

grab a great deal

Name:

Class:

Daily choice of main meals £1.95
 Add a cookie and piece of fruit or yoghurt and selected drink for a great meal deal at only £2.20
 Freshly made sandwiches from £1.00
 Hot Sandwich selection from £1.85
 Cold drinks from 45p
 Homemade cookies and cakes from 40p
 Please see separate tariffs for more appetising menu choices!
 Use this voucher to claim your full meal deal for only £1.95.

Grab a Great Value Meal Deal

Pick Your Main Meal and choose a Cookie or Selected Drink to accompany it.



All for the price of £2.20

Faster Fresher Fitter

Spring Summer Menu 2019

School Lunches

expresso^{co}fe

Lancashire County Council

We buy local produce to support local businesses and reduce food miles.

100% of our food suppliers are classed as local and 75% of our food purchases are produced in the UK. Our service recognises the value and importance of sustainable and responsible food sourcing.

Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

Special Diets and Allergies

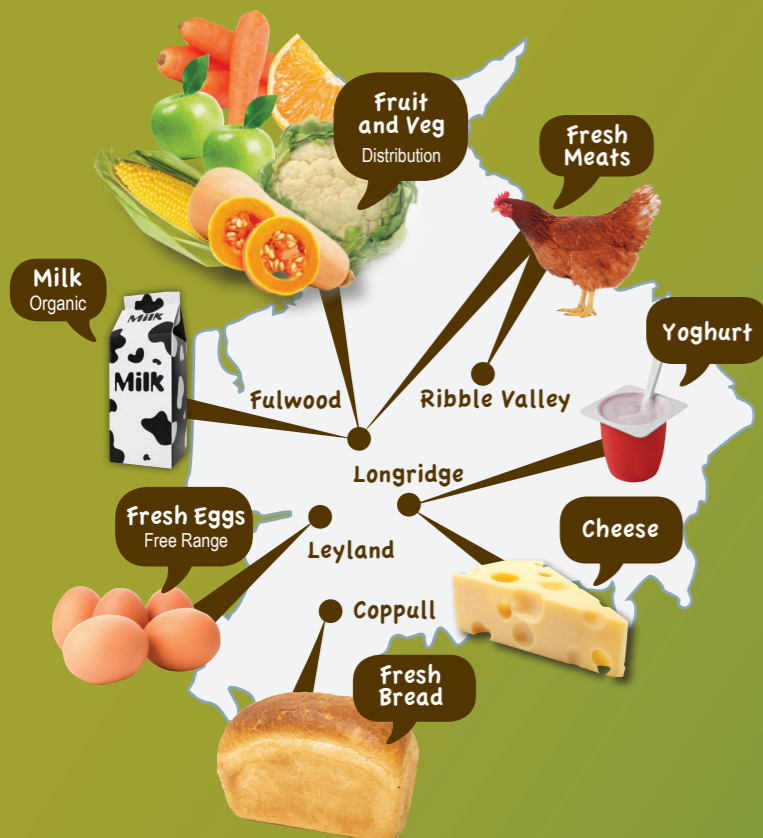
It is our policy to provide a menu for those pupils with medically diagnosed food allergies, food intolerances or a medical condition which affects eating requirements.

Special diets are diets for pupils with a medically diagnosed requirement, not just a dislike of certain foods or food groups.

For further information regarding allergies and special diets, please visit www.servinglancashire.org.uk



Locally Sourced Food



- Selection of Cereals 60p
- Creamy Porridge 60p
- Hot Buttered Toast 25p
- Bacon Barmcake £1.15
- 1/2 Toasted Teacake 35p
- 1/2 Toasted Bagel 35p
- Yoghurt 50p
- Fresh Fruit Salad 70p/£1
- Fresh Fruit Juice From 60p
- Bottled Water From 65p
- Fresh Milk 45p

Come and join us for breakfast or morning break.

the right start





Week 1

Traditional Meal Deal

- Monday Brunch, Pork Sausages, Free Range Omelette, Hash Browns & Baked Beans
- Tuesday Steak & Onion Pie with Chunky Diced Potatoes, Broccoli & Sliced Beetroot
- Wednesday Roast of the Day with Baby Baked & Creamed Potatoes & Seasonal Vegetables
- Thursday Spaghetti Bolognese with Homemade Garlic Bread
- Friday Crispy Battered Fish & Chips with Mushy Peas

Traditional Meal Deal

- Monday Crispy Bacon, Tomato & Mascarpone Pasta with Homemade Garlic Bread
- Tuesday Chicken & Vegetable Biryani with Coriander Naan Bread
- Wednesday Ham & Tomato Quiche with Baby Baked Potatoes, Coleslaw & Mixed Salad
- Thursday BBQ Chicken Melt Flat Bread with Paprika Potatoes & Mixed Salad
- Friday Sweet Chilli Chicken & Crunchy Vegetables with Soft Egg Noodles

Vegetarian Meal Deal

- Monday Spicy Bean & Vegetable Burrito with Baked Potato Wedges & Mixed Salad
- Tuesday Macaroni & Cheddar Cheese Bake with Broccoli
- Wednesday Sweet Potato, Spinach & Red Pepper Curry with Mixed Rice & Coriander Naan Bread
- Thursday Cheddar Cheese & Onion Loaded Potato Skins with Coleslaw & Mixed Salad
- Friday Homemade Cheese & Tomato Pizza with Chips & Mixed Salad

Dessert of the Day

- Monday Coconut Rice Pudding with Strawberry Jam, Chocolate Muffin, Fruit, Yoghurt or Juice
- Tuesday Seasonal Berry Eton Mess, Fruity Flapjack, Fruit, Yoghurt or Juice
- Wednesday Toffee Apple Sponge with Custard, Berry Muffin, Fruit, Yoghurt or Juice
- Thursday Lemon & Courgette Cup Cake, Chocolate Cookie, Fruit, Yoghurt or Juice
- Friday Warm Chocolate Brownie & Ice Cream, Jam & Cream Scone, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.



