

	<p>Lesson 3 Road safety 2022</p> <p>Lesson 4</p>	<p>challenges that can arise and where to get support if needed.</p> <p>Road Safety</p> <p>Rule of Law – applies to everyone, even politicians, the police, the very wealthy Individual Liberty – people should be free to benefit from their hard work, travel freely and say and write whatever they like as long as it doesn't harm others. Mutual Respect – we treat each other fairly and respect differences regardless of age, sex, religion, culture or race Tolerance and respect of other faiths and beliefs – UK has an international reputation of accepting people of other faiths and cultural traditions Democracy – everyone over the age of 18 has the right to say how they want the country to be run, general elections are fair</p>		<p>Lesson follows the Lancashire County Council 'Streetwise' performance 14th Sept 2022 Performance in Education</p>
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	<p>Lesson 5 Dealing with Change</p> <p>Lesson 6 Bullying and Cyber Bullying</p> <p>Lesson 7 Bullying and Cyber Bullying</p> <p>Crossing the line ‘ Gone too far!</p>	<p>Identify changes and transitions that can take place during adolescence the impact that change can have explain different ways of managing change and where to seek support</p> <p>Bullying and Cyber bullying By the end of these lessons you will be able to... Describe the meaning of bullying and cyberbullying and the impact it can have on an individual Explore challenging scenarios and their appropriate responses Explain where to seek support and advice on bullying/cyberbullying.</p>	<p>Students identify what being bullied means and the emotional impact this can have on an individual. Using peer-to-peer discussion, scenarios and videos, students explore different situations in which people can treat others in a negative way, as well as discover strategies to deal with hurtful types</p>
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				of behaviour.
Y7 – half term 2	<p>Health and Wellbeing</p> <p>Lesson 1 Health Body</p> <p>Lesson 2 A day in the life of Chloe</p>	<p>Students will study the importance of physical wellbeing and the impact it can have on mental health. Students will examine their own routines, the food and drink they consume and what the impact can have on their bodies, mood and behaviour.</p> <p>All will learn that it is important to eat healthily, take exercise, get enough sleep and take care with personal hygiene to keep healthy.</p> <p>Most will understand that smoking, excess alcohol, poor hygiene and inactivity are not part of a healthy lifestyle.</p> <p>Some will understand Body Mass Index, be able to interpret a BMI table and apply it to risk factors for health.</p> <p>Understand the symptoms and effects of Allergies</p>	<p>Staying healthy Personal fitness and wellbeing</p> <p>Disciplinary Literacy</p> <p>Presentation skills Communication skills Listening skills</p>	





<p>7 – half term 3</p>	<p>Living in a wider world</p> <p>Enterprise skills and Introduction to careers</p> <p>Lesson 1 Creative Careers</p> <p>Lesson 2-7 Ideas Badges</p> <p>Health and Wellbeing Smashed Online Virtual Performance</p>	<p>Ideas Badges launch via employer (NHS) that helps you develop digital, enterprise and employability skills</p> <p>Through our series of online challenges, you can win career-enhancing badges, unlock new opportunities and, ultimately, gain industry-recognised Awards that help you stand out from the crowd</p> <p>Provides an opportunity for students aged 11-14 to work in teams to devise an innovative app idea to help solve a problem in their local community Develop student’s digital skills, access engaging learning content and build their knowledge of digital careers</p> <p>Vodafone Digital Creators’ Challenge</p>	<p>Your Record of Achievement enables you to showcase the Skills and knowledge you have learnt wherever you are on your journey with iDEA, whether you have earned two badges or fifty. You have a unique verification number, this means that iDEA can validate your progress to date with any future employer or learning institution requiring verification</p>	<p>iDEA badges have been mapped against several inputs including National Curricula and the Skills Builder Framework. This helps support life, employability and soft skills, as well as a range of specialist subjects such as enterprise and formal computing (digital literacy, computer science and IT).</p>
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Y7 – half term 4	<p>Relationships and sex education</p> <p>Lesson 1 Puberty</p> <p>Lesson 2 Healthy and unhealthy Relationships</p> <p>Lesson 3 Consent</p>	<p>Puberty</p> <p>I can describe the main physical and emotional changes experienced during puberty</p> <ul style="list-style-type: none"> • I can evaluate how emotional changes may affect my relationships during puberty • I have strategies for managing the emotional changes experienced during puberty <p>I can identify healthy and unhealthy relationship behaviours</p> <ul style="list-style-type: none"> • I can describe the consequences of different relationship communication styles • I can demonstrate active listening and assertiveness skills 	<p>Personal wellbeing</p> <p>Self esteem</p> <p>Confidence</p> <p>Personal Safety</p>	

