



# Living life to the full at Carmel College

- Compassion
- Confidence
- Honesty
- Justice

## This fortnight at Carmel College

Updates for W/C 9<sup>th</sup> October- 20<sup>th</sup> October 2023 – [October is Black History Month and the Month of the Holy Rosary](#)

### Important Messages for Parents

- Click [here](#) for the College calendar
- Click [here](#) for more information on the importance of good attendance
- Click [here](#) for our parking pledge
- Please remind your children that chewing gum is prohibited at Carmel College.

### Key Dates and Upcoming Events

Event	Date
Parliament Trip to London	13 <sup>th</sup> October
DofE Silver practice	13 <sup>th</sup> – 15 <sup>th</sup> October
Whole school closed to students – INSET day	20 <sup>th</sup> October
October half term commences	Monday 23 <sup>rd</sup> to Sunday 29 <sup>th</sup>

\* Silksworth Ski lessons upcoming - ski students to return Silksworth letters ASAP\*

**5** Week Commencing: Monday 2<sup>nd</sup> October 2023  
 Spirituality Themes and Scripture for Liturgies this week: WEEK 26 YEAR A- 'Be united in your love.' Philippians 2:1-11  
 2<sup>nd</sup> Guardian Angels, 4<sup>th</sup> ST FRANCIS OF ASSISI, **CAFOD FAST DAY 6<sup>th</sup> OCTOBER**  
**HARVEST ASSEMBLIES THIS WEEK** 2<sup>nd</sup> The Holy Guardian Angels, **7<sup>th</sup> OCTOBER**  
**PATRONAL FEAST DAY OUR LADY OF THE ROSARY**  
 (Laudato Si Care for Creation focus on Feast of St Francis, (Rosary for Feast of Our Lady of the Rosary)  
**BLACK HISTORY MONTH**  
 WORLD RELIGIONS AND CULTURAL EVENTS: HINDU CELEBRATION OF GANDHI JAYANTI  
 4<sup>th</sup> October- world habitat day  
 October is school library month Word Teachers Day 5<sup>th</sup> October, 6<sup>th</sup> World Smile Day,  
 7<sup>th</sup> World Day for Decent work  
**October is the month of the Most Holy Rosary**  
**Be united in your love**  
 'Be united in your love'  
**6** Week Commencing: Monday 9<sup>th</sup> October 2023  
 Spirituality Themes and Scripture for Liturgies this week: WEEK 27 YEAR A- 'The stone that the builders rejected has become the cornerstone.' Matthew 21: 33-43  
 9<sup>th</sup> St John Henry Newman, ST PAULINUS, 11<sup>th</sup> ST JOHN XXIII, **12<sup>th</sup> ST WILFRID TRUST**  
**PATRONAL FEAST DAY**, ST EDWARD THE CONFESSOR, 15<sup>th</sup> ST THERESA OF AVILA  
 Week of Prayer for Prisoners 9<sup>th</sup> 15<sup>th</sup> October (Activities surrounding those who are imprisoned- <https://prisonweek.org>)  
 10<sup>th</sup> world homeless day, 10<sup>th</sup> WORLD MENTAL HEALTH DAY, 11<sup>th</sup> INTERNATIONAL DAY OF THE GIRL CHILD  
**BLACK HISTORY MONTH**  
**October is the Month of the Most Holy Rosary**  
**Faith**  
 'The stone that the builders rejected has become the cornerstone.'  
 Linked Virtue: Resilience  
 Linked CST: Solidarity and Subsidiarity

## Wider College Events

## PSHE and Well-Being

Click [here](#) for to see our most recent news and images of students 'Living life to the full'.

Previous Events:  
 Our year 7 students have had a very active first few weeks starting life at Carmel College, some of our youngest students have been involved in the following events already this term:

- A visit to St Teresa's School through the Salford Learning project during which they experience a traditional Traveller Wagon and heard from Gypsy Author Richard O'Neill who led a workshop on creative writing.
- There was an excellent turnout from Year 7 student and members of the community for the MacMillan Coffee Morning which raised over £450 in total. A massive thank. You to all the contributed cakes and donations.
- Year 7 were fully welcomed to Carmel on Wednesday with their Welcome Mass celebrating feat of St Francis of Assisi. From the singing and liturgical movement to the students reading and attendance of the parishioners, it was a truly special welcome and first collective worship as members of the Carmel Community.

They have made us immensely proud; they have lived and breathed our virtues this month with assisting in the community with charitable events whilst growing in confidence.

Please click [here](#) for the latest copy of our online safety newsletter

**PSHE**  
 Student across the college continue to engage with their Personal, Social, Health and Economic learning through this half-term's module of 'Confidence for Life'. At the heart of this module lies the intent to foster in our students a resilient sense of self. In today's dynamic and constantly evolving social landscape, understanding oneself and one's place in the world becomes paramount. 'Confidence for Life' is not just about instilling self-belief. It's about equipping our students with the skills and knowledge to navigate their social environments, understand the influences around them, foster positive relationships, and exercise online safety. By diving deep into personal identity and understanding family dynamics, we hope to encourage our students to embrace what makes them unique.

**How will we approach it?**  
 Each year, our students will revisit and delve deeper into these themes, expanding their skills and knowledge. Through group work, individual tasks, engaging discussions, real-world scenarios, and thought-provoking questions, we aim to prepare our students for a fulfilling life.

**The Journey through the Years:**

- Year 7: How does understanding my Identity affect my Confidence? At the outset, students embark on a journey of self-discovery.
- Year 8: Can embracing my uniqueness build lasting Confidence? Here, they delve into the beauty of individuality and the strength that lies in accepting oneself.
- Year 9 & 10: How does society and my environment affect my Confidence? As they grow, students will evaluate the intricate relationship between societal influences and their personal self-worth.
- Year 11: Is Confidence important for being an adult? As they near the cusp of adulthood, students will examine the role confidence plays in the adult world.
- Year 12: How can I confidently succeed at A Level? This is a crucial year, and students will focus on the application of their confidence in academia.
- Year 13: Our eldest students will dedicate their time to building robust future applications through UCAS, using all they've learnt to present their best selves.

### CARMEL COLLEGE HOUSE SYSTEM

We raised a magnificent **£265.07** from the highly entertaining Carmel Bake off. The house winner goes to.....

- 1<sup>st</sup> place St Aidans,
- 2<sup>nd</sup> place St Hildas,
- 3<sup>rd</sup> place St Bedes
- 4<sup>th</sup> place St Cuthberts



[Curriculum Overview](#)

[Catholic Life Prayer and Liturgy](#)

[Carmel Sixth Form Information](#)

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- Respect
- Responsibility
- Resilience
- Self Belief