Edition 353

CG Spotlight

Fly. High. Soar

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Key Dates:
13<sup>th</sup> May – SATs Week
17<sup>th</sup> May - Non-uniform day - Stroke Awareness - Wear something purple
24<sup>th</sup> May – Fundraising Day in aid of Blackpool Stroke Ward
                                       25th May - Break up for Half Term
10<sup>th</sup> June – School opens
10<sup>th</sup> June – Phonics Screening (All week)
10<sup>th</sup> June - Healthy Living Week
10<sup>th</sup> June – Science Week
11<sup>th</sup> June - EYFS Stay and play - Time to be confirmed.
12<sup>th</sup> June - Sports Day pm
18<sup>th</sup> June – EYFS Stay and play – Time to be confirmed.
19<sup>th</sup> June - Class Photos
19<sup>th</sup> June - Interhouse Sports Competition - After school
21<sup>st</sup> June - British Values Day
24th - 26th June - Year 5 trip to Waddecar
28<sup>th</sup> June – Summer Fair
1st July – Year 5 visiting St Aidans
2<sup>nd</sup> July - Little Chicks Graduation - 2.30pm
4th/5th July - Transition Days - New Classes
5<sup>th</sup> July - Year 6 - High School transition
9th July - Proms in the playground - 2.30pm
10<sup>th</sup> July – Year 6 production
11<sup>th</sup> July - Meet the teachers
12th July - End of year reports
17th July - Rock Steady Performance (Wednesday Groups) - 10am. Invitations to parents will be
sent out next half term.
17th July - Year 6 Leavers BBQ
23<sup>rd</sup> July – Leavers Assembly
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23rd July - School Closes for the Summer holidays!

You can tell it's nearly the end of term with the amount of events coming up between now and

Taekwondo Success

Leonardo, one of our lovely Year 5 children, competed in his first international competition winning the silver medal last weekend.

Well done Leonardo!



Mum has also been busy earning medals. Not a family to mess with!



Football success

Jett, one of our wonderful Year 2 children, competed in the Hogan Plate on Saturday. His football team, Thornton-Cleveleys Tigers, won the semi-final 6-0. The final will be played on the 12th May at Bloomfield Road. Not every footballer gets to play on a professional pitch at his age.

Well done to Jett and the rest of the team for their amazing win!



(Permission has been given by the other children's parents for them to appear in our newsletter.)

Karate Success



Jack, Blake and Ben have all achieved their brown belts in Karate. Jack said it was hard assessment where they had to do a lot of combinations and then lie down for 5 minutes whilst keeping their head and feet up!

A huge well done to all 3 boys!

More success in Taekwondo

Last weekend, George, Freddie and Leonardo took part in the International Championship in Manchester.

With 14 countries and over 300 competitors taking part, it was a fantastic event.

Our boys did fantastic with George and Leonardo winning silver and Freddie winning bronze. The club, Northern Taekwondo, won best club overall.

How amazing! Good work boys!





Gymanastic success



Here is Lucy, one of Kestrel children, who has been extremely busy winning, not 1, not 2 but 6 medals for her amazing gymnastic skills.

She won silver in vault and floor.

Bronze in bar and beam.

She won bronze for her oberall achievements and an extra medal for competing.

Well done Lucy, an amazing achievement!

Stars of the week!

Yellow Ducklings - Evelyn, Lucas Brown Ducklings - Beatrice, Rex

Herons - Myles, Luna

Robins - Zaneera, Hallie

Parrots - Beatrix

Kestrels - Emily, Ruby

Owls - Elsie, Alice

Doves - Jimmy, Jude

Hawks - George, Amy

Falcons - Codey, Holly

Eagles - Jack, Arnie



Coffee Mornings

Come and join us! Free Community Coffee Morning Every Thursday, 10-12pm, from the 16th May At St Martin's and St Hilda's Church Hall There will be tea, coffee, biscuits, books and jigsaws.



Outdoor learning

Carleton Green are taking part in 'Grow With it!'

Throughout the remainder of 2024 we will be growing a selection of drought-tolerant plants from seed, measuring their progress and our watering practices. We will be contributing this date to an online map, to find out how communities are growing across the UK!

The programme is all about supporting people to make better growing choices, while also inviting you to contribute your experiences and findings. Our focus for 2024 is on water usage, so that we can learn how communities and schools are growing and watering their plants, and support everyone to achieve success in our changing climate.

Here are our top tips for collecting and saving water in your garden: 1 Use a water butt to collect rain water 2 Place drip trays or saucers beneath pots

- 3 Add mulch around new plants
- 4 Add homemade compost to your soil
- 5 Choose the right plant for the right place
- 6 Avoid watering any lawns
- Use self-watering containers
- 8 Choose permeable paving, or swap paving for plants
- 9 Use a watering can instead of a hose where possible
- 10 Water plants in the early morning or evening





Wyre in Bloom

We are once again participlating in Wyre in

If you are able to donate any flowers to help, could you please bring them into school after the May half term. Many thanks!

Thank you for your continued support both within and beyond school. Stacey Clark | Acting Headteacher | s.clark@carletongreen.lancs.sch.uk Stephen Boyd | Acting Deputy Headteacher | s.boyd@carletongreen.lancs.sch.uk

Stroke Awareness Day - Keeping everyone active and healthy.

On Friday 24th May (the last day of term), we will be holding a fun day for all the children. This will involve the children keeping as active as possible to help raise money for the Blackpool Stroke Unit that did an amazing job looking after Mrs McGrath.

If you would like to donate to this wonderful cause, please use the link below. http://www.justgiving.com/page/carleton-green-1713855656286

A message from Mrs McGrath

It's madness to think that one day the life that you knew will be taken from you in an instant without warning or cause. That happened to me mid-morning on the 3rd November after carrying out a tour of our wonderful school to prospective parents.

I am a headteacher, a runner; disciplined with my eating habits and lead a very healthy lifestyle; getting up early and into bed early too, lots of fresh air, walking my dog and running.

Looking back, I took my independence and fit body for granted. After three months incarcerated in the Vic's Acute Stroke Ward, I learned about gratitude the hard way. My stroke had left me totally paralysed on my left side and so I became dependent on the help from others, help to bathe, get dressed as well as help to eat - help for basic needs. I had to be taught how to be independent again. The outstanding neuro physio therapists became my best friends. They gave me my drive and my reason to live ... I am strong and resilient but this experience has tested every ounce of my being and soul. I have pushed myself so hard to overcome the effects of the brain damage that I was reduced to 5 stone and often in tears.

Coming home was a goal I had set in my mind where I insisted I would be able to walk unaided but nothing prepared me for the reality. I had to learn all over again how to be able to take care of myself and my home When I first was able to step outside, I was overwhelmed with the beauty of outdoors. The birdsong was tremendous. I had not been outside for three whole months. I am so grateful for my family, my little dog Pippa, and my friends that have encouraged and applauded each tiny step of progress I have made.

The team at Victoria Hospital made it possible for me to push myself to recover. I am not simply a stroke survivor but I believe I am a stroke thriver!

