 50 per cent of the total daily UV is emitted between these times!

9. Don't let them look directly at the sun.

10. Remember the shadow rule... If your shadow is taller than you are your eyes are at greatest risk from UV as your brow bone no longer offers natural protection.

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