Week 2

Traditional Meal Deal

- Monday Pork Meatballs in a Spicy Arrabiata Sauce with Pasta & Homemade Garlic Bread
- Tuesday Chicken & Leek Pie with Baked Baby Potatoes, Carrots, Broccoli & Gravy
- Wednesday Roast of the Day with Roast & Creamed Potatoes & Seasonal Vegetables
- Thursday Honey Glazed Gammon & Pineapple with Garlic & Herb Potatoes & Garden Peas
- Friday Crispy Battered Fish & Chips with Mushy Peas

Traditional Meal Deal

- Monday Crispy Chicken Goujon & Tomato Salsa Wrap with Paprika Potatoes & Mixed Salad
- Tuesday Beef & Sweet Potato Curry with Mixed Rice & Coriander Naan Bread
- Wednesday Sticky Chicken in Honey, Ginger and Soy with Soft Egg Noodles
- Thursday Beef Chilli Tortilla Basket with Baked Potato Wedges & Mixed Salad
- Friday Thai Chicken & Vegetable Curry with Mixed Rice

Vegetarian Meal Deal

- Monday Vegetarian Sausages & Onion Gravy with Creamed Potatoes, Green Beans & Carrots
- Tuesday Cheddar Cheese Quiche with Baby Baked Potatoes & Mixed Salad
- Wednesday Veggie Spring Roll with Sweet Chilli Vegetables & Soft Egg Noodles
- Thursday Garlic, Mushroom, Spinach & Mascarpone Pasta with Garlic Bread
- Friday Homemade Chilli Cheese & Red Onion Pizza with Chips & Mixed Salad

Dessert of the day

- Monday Apple & Berry Crumble with Ice Cream, Chocolate Cookie, Fruit, Yoghurt or Juice
- Tuesday Peach Melba, Lemon & Ginger Shortbread, Fruit, Yoghurt or Juice
- Wednesday Chocolate & Mandarin Sponge with Custard, Ginger Cookie, Fruit, Yoghurt or Juice
- Thursday Mixed Berry Fool with Biscuit Crunch, Chocolate Muffin, Fruit, Yoghurt or Juice
- Friday Jam Sponge with Custard, Raspberry Bun, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.



Week 3

Traditional Meal Deal

- Monday Pork Sausages & Onion Gravy with Creamed Potatoes, Carrots & Garden Peas
- Tuesday Creamy Paprika Chicken with Garlic & Herb Potatoes & Broccoli
- Wednesday Roast of the Day served with Roast & Creamed Potatoes & Seasonal Vegetables
- Thursday Beef Burger in a Soft Bun with Spiced Potato Wedges & Mixed Salad
- Friday Crispy Battered Fish & Chips with Mushy Peas

Traditional Meal Deal

- Monday Tuna Pasta Bake with Homemade Garlic Bread & Mixed Salad
- Tuesday Cheddar Cheese & Bacon Loaded Potato Skins with Coleslaw & Mixed Salad
- Wednesday Beef & Vegetable Keema with Mixed Rice & Coriander Naan Bread
- Thursday Salmon & Broccoli Quiche with Spiced Potato Wedges & Mixed Salad
- Friday Chinese Chicken Curry with Chips & Mixed Salad

Vegetarian Meal Deal

- Monday Cheddar Cheese, Onion & Potato Pie served with Baked Beans
- Tuesday Baked Samosa with Vegetable Biryani & Mixed Salad
- Wednesday Chilli Cheese & Red Onion Spanish Tortilla with Coleslaw & Mixed Salad
- Thursday Sweet Pepper & Tomato Pasta with Homemade Garlic Bread
- Friday Homemade Cheese & Tomato Pizza with Chips & Mixed Salad

Dessert of the Day

- Monday Paris Slice with Custard, Ginger Cookie Fruit, Yoghurt or Juice
- Tuesday Fruit Jelly, Chocolate Muffin, Fruit, Yoghurt or Juice
- Wednesday Vanilla Sponge with Chocolate Sauce, Fruit Shortbread, Fruit, Yoghurt or Juice
- Thursday Apple Pie with Ice Cream, Chocolate Cookie, Fruit, Yoghurt or Juice
- Friday Chocolate & Mandarin Cheesecake, Lemon Muffin, Fruit, Yoghurt or Juice

A Choice of Hot Filled Sandwich Meal Deal or Filled Jacket Potatoes are also available on a daily basis.

Week 1

WEEK COMMENCING
6 & 27 May, 17 June, 8 &
29 July, 19 August, 9 September,
30 September, 21 October,
11 November, 2 & 23 December

Week 2

WEEK COMMENCING
13 May, 3 & 24 June, 15 July,
5 & 26 August, 16 September,
7 & 28 October, 18 November,
9 December

Week 3

WEEK COMMENCING
29 April, 20 May, 10 June,
1 & 22 July, 12 August,
2 & 23 September, 14 October,
4 & 25 November, 16 December

All our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Whilst every effort is made to produce the published menu, please note that they may vary occasionally subject to availability.

Putting Fun into Food

