

1st November 2023

Anti-Bullying Week

Dear Parents and Friends of Castle Hill,

The week beginning 13th November is Anti-Bullying week and the theme for this year is 'Make a noise about Bullying'.

Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'. It doesn't have to be this way.

Of course, we won't like everyone and we don't always agree, but we can choose respect and unity.

This Anti-Bullying Week we will have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying.

We will be talking to the children in their PSHE lessons about what bullying is, the effects of bullying, what we can do to stop it and celebrating that everyone is different.

In order to get the children to think about how everyone is different, we would like all of the children to come into school on **Monday 13th November** wearing odd socks to celebrate their uniqueness and individuality.



We hope to see an amazing array of odd and interesting socks.

Many thanks for your continued support.

The Castle Hill Team



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