



Scheduling your day



Learning from home is difficult – you have to motivate yourself. At home it is your job to keep on top of your work and ensure you are organised. You can do it though!

At the start of each day, check all the work that you need to do for each lesson that day and write it down. Once it is done highlight it or tick it off. This way it is easy for you to keep track of everything you need to do. Feel free to use the following template 😊

It's the start of a new week, start your week the right way. Make sure you stay hydrated during your lessons and give yourself a break. Don't spend all day in the same room staring at your screen, get some fresh air.

Let's go team!

Day: _____

Lesson 1:

Lesson 2:

Lesson 3:

Lesson 4:

Lesson 5:

Completed the task?

Well done you – tick it off.

Have you completed all of today's work? You should feel proud of yourself – now relax. Well done 😊