	<p>Lesson 4 FGM</p> <p>Lesson 5 'Somethings not right' KS3 Home Office lesson</p>	<p>I can explain what consent means, both legally and ethically, and why it is so important.</p> <ul style="list-style-type: none"> • I can identify signs of when someone is consenting and when they are not. • I can describe how consent is sought, given and not given in a healthy relationship. • I can give reasons why most young people do not have sex until after they have passed the age of consent. <p>Understand what FGM is and understand the dangers and what we can look out for</p> <p>FGM- what is it and why is so dangerous? 'Somethings not right' KS3 Home Office Resource</p> <ul style="list-style-type: none"> • Identify the features of positive relationships in the home • Recognise inappropriate, non-consensual, or 		<p>Although girls are most at risk at Primary School Teaching FGM is now mandatory for secondary schools (Parent consultation/ RSE Policy) Supporting students to speak to a trusted adult, and report concerns, is more important than ever, with young people having experienced a range of challenges at home during the recent coronavirus pandemic and resulting lockdown restrictions. These</p>
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	<p>Lesson 6 Self Esteem</p>	<p>unwanted behaviour, including online</p> <ul style="list-style-type: none"> • Explain why, when and how someone might report inappropriate behaviour • Demonstrate self-efficacy (a belief in your own abilities) and confidence in how to identify trusted adults and access support services <p>Students can reflect on how life online can be idealised and may not reflect reality</p> <ul style="list-style-type: none"> • Students can empathise with others and offer advice to those who may be struggling online • Students can devise strategies to boost their self-esteem and consider ‘how to be happy’ 	<p>lessons therefore support schools in their recovery approach to this academic year (2021-22).</p> <p>Educators can help to boost young people’s self-esteem to increase their resilience against online hate and negative experiences online. It is also vital to encourage young people to think critically about what they see</p>
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				online.
Y7 – half term 5	<p>Health and wellbeing</p> <p>Drug and Alcohol Education</p> <p>Lesson 1 Understanding Drugs</p> <p>Lesson 2 Risks and influences</p> <p>Lesson 3 Health Education Making choices about Diet and Exercise</p> <p>Lesson 4 Maintaining Physical Health</p>	<p>Understanding Drugs</p> <p>To learn about substance use and the risks and effects of caffeine consumption.</p> <p>To understand and manage influences relating to tobacco and nicotine product use.</p> <p>The dangers of e-cigarettes</p> <p>PSHE/ English lesson To learn about the risks and consequences of alcohol use</p> <p>Tobacco – risks and influences</p> <p>Vaping</p> <p>Alcohol and risk</p> <p>SEND lessons to support foundation learners</p>		<p>Providing age-appropriate knowledge about substance use and the understanding and skills to manage influences young people experience in relation to tobacco, alcohol and other drugs. This lesson introduces concepts of substance use through a focus on the risks and effects of caffeine consumption.</p> <ul style="list-style-type: none"> ✔ To understand and manage influences relating to tobacco and nicotine product use ✔ To learn about different influences on

		 KS3-4, lesson 3 - SEND drug & alcoh  KS3-4, lesson 2 - SEND drug & alcoh  KS3-4, lesson 1 - SEND drug & alcoh  Teacher guidance.pdf		someone's diet and exercise choices ✓ To learn how to make independent, informed decisions about maintaining physical health
Y7 – half term 6	Living in a wider world Money Management Financial Awareness Lesson 1 Saving Lesson 2 Interest Lesson 3 Diversity Week LGBTBT+ lesson Lesson 4	Making ethical financial decisions Saving, spending and budgeting our money What are the different types of financial transactions? What are the different types of financial products? What are wants and needs and what is the difference? What is Saving? Making the most out of your money		Teaching children about money equips them with the knowledge and skills they need to manage their money effectively now and in the future.

	<p>Making the most out of your money</p> <p>Lesson 5 Spending</p> <p>Lesson 6 Budgeting</p> <p>Lesson 7 Value for money</p>			
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