



# PE Subject Intent

At Carleton Green, we believe that it is essential to provide a varied and exciting PE curriculum to help our children achieve healthy physical, emotional and social development.

We provide a safe and supportive environment for children to flourish in a range of different physical activities. This is essential in supporting their physical, emotional, social and moral development. We offer a dynamic, engaging and varied programme of activities to ensure that all children progress physically through a fully inclusive PE curriculum.

Within PE lessons, our students become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. After mastering these skills, students can then apply them within a range of activities.

Our curriculum improves the well-being and fitness of all children, not only through the sporting skills taught, but also through the underpinning values that PE promotes. We aim to deliver high quality teaching and learning opportunities that enable all children to achieve their personal best.

Children are taught to observe and exhibit the conventions of fair play, honest competition and good sporting behaviour as individual participants, team members and spectators. All children participate in competitive sport which can be against self-and/or others. We teach core values which encourage students to be the very best that they can be whilst working as a team and showing respect and resilience.

Swimming is an important life skill; we aspire for all children to leave primary school being able to swim at least 25 metres. We want all children to have the opportunity to enjoy being physically active, maintain a healthy lifestyle, enjoy sport and increase their self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with determination and resilience.



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We strive to maximise opportunities for our children to be physically active by promoting all avenues for activity (not just in PE lessons and through competitive sport opportunities). This includes within our curriculum, within our extra-curricular offer, across our school environment and through links with the wider community. At lunch and break times we offer a variety of adult led activities that keep children moving and engaging in games. Built into the school grounds are free flow equipment and obstacles that inspire children to keep moving. In the classroom we maximise opportunities to embed learning through physical activity and ensuring we include brain breaks in the school day that help to maintain physical and mental wellbeing.

We teach regular outdoor learning lessons to all our children so that they have hands on experiences. We want children to have the opportunity to be able to explore and learn outside throughout the year, experiencing the seasons and changing nature around them. Such experiences encourage our children to become successful learners and develop as healthy, confident, enterprising and responsible citizens. This is why outdoor learning is central in our curriculum.