

TRAILBLAZER

Finding your feet outside the classroom!
Summer 9 2020

It's National Insect Week on 22-29 June and there's certainly been a lot of different insects to see over the last few weeks. Maybe you could have a go at making the insect trap below and then paint a picture of your findings. We'd love to see it!

It is also the Summer Solstice this weekend - find details of how to watch at the end of this newsletter.

Take Care
The Hampshire Outdoors Team

National Insect Week 22nd - 29th June

National Insect Week encourages people of all ages to learn more about insects. Every two years, the Royal Entomological Society organises the week, supported by a large number of partner organisations with interests in the science, natural history and conservation of insects.



www.nationalinsectweek.co.uk

Create a Pitfall Trap

A pitfall trap is a simple device used to catch small animals - particularly insects and other invertebrates - that spend most of their time on the ground.

You will need: a trowel, a yoghurt pot, a tray, ID guides (optional)

1. Choose a location for your trap on flat ground near vegetation. Use a trowel to dig a small hole.
2. Place a clean yoghurt pot in the hole. Fill in any empty space around the pot with soil. Make sure that the top of the pot is level with the ground, or you won't catch anything.
3. Leave your trap overnight. If you prefer to leave it during the day, check it at least every few hours.
4. Empty the trap into a tray to see what creatures wandered in. Use ID guides (books, online resources or apps) to help you identify what kind of invertebrates they are.
5. Record your findings: make a note of what you caught, the date and location. You could also draw the creatures or take photographs.
6. Carefully release the creatures, returning them to a safe, sheltered place.
7. Return the area back to how you found it.



PE at home!

A couple of weeks ago I wrote about a great website for young children called Cosmic Yoga. Since then I have heard from lots of parents who said how much they enjoy using this website with their children and how they love the story themes. I was reading an article in a PE magazine last week and have come across another website for young children which encourages them to be physically active and is again themed on stories. There is a CBeebies programme called Andy's Wild Workouts which can be found at:

www.bbc.co.uk/programmes/p06tmmvz

Each episode is only 5 or 6 minutes long, but Andy explores different places such as under the sea, rainforests and mountains and gets the children to create movements to accompany different parts of his journey. A really great website which I will definitely be using in schools, particularly for warm ups when teaching dance or gymnastics themed units.



Minstead Study Centre

Symmetry and Paint!

James was inspired by this beautiful privet hawkmoth. He painted one half of the moth &

folded the paper to complete the pattern. What else has symmetry in nature that could be painted using this method?!



Summer Solstice

Did you know that this Saturday night into Sunday morning is the summer solstice. Stonehenge is famous for its alignment on sunrise on the longest day of the year and each year thousands of people visit the site at midsummer.



This year will be different as people will need to stay at home. You can watch it from the comfort of your own home. English Heritage are live streaming the event via facebook live, to watch follow the link

www.facebook.com/englishheritage/posts/10157581382125748

Watch out for solstice activities in next weeks newsletter._

Why not send us your ideas or images of the amazing things you've been up to!
Email us at outdoor.education@hants.gov.uk