

Timeline	Topic	Key concepts and knowledge	Skills development	Rationale
<p><u>Understanding</u> = Understanding humanity (including subject content, subject specific skills, cultural capital) <u>Practising</u> = Practising humanity (including personal skills, British Values, mental health, moral education, spiritual education) <u>Contributing</u> = Contributing to humanity (including forming views on current issues, transferable skills, aspiration, careers and employability, social education)</p>				
<p>13 lessons</p>	<p>Is it possible to stop suffering on earth? (Buddhism: Beliefs)</p>	<p><u>Understanding</u> = the life of the Buddha; the importance of the Buddha as a ‘refuge’; the four noble truths; beliefs about the nature and origin of suffering; types and forms of suffering; craving as a cause of suffering; the three poisons; nibbana and the end of suffering; the noble eightfold path as the way to end suffering; anatta and anicca as realities of life and existence; a human is; the five aggregates; the concept of emptiness in humanity; Buddha-nature and Buddhahood; Pure Land Buddhist beliefs and practices; enlightenment; how these beliefs influence Buddhists <u>Practising</u> = what a human being is; the reality of existence as being full of suffering and the absence of souls; how to achieve one’s potential; how to reduce your own suffering and the suffering of others <u>Contributing</u> = contrasting views about existence and how these are justified and exemplified</p>	<p><u>Understanding</u> = explaining, contrasting and comparing Buddhist beliefs; explaining the influences of Buddhist beliefs from a Buddhist perspective; justifying points of view with evidence including scripture <u>Practising</u> = considering the nature and purpose of human beings; exploring how to end personal suffering and help reduce the suffering of others; becoming satisfied with what we have <u>Contributing</u> = discussion, debate and evaluation of ideas about humanity; learning how to analyse contrasting beliefs from a religions and non-religious perspective; reading/writing skills; listening and debating; interpretation of scripture</p>	<p>Using philosophical skills and understanding from Theme C</p> <p>Provides a contrasting view of the ultimate reality to Christianity, but familiar themes about humanity, personality and redemption being explored from an alternative perspective</p> <p>Practising thinking skills with more abstract and complex content</p> <p>Provides context to practices topic studied next</p> <p>Relates to ‘real-life’, as although concepts are abstract, they are all about what life is like</p>

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<p>10 lessons</p>	<p>What is the best way to enlightenment? (Buddhism: Practices)</p>	<p><u>Understanding</u> = places of worship; contrasting ways of worshipping including mantras, bowing and malas; the importance of worship; samatha, vipassana, zazen and visualisation meditation; why meditation is important; the value of retreats; why and how Buddhists celebrate Wesak; why and how Buddhists commemorate Parinirvana Day; the concepts of kamma, metta and karuna and how they can be practised; the 5 moral precepts; the 6 perfections; Theravada, Tibetan and Japanese death rituals; why these practices are important to Buddhists; how these practices are related to Buddhist beliefs <u>Practising</u> = the importance of commemorating death and reflecting on life; how to live a wise and moral life to help self and others <u>Contributing</u> = analysis of how abstract beliefs can influence personal and collective behaviour; evaluation of religious and ethical behaviour and values</p>	<p><u>Understanding</u> = explaining, contrasting and comparing Buddhist practices; supporting and justifying practices through the application of scripture; evaluation of different practices; making connections between beliefs and practices <u>Practising</u> = reflection on shared human themes such as life, death, morality, peace and how these are expressed in personal lifestyle and ethical behaviour; applying principles to practical action for self and others <u>Contributing</u> = analysing abstract beliefs and applying to everyday life; prioritising and evaluating important principles and actions in life; reading/writing skills; listening and debating; interpretation of scripture</p>	<p>Applying Buddhist beliefs learnt in previous topic</p> <p>Enhancing skills already developed in more familiar area of Christian practices</p> <p>Looking at some familiar meta-concepts from a less familiar religion</p> <p>Making connections between Buddhist practices and shared human experience</p> <p>Provides a contrast to Christian beliefs studied previously</p> <p>Builds on some prior knowledge of dhammic religious practices from KS3 study of Hinduism and Sikhism</p>

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	Revision for GCSE exams			