

Get Ahead University Experience Week

26-29 July 2022 (10am-6pm), UCLan Preston Campus

**Free event
(meals included)**
Make friends. Build confidence.
Find out what University is like.

Get Ahead at UCLan

An exciting opportunity for current Year 11 and 12 students who want to experience a taste of university life. Come and join us at our free University Experience Week event and gain valuable skills in study techniques, team working, leadership skills, problem solving and much more. With lots of different practical and fun activities over four days, these events will empower you, introduce you to Higher Education (HE), and give you an insight into university life.



Who can take part?

Pupils who take part in this programme must be from one of the following groups:

- Live in a low HE-participation neighbourhood (POLAR4 Q1 or Q2) Check here: Search by postcode - Office for Students
- Live in an area of high deprivation (IMD D1-4) Check here: English indices of deprivation 2019: Postcode Lookup [opendatacommunities.org](https://pendatacommunities.org)
- Eligible for pupil premium
- Would be the first in their immediate family to go to university
- Looked after children or care-leavers
- Have caring responsibilities
- Forced migrants
- Have a disability
- Gypsy Roma Traveller background
- Are from a military family

Here's an idea of what you can expect:

Communication Skills Workshop

Aims to help young people show up and show out in life's biggest situations. Expect mad energy, big moments and to step out of your comfort zones.

Adrenaline-filled activity day

Challenge yourself, try something new and improve your leadership skills at our outdoor activity day. From canoeing to archery, it's not one to be missed!

Life as a student

Experience a day in the life of a university student, with a wide range of activities designed to give you a real idea of what being a student is like!

Wellbeing

Finish off the week with a day packed with workshops tailored to looking after your wellbeing. Practice your cooking skills or wind down with some mindfulness activities.

[Click here to book your place](#)

Or go to: <https://uclan.onlinesurveys.ac.uk/uclan-get-ahead-summer-school-programme-year-11-and-year-3>

For further information please contact the Widening Participation Team WParticipation@uclan.ac.uk