



**YOUTH  
WITHOUT  
LIMITS**

**START  
YOUR BRONZE  
DOFE**

# What is the DofE?

The DofE is a life-changing adventure.

You make it: The DofE is as unique as you are

Millions of young people in the UK have already done their DofE.

Now it's your turn.



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# Introducing the DofE



# What will I do?

## BRONZE AWARD

VOLUNTEERING

**3**

**months**

PHYSICAL

**3**

**months**

SKILLS

**3**

**months**

EXPEDITION

**2 days  
1 night**

Plus a further 3 months in either the  
Volunteering, Physical or Skills section.

# Volunteering section

Take action and make a difference to the causes you care about

Help others and change things for the better



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# Physical section

Take part in whatever  
dance, sport or fitness  
activity you would like

Get fitter and have fun  
along the way!



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# Skills section

**Devote yourself to improving your skills in the things you love to do**

**Discover new passions and develop talents you didn't know you had**



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# Expedition

Explore the great outdoors  
and spend a night away  
from home

Create memories that  
will last a lifetime



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# Getting started

Are you ready to  
start an adventure  
you'll never forget?



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## Next steps

I have emailed this power point to all of the year, along with two letters for you and your parents/guardians to read.

If you are interested, fill in the forms and bring t

hem to a meeting I will be holding on

**MONDAY 1ST NOVEMBER**

**in Room 23**

**at 13:30**

**There is also a £30 cost.**

**This is to cover registration with DofE, admin costs and a small donation to the upkeep of our equipment.**

**If you are interested but are worried about this fee, please come and see me